

7:00	Registration begins
8:00	The case against opioids John Rowlingson, MD Dept. of Anesthesiology (UVA)
8:15	Differential opioid tolerance Marcel Durieux, MD, PhD Dept. of Anesthesiology (UVA)
8:45	Opioid-induced hyperalgesia Christina Hayhurst, MD Vanderbilt University
9:15	How strong is the case for multimodal analgesia : does decreasing opioid administration really decrease the incidence of opioid-induced side effects? John Rowlingson, MD Dept. of Anesthesiology (UVA)
9:45	Coffee Break
10:20	Lidocaine infusions ; who does and who doesn't it work for? Marcel Durieux, MD PhD Dept. of Anesthesiology (UVA)
10:50	Tylenol : intravenous is better than oral in the perioperative period / in most clinical settings oral can be used instead of IV - C. Ali Griffiths Stuart Lowson, MBBS Dept. of Anesthesiology (UVA)
11:20	NSAIDS ; when can they be used (<i>safely</i>) David Volles, Pharm.D, BCPS (UVA)
11:50	Gabapentin and others Reza Salajegheh, MD Dept. of Anesthesiology (UVA)
12:10	Exparal + TAP blocks Peter Amato, MD Dept. of Anesthesiology (UVA)
12:20	Lunch
13:20	Ketamine ; reborn Karsten Bartels, MD (University of Colorado)
14:00	Abdominal surgery Karsten Bartels, MD (University of Colorado)
14:20	Cardiothoracic surgery Bret Elmore, MD Dept. of Anesthesiology (UVA)
14:40	Ortho Ashley Shilling, MD Dept. of Anesthesiology (UVA)
15:00	Afternoon Tea
15:30	Pediatrics Lynda Wells, MBBS Dept. of Anesthesiology (UVA)
15:50	The burden of chronic postoperative pain and ways to prevent it Robert Goldstein, MD Dept. of Anesthesiology (UVA)
16:20	In conclusion Stuart Lowson, MBBS Dept. of Anesthesiology (UVA)

The Multimodal Approach to Perioperative Pain: How to Decrease Our Dependence Upon Opiates

November 5, 2016



Department of Anesthesiology

PO Box 800710

Charlottesville, VA 22908-0710

*The Department of Anesthesiology at the
University of Virginia presents*

The Multimodal Approach to Perioperative Pain:



How to Decrease Our Dependence Upon Opiates?

November 5th, 2016
Saturday, 7 am ~ 5 pm

The Meeting Barn at Morven Farm
Charlottesville, Virginia

Opiates are the most common cause of drug-induced adverse effects, both within and outside hospitals. This conference will discuss alternatives to opiates in the peri-operative, intensive care, and in-patient setting, with the goal of decreasing our dependence upon opiates for the use of pain.

Target Audience

This conference is designed for everyone involved in the care of those inpatients requiring analgesics: anesthesiologists, surgeons, CRNAs, pharmacists, nursing staff, and students from both medical and nursing schools.

Learning Objectives

1. To discuss the danger of opiate prescriptions and the many opiate-induced adverse effects
2. To identify alternatives to opiates.
3. To explore new approaches to perioperative pain based on non-opiate agents.

CME & AANA Credits

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia through the joint providership of Carilion Clinic's CME Program and University of Virginia Medical Center Department of Anesthesiology. Carilion Clinic's CME Program is accredited by The Medical Society of Virginia to provide continuing medical education for physicians. Carilion Clinic's CME Program designates this live activity for a maximum 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AANA credits are also approved, with details to follow.

For more information, see our website:

<http://tinyurl.com/regopiate2013>

Guest Faculty

Karsten Bartels, M.D. *University of Colorado, Department of Anesthesiology,*

Christina Hayhurst, M.D. *Vanderbilt University, Department of Anesthesiology*

David Volles, PharmD, BCPS *Pharmacist, University of Virginia*

UVA Faculty

Peter Amato, M.D. *Department of Anesthesiology*

Marcel Durieux, M.D. PhD, *Department of Anesthesiology and Neurological Surgery*

Brett Elmore, M.D. *Department of Anesthesiology*

Robert Goldstein, M.D. *Department of Anesthesiology, Director, Pain Management Center*

C. Ali Griffith. *CRNA, Department of Anesthesiology*

Stuart Lawson, MBBS *Department of Anesthesiology, Co-Director Surgical Critical Care.*

John Rowlingson, M.D. *Department of Anesthesiology, Director of Acute Pain Service*

Reza Salajegheh, M.D. *Pain Medicine, Acute Pain Service, Department of Anesthesiology*

Ashley Shilling, M.D. *Department of Anesthesiology and Orthopedic Surgery, Co-Director of Division of Regional Anesthesiology, Co-Director of Outpatient Surgical Center*

Lynda Wells, MBBS *Department of Anesthesiology and Pediatrics*

Registration

We accept credit card registration and are happy to provide lunch for all of our registered attendees. Please sign up online by **October 31st** at <http://tinyURL.com/ERASreg> (or find us thru the link on the Department of Anesthesiology's homepage)

Location:

All lecture activities will take place in The Meeting Barn on the grounds of Morven Farm Estate. A gift to the University Foundation from philanthropist John W. Kluge, Morven features Formal Gardens, Japanese Gardens and Tea House, the Main House and extensive grounds to enjoy while you visit with us.

GPS:

791 Morven Dr.
Charlottesville, VA 22902

Concluding with an Evening Social Event

Enjoy a brewery tour at Charlottesville's newest brewery, Random Row (located in the heart of the historic Downtown District) followed by dinner at the brewery.