

## Self-Efficacy for the Management of Pediatric Encopresis Scale

For each of the following questions, rate how confident you are that you can regularly perform each task at the present time.

How confident are you that you can...

1. Determine when it is time to increase or decrease your child's daily laxative medication?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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2. Determine the right amount to increase or decrease your child's laxative medication if a change is needed?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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3. Determine when your child needs to be cleaned out?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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4. Administer a clean out procedure correctly?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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5. Judge whether a clean out procedure was successful?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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6. Teach your child how the body works to produce a poop?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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7. Explain why bowel accidents happen?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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8. Teach your child which body parts to use to effectively push out a poop?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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9. Teach your child daily straining exercises to have a poop in the toilet?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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10. Keep your child on a consistent and routine toilet schedule?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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11. Demonstrate the best posture for sitting on the toilet and pushing out a poop?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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12. Keep a daily record of your child's poops and toileting behaviors?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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13. Give your child reinforcement and encouragement for successful toilet and bowel behavior?

Not at all confident	1	2	3	4	5	6	7	8	9	10	Totally confident
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