



the medical center hour

Medicine & Society in Conversation

A program of the Center for Health Humanities and Ethics
University of Virginia School of Medicine

Wednesday, 17 February 2021

12:00-1:00 pm

A Zoom Webinar: <https://us02web.zoom.us/j/87684988960> Passcode: 763749

A John F. Anderson Memorial Lecture

LGBTQ-INCLUSIVE HOSPICE AND PALLIATIVE CARE: TRANSFORMING PRACTICE

Kimberly D. Acquaviva PhD MSW CSE FNAP
Betty Norman Norris Endowed Professor of Nursing, School of Nursing, UVA

Timothy B. Short MD
Chief Medical Officer and Director, Education Institute
Hospice of the Piedmont, Charlottesville VA

Marcia Day Childress PhD, moderator

When she wrote *LGBTQ-Inclusive Hospice and Palliative Care: A Practical Guide to Transforming Professional Practice*, Kimberly Acquaviva never imagined that in a few short years she'd be handing her book to a doctor caring for her dying wife, Kathy. In this Medical Center Hour, Kim talks about the barriers to and facilitators of high-quality care that she and Kathy encountered as a lesbian couple. Hospice and palliative care physician Tim Short joins Kim, both offering insights into fully LGBTQ-inclusive care at the end of life and what this means for hospice patients, their families, and everyone providing care at the bedside.

*Co-presented with Melton D. and Muriel Haney Conference on
Compassionate Care at the End of Life, School of Nursing, UVA*

Suggested resources:

1. Acquaviva K. *LGBTQ-Inclusive Hospice and Palliative Care: A Practical Guide to Transforming Professional Practice*. Harrington Park Press, 2017
2. Inclusive Care at the End of Life: The LGBTQ+ Experience. *Kaiser Health News*, 21 May 2019: <https://youtu.be/o1YZL6zuD8I>
3. In Their Own Words: Kathy Brandt and Kimberly Acquaviva. *C-TAC*, 5 June 2019: <https://youtu.be/acF53M04ytY>
4. National LGBTQIA+ Health Education Center (Fenway Institute): <https://www.lgbtqiahealtheducation.org>
5. Stein GL, Berkman C, O'Mahony S, Godfrey D, Javier NM, Maingi S. (2020). Experiences of lesbian, gay, bisexual, and transgender patients and families in hospice and palliative care: perspectives of the palliative care team. *Journal of Palliative Medicine* 23(6): 817-824

Kimberly D. Acquaviva PhD MSW CSE FNAP holds degrees from the University of Pennsylvania (BA, MSW, PhD). Since August 2019, she has been the Betty Norman Norris Endowed Professor at the University of Virginia School of Nursing. Prior to that she was on George Washington University faculty in the Schools of Nursing, Medicine, and Health Sciences. As a social worker and certified sexuality educator teaching within a nursing school, Kim is an interdisciplinary and collaborative scholar and educator. Her scholarship focuses on LGBTQ aging and end-of-life issues, and her clinical work has been with patients and families facing life-limiting illnesses in both hospital and hospice settings. Her book, *LGBTQ-Inclusive Hospice and Palliative Care: A Practical Guide to Transforming Professional Practice* (2017), was awarded first place in the American Journal of Nursing's Book of the Year Awards in the Palliative Care and Hospice category. Kim is the host of *em-dash* podcast, a show that explores the lived experiences of patients and professionals in the healthcare arena.

Timothy B. Short MD HMDC FFAFP FAAHPM FNAP is a graduate of Duke University (BA, MD) and completed a family medicine residency, including a year as chief resident, at the University of Virginia. He is board certified and a fellow in family medicine and hospice/palliative medicine. After twenty years as a partner in family medicine in Charlottesville, he followed a calling into palliative and hospice care. He served as a Chief Medical Officer of Hospice of the Piedmont, then launched a palliative care program in Chicago that achieved national recognition. Tim joined the University of Virginia faculty in 2014 as an associate professor of medicine in palliative care; while on the UVA faculty, he was a Harvard Macy Scholar in medical education and received the 2019 Leonard Tow Humanism in Medicine Faculty Award. In May 2020, he returned to Hospice of the Piedmont as Director of the Education Institute, and now serves also as Chief Medical Officer. Tim's passion is to promote interprofessional teaching that fosters collaboration within his organization and with other community partners.

Prof. Acquaviva and Dr. Short declared no personal/professional relationships with commercial entities producing healthcare goods and/or services related to this presentation. Medical Center Hour planning group members M.D. Childress PhD; R.J. Bonnie LLB; R. Carpenter DrNP; J.F. Childress PhD; M.F. Marshall PhD; J. Mutter MD MA; K. Reid PhD RN FNP-C CNL; L. Shepherd JD have no personal/professional relationships with commercial entities producing healthcare goods and/or services, while R. Dillingham MD MPH reports interests with Gilead and Warm Health Technology Inc. UVA Office of Continuing Medical Education faculty and staff have no personal/professional financial relationships with commercial entities producing healthcare goods and/or services.

Next Medical Center Hour: Wednesday, 24 February 2021, 12:00-1:00 pm

Ellis C. Moore Memorial Lecture

WHY DOCTORS WRITE

with Daniel M. Becker MD MPH MFA, Professor Emeritus of Medicine, UVA; Benjamin Martin MD, Assistant Professor of Medicine, UVA; and Irène Mathieu MD, Assistant Professor of Pediatrics, UVA

ACCESS these Zoom webinars at: <https://us02web.zoom.us/j/87684988960> Passcode: 76374

Medical Center Hour is free of charge and open to the public. For more information, see Center for Health Humanities and Ethics: <https://med.virginia.edu/biomedical-ethics/medical-center-hour/>
Watch Medical Center Hour recordings at <http://www.youtube.com/uvamch>

How to claim continuing education (CE) credit for Medical Center Hour:

Using Google Chrome or Firefox on a phone, tablet, or computer, go to <https://cmetracker.net/UVA> and log into your CE account with your email and password. Choose 'CE Certificate-Eval for Credit,' enter Activity Code **140398**, then complete and submit your evaluation. You have 30 days from this program date (17 Feb 2021) to evaluate and obtain credit for this program. This is the only way you can receive credit for this Medical Center Hour.

In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 1 Interprofessional Continuing Education (IPCE) credit/session for learning and change.

Learning objectives:

1. Consider personal experience of end-of-life care for a spouse that is emblematic of barriers and challenges encountered by same-sex couples.
2. Learn about practical strategies for making hospice and palliative care fully LGBTQ-inclusive for patients and families and thus part of the standard of care.