



Wednesday, 7 April 2021
12:00-1:00 pm

A Zoom Webinar: <https://us02web.zoom.us/j/87684988960> Passcode: 763749

Edward W. Hook Lecture in Medicine and the Arts // Medicine Grand Rounds

HEALTHCARE BEYOND COVID—A CONVERSATION

Atul Gawande MD MPH

Surgeon, Brigham & Women's Hospital; Professor, Harvard T. H. Chan School of Public Health and Harvard Medical School; Co-Founder, CIC Health; author of *Complications*, *Better*, *The Checklist Manifesto*, and *Being Mortal*; staff writer, *The New Yorker* magazine; former member, Biden-Harris Transition COVID-19 Advisory Board

Sthuthi David MD MSc, chief resident, Department of Medicine, UVA

Calvin Dorsey, SMD 2021, UVA

Lydia Prokosch, SMD 2022, UVA

Marcia Day Childress PhD, moderator

Surgeon, best-selling author, and public thought leader Dr. Atul Gawande joins three young UVA physicians in a conversation about healthcare in the US beyond COVID. What's in store for this nation's healthcare systems, practitioners, and patients, for our population, and for the priorities and socioeconomics of health, healthcare, and public health—already stressed pre-COVID—as we emerge from this pandemic, even as we also contemplate new and necessary healthcare reforms?

Co-presented with the Department of Medicine

Suggested resources:

1. Atul Gawande. "Inside the Worst-Hit County in the Worst-Hit State in the Worst-Hit Country." *The New Yorker*, 15 February 2021
2. Atul Gawande. "Why Americans Are Dying from Despair." *The New Yorker*, 23 March 2020
3. Atul Gawande. *Being Mortal: Medicine and What Matters in the End*. New York: Metropolitan, 2014

To order books, visit

UVA Bookstore: <https://uvabookstores.com/MedicalCenterHour> or

New Dominion Bookshop: <https://ndbookshop.com/>

Atul Gawande MD MPH is a graduate of Stanford University (BAS), Balliol College of Oxford University (MA), Harvard Medical School (MD), and the Harvard School of Public Health (MPH). He trained in surgery at Brigham & Women's Hospital in Boston. He is a surgeon, writer, and public

health leader. He is a practicing endocrine surgeon at Brigham & Women's Hospital in Boston and a professor at Harvard Medical School and the Harvard T.H. Chan School of Public Health. He is founder and chair of Ariadne Labs, a joint center for health systems innovation, and of Lifebox, a nonprofit organization making surgery safer globally. He is also a co-founder of CIC Health, which is accelerating the scale-up of COVID-19 testing and vaccine distribution nationally. From 2018-2020, he was CEO of Haven, the Amazon, Berkshire Hathaway, and JPMorgan Chase health care venture. He served on COVID-19 Advisory Board during the Biden-Harris transition earlier this year. Atul Gawande has been a staff writer for *The New Yorker* magazine since 1998. He has written four *New York Times* best-selling books: *Complications*, *Better*, *The Checklist Manifesto*, and *Being Mortal*. He is the winner of two National Magazine Awards, Academy Health's Impact Award for highest research impact on healthcare, a MacArthur Fellowship, and the Lewis Thomas Award for writing about science.

Sthuthi David MD MSc holds degrees from the University of Rochester (BS, MD) and the University of Virginia (MSc). She was born in Chennai, India, and immigrated with her family to the US—the Boston area—when she was eight years old. With both her mother and grandmother as strong female physician role models, she knew at a young age that she wanted to be a physician. Between college and medical school, she was a research assistant in pediatric cardiology at Boston Children's Hospital. In medical school, Sthuthi developed interests in internal medicine and cardiology and was a clinic leader at URWell, Rochester's free clinic. She completed her internal medicine residency at UVA and is currently serving an additional year as a chief resident in medicine. While a resident, she focused on academic medicine in the clinical investigator track and earned a master's degree in clinical investigation. Sthuthi could never have predicted that she would serve as chief resident during a pandemic. While 2020-2021 has been challenging and heartbreaking and has pushed physicians to their limits, she is in awe of her peers' and patients' resilience and is hopeful for the future. After this chief year, Sthuthi will begin a cardiology fellowship at UCLA.

Calvin Dorsey is a graduate of Northwestern University (BS), where he studied biological sciences and English literature. He is a fourth-year medical student in the Class of 2021 at the University of Virginia and will graduate this May. He is a member of the Gold Humanism Honor Society, UVA chapter, and has been a mentor to UVA undergraduates in the Daniel Hale Williams Pre-Health Honor Society. He recently matched with the University of Colorado for his residency in psychiatry. Calvin was born and raised in Colorado, and most of his family still lives there. He intends to pursue a mixed career of general adult psychiatry and forensic psychiatry in the community and in state correctional facilities. He is an avid reader.

Lydia Prokosch is a graduate of the University of Virginia (BA) and Bryn Mawr College's post-baccalaureate premedical program. Originally from Southwest Virginia, she is now a fourth-year medical student and Hook Scholar in UVA's Class of 2022. Early in the pandemic, working with UVA geriatricians, Lydia and another medical student founded a telephone call program that connected UVA medical students with elderly residents isolated in long-term care facilities in Central Virginia. She plans to apply to residency programs in either internal medicine or family medicine. Lydia is also a painter.

Drs. Gawande reports interests with CIC Health. Dr. David and medical students Dorsey and Prokosch declared no personal/professional relationships with commercial entities producing healthcare goods and/or services related to this presentation. Medical Center Hour planning group members M.D. Childress PhD; R.J. Bonnie LLB; R. Carpenter DrNP; J.F. Childress PhD; M.F. Marshall PhD; J. Mutter MD MA; K. Reid PhD RN FNP-C CNL; L. Shepherd JD have no personal/professional relationships with commercial entities producing healthcare goods and/or services, while R. Dillingham MD MPH reports interests with Gilead and Warm Health Technology Inc. UVA Office of Continuing Medical Education faculty and staff have no personal/professional financial relationships with commercial entities producing healthcare goods and/or services.

Medical Center Hour is free and open to the public. This is our final program for 2020-2021. Programming will resume in September.

For more information, see Center for Health Humanities and Ethics:
<https://med.virginia.edu/biomedical-ethics/medical-center-hour/>

Watch Medical Center Hour recordings at <http://www.youtube.com/uvamch>

How to Claim Continuing Education (CE) Credit for Medical Center Hour:

Using the Google Chrome or Firefox browser on a phone, tablet, or computer, go to <https://cmetracker.net/UVA> and log into your CE account with your email and password. Choose 'CE Certificate-Eval for Credit,' enter Activity Code **140826**, then complete and submit your evaluation. You have 30 days from this program date (31 March 2021) to evaluate and obtain credit for this program. This is the only way you can receive credit for this Medical Center Hour.



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Learning objectives:

1. Consider the COVID-19 pandemic's stresses on American society as well as on our healthcare "systems," practitioners, and patients.
2. Look ahead, beyond the pandemic, to what healthcare in the US can and should be and how we might best prepare for this future.