Vanessa Amos graduated from UVA SON in 2013 with a MSN in the Clinical Nurse Leader program, after also attaining a B.S. in Biology from UVA in 2008. My clinical background began in acute care, moved to the ICU after about two years, and now have a little over 8 years in ICU clinical experience across several ICUs. I am currently working as an ICU nurse in the staffing resource office at UVA Health System. I hope to study the effectiveness of moral distress interventions from a qualitative perspective, with the hope to bring attention to organizational needs, in addition to individual and unit level, with the hopes to learn how we can actually create positive change for healthcare providers experiencing moral distress. When not working or studying, I am on an endless search for a delicious cup of coffee and could easily be found espousing the beauty of a gorgeous ballet or the commanding presence of a modern art exhibit.