



Wednesday, 16 March 2022
12:00-1:00 p.m. (EST)

A Zoom Webinar: <https://us02web.zoom.us/j/82470186796>

Ellis C. Moore Memorial Lecture of the School of Medicine
Letter to a Young Female Physician

Suzanne Koven MD

Primary care physician and Writer in Residence at Massachusetts General Hospital
Boston, MA

Irène Mathieu MD, moderator

It's 2022. Why haven't women achieved more equity in medicine, or in other professions? When veteran physician and writer Dr. Suzanne Koven toured the country after the publication of her recent memoir-in-essays, *Letter to a Young Female Physician*, she expected the stories she told about sexism towards female physicians and patients, the macho culture of medicine, and the difficulty of combining pregnancy and childrearing with a medical career to be of largely historical interest to her younger audience members. It was not. At event after event she heard young female physicians tell of how inadequate accommodations during pregnancy, childcare and housework unequally shared with male partners, harassment, pay inequity, and imposter syndrome resulting from internalized sexism--all exacerbated during the Covid-19 pandemic--had contributed to burnout and caused many to leave or consider leaving clinical medicine years before they'd planned to. In this lecture Dr. Koven will examine the long history and current state of sexism in medicine and offer ideas about how policy change, male allyship, medical humanities, and even social media can help dismantle it.

Co-Sponsored by the Virginia Festival of the Book

Resources:

1. "Letter to a Young Female Physician", Suzanne Koven, MD
<https://www.vabook.org/events/2022/03/letter-to-a-young-female-physician-with-dr-suzanne-koven>

Medical Center Hour is free of charge and open to the public. For more information, see Center for Health Humanities and Ethics: <https://med.virginia.edu/biomedical-ethics/medical-center-hour/>

Watch Medical Center Hour recordings at <https://www.youtube.com/user/UVAMCH>

Suzanne Koven is a primary care physician at Massachusetts General Hospital where she also serves as inaugural writer-in-residence. She was recently named the recipient of the Valerie Winchester Family Endowed Chair in Primary Care Medicine and is an associate professor of medicine at Harvard Medical School. Her writing has appeared in the *New England Journal of Medicine*, the *Boston Globe*, the *Lancet*, the *Los Angeles Review of Books*, and other publications, and has been featured on National Public Radio. Her book, *Letter to a Young Female Physician: Notes from a Medical Life* was published by W.W. Norton & Co. in May, 2021.

Dr. Koven and Dr. Mathie have declared no personal/professional relationships with commercial entities producing healthcare goods and/or services related to this presentation. Medical Center Hour planning group members M.D. Childress PhD; R.J. Bonnie LLB; R. Carpenter DrNP; J.F. Childress PhD; M.F. Marshall PhD; J. Mutter MD MA; K. Reid PhD RN FNP-C CNL; L. Shepherd JD have no personal/professional relationships with commercial entities producing healthcare goods and/or services, while R. Dillingham MD MPH reports interests with Gilead and Warm Health Technology Inc. UVA Office of Continuing Medical Education faculty and staff have no personal/professional financial relationships with commercial entities producing healthcare goods and/or services.

How to Claim Continuing Education (CE) Credit for Medical Center Hour: Using the Google Chrome or Firefox browser on a phone, tablet, or computer, go to <https://cmetracker.net/UVA> and log into your CE account with your email and password. Choose 'CE Certificate-Eval for Credit,' enter Activity Code **143025** then complete and submit your evaluation. You have 30 days from this program date (16 March 2022) to evaluate and obtain credit for this program. This is the only way you can receive credit for this Medical Center Hour.



In support of improving patient care, the University of Virginia (UVA) School of Medicine/School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. UVA School of Medicine/School of Nursing designates this live activity for a maximum of *1 AMA PRA Category 1 Credit*.[™] Physicians should claim only the credit commensurate with the extent of their participation in the activity. UVA School of Medicine/School of Nursing awards 1 contact hour for nurses who participate in this educational activity and complete the post-activity evaluation. UVA School of Medicine/School of Nursing awards 1 hour of participation (consistent with the designated number of *AMA PRA Category 1 Credit*[™] or ANCC contact hours) to a participant who successfully completes this educational activity. UVA School of Medicine/School of Nursing maintains a record of participation for six years.