



Monday, 28 March 2022

12:00-1:00 p.m. (EST)

**In Person in the Claude Moore Nursing Education Building, Room 1120
and A Zoom Webinar: <https://us02web.zoom.us/j/82470186796>**

UVA School of Nursing Compassionate Care Initiative; UVA Alpha Omega Alpha (AOA) Honor Medical Society

Who Tells Your Story? Using Narrative to Build Community, Define Purpose and Foster Agency

Elizabeth Métraux

**CEO, Women Writers in Medicine, the Schwartz Center for Compassionate Healthcare
Boston, MA**

Justin Mutter MD, Moderator

Healthcare, as an industry, is infused with stories: stories patients tell you when you take a history; stories told by the human body, stories that you experience as a clinician. Many of these stories follow a familiar script: loss, burnout, resilience, and redemption. In this session, we explore how our stories shape our behaviors, perspectives, and journeys. In an age of burnout and trauma, we'll question those narratives as we endeavor to rewrite stories for clinicians and their patients that are grounded in agency, equity, and self-determination.

Resources:

1. American College of Healthcare Executives: Cultivating a Workplace of Belonging
 2. Medium: We Can't Fix Physician Burnout Until We Address American Neglect
 3. STAT: Taking Care Of Charlie Helped One California Town Nearly Halve Hospital Use*
- Authors: Lauran Hardin, Shelly Trumbo

Medical Center Hour is free of charge and open to the public. For more information, see Center for Health Humanities and Ethics: <https://med.virginia.edu/biomedical-ethics/medical-center-hour/>

Watch Medical Center Hour recordings at <https://www.youtube.com/user/UVAMCH>

Elizabeth Métraux has nearly two decades of experience around the globe helping individuals and organizations disseminate their ideas, Elizabeth is a tireless advocate for the use of story as a tool for radical change. She is the founder of Women Writers in Medicine, a start-up dedicated to amplifying the voices, experiences, and research of women in healthcare. Beginning her career in political movements—most notably in the Middle East and former Soviet Union during the Iraq War—she transitioned to healthcare after observing the powerful interplay among population health, public policy, and conflict. Moving from the frontlines of war to the frontlines of healthcare, she has served as a Director of Communications in the Office of the Director at the National Institutes of Health, spearheaded communication for USAID's TB and infectious disease projects in the Central Asian Republics, and led a national study on joy, loneliness, and community among America's healthcare workforce.

Elizabeth's work has appeared in The New England Journal of Medicine, Health Affairs, STAT, Medium, graced the pages of textbooks, and more. She regularly speaks across the country—from the stages of the Aspen Ideas Festival to the lecture halls of Harvard Medical School. Elizabeth is an advisor to the Carol Emmott Foundation, which seeks to advance

intersectional equity in healthcare leadership, and is on the Board of Advisors at the McGill University Executive Institute in Montreal, Quebec.

Elizabeth Métraux and Justin Mutter have declared no personal/professional relationships with commercial entities producing healthcare goods and/or services related to this presentation. Medical Center Hour planning group members M.D. Childress PhD; R.J. Bonnie LLB; R. Carpenter DrNP; J.F. Childress PhD; M.F. Marshall PhD; J. Mutter MD MA; K. Reid PhD RN FNP-C CNL; L. Shepherd JD have no personal/professional relationships with commercial entities producing healthcare goods and/or services, while R. Dillingham MD MPH reports interests with Gilead and Warm Health Technology Inc. UVA Office of Continuing Medical Education faculty and staff have no personal/professional financial relationships with commercial entities producing healthcare goods and/or services.

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