



A program of the Center for Health Humanities and Ethics
University of Virginia School of Medicine

Provided by the University of Virginia School of Medicine and School of Nursing

Friday, November 10, 2023

12:00-1:00 p.m. (EST)

Sandridge Auditorium, McKim Hall

Zoom Webinar: <https://us02web.zoom.us/j/84251645196>

Art as a Beacon: Navigating life after a diagnosis of Parkinson's disease *A conversation with Torrance York, M.F.A* *Moderated by Donna T. Chen, M.D., M.P.H.*



Sponsored by UVA Department of Neurology and UVA Medical Center Hour

After being diagnosed with Parkinson's disease in 2015, Torrance York, a fine arts photographer and educator, used her camera to integrate this life-altering information into her sense of self.

Through her project, *Semaphore*, York explores the shift in her perspective post-diagnosis and draws connections between the visual world and her internal experience. Presenting photographs of nature, the body, medical images, daily life, and light to capture her experience, York's images bear human vulnerability, while connecting to her audience with optimism. York's *Semaphore* project, collected in a book of the same name, speaks to anyone whose journey requires growth, patience, and perseverance.

About the speaker: Torrance York, an artist and educator, earned an MFA in photography from Rhode Island School of Design and a BA from Yale in American Studies. She received a Connecticut Artist Fellowship grant in 2010 and was a resident artist at the Anderson Ranch Arts Center, one of the most respected visual arts programs in the country. She has exhibited nationally and internationally. Her work is represented by Rick Wester Fine Arts, NYC.

In 2022, York published her monograph *Semaphore* about the shift in her perspective after being diagnosed with Parkinson's disease. Featured in various publications and podcasts, *Semaphore* has been awarded in *Lenscratch's* 2021 Art & Science Awards and as a Critical Mass 2021 Finalist. *Semaphore* was selected as a favorite book of 2022 by online photography magazine *What Will You Remember?* This past summer York presented *Semaphore* at the World Parkinson's Congress in Barcelona. A selection from *Semaphore* is currently on exhibit at the Danforth Art Museum at Framingham State University in MA until January 28, 2024. <https://www.torranceyork.com/about>



Resources:

- [Podcast: Interview with Sarah Sniderman](#), *Vulnerability in Life and Art*, Episode 61, July 10, 2023
- [Interview: Torrance York](#) - The Power of Creating Something Cannot be Overstated, by Scarlett Sherriff for *Parkinson's life: A Voice for the international Parkinson's community*. 22 September 2022
- [Artist Interview](#): Semaphore, *Fraction Magazine* by Bree Lamb, 15th Anniversary Issue #167, June 2023
- [Featured Portfolio: A Shared Journey - Starkman & York](#), *Shadow & Light Magazine* by E.E. McCollum, May/June 2023
- [Torrance York: Semaphore](#), *Lenscratch / Fine Art Photography Daily* by Megan Ross, September 30, 2022
- Magsamen S, Ross I. *Your Brain on Art: How the Arts Transform Us*. Random House Publishers. March 21, 2023. (<https://www.yourbrainonart.com/>)
- Fancourt D, Finn S. *What is the evidence on the role of the arts in improving health and well-being? A scoping review* [Internet]. Copenhagen: WHO Regional Office for Europe; 2019. (Health Evidence Network synthesis report, No. 67.) Available from: <https://www.who.int/publications/i/item/what-is-the-evidence-on-the-role-of-the-arts-in-improving-health-and-well-being-a-scoping-review>

Learning Objectives:

At the conclusion of this activity, participants should be able to:

- Explain one patient's journey into making sense of and living with Parkinson's disease
- See new perspectives on human vulnerability, optimism, and connection through the lens of a fine arts photographer
- Appreciate how engaging with artistic endeavors, both creating art and connecting with the art of others, can contribute to meaning making, acceptance, well-being and health

Course Description: *The Medical Center Hour is the School of Medicine's biweekly public forum on medicine and society. Produced by the Center for Health Humanities and Ethics, the series includes History of the Health Sciences Lectures co-presented with Historical Collections in the Claude Moore Health Sciences Library. The series is also home to several other annual lectures of the Schools of Medicine and Nursing.*

Target Audience: Physicians, Nurses, other health professionals, students, and the public

Accreditation & Designation Statements:



In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **1 AMA PRA Category 1 Credit**.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity. The University of Virginia School of Medicine and School of Nursing awards **1 contact hour** for nurses who participate in this educational activity and complete the post activity evaluation.

The University of Virginia School of Medicine and School of Nursing awards **1 hour of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)*™ or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

Disclosures:

The following speakers and planning committee have no personal or professional financial relationships with a commercial entity producing healthcare goods and/or services. Speakers Torrance York MFA, Donna Chen MD MPH; Planning Committee: Jim Childress, PhD; Marcia Childress, PhD; R.J. Bonnie, LLB; R. Carpenter, DNP; Mary Faith Marshall, PhD; Justin Mutter, MD, MA; Kathryn Reid, PhD, APRN, FNP-BC, CNL; Lois Shepherd, JD.

Disclosure of faculty financial affiliations

The University of Virginia School of Medicine and School of Nursing as a Joint Accreditation Provider adhere to the ACCME Standards for Integrity and Independence in Accredited Continuing Education, released in December 2020, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines. As the accredited provider for this CE/IPCE activity, we are responsible for ensuring that healthcare professionals have access to professional development activities that are based on best practices and scientific integrity that ultimately supports the care of patients and the public.

All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stockholder, member of speakers' bureau, etc.). The University of Virginia School of Medicine and School of Nursing employ appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing of the University of Virginia, Charlottesville, Virginia.

The faculty, staff, CE Advisory Committee and planning committee engaged in the development and/or peer review of this CE/IPCE activity in the Joint Accreditation CE Office of the School of Medicine and School of Nursing have no financial affiliations to disclose.

Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

As a Joint Accreditation provider, the University of Virginia School of Medicine and School of Nursing, require that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

How to claim Continuing Education (CE) credit for November 10, 2023:

1. Go to www.cmevillage.com.
2. Click on the "Learning Portal" button and select "CE Certificate".
3. Sign in with your email and password or create an account if you are a new user.
4. Enter CE Activity Code **146717** and click "Submit" and "Continue".
5. Complete the evaluation and click "Done".
6. Certificate Preparation; indicate the number of credits you wish to claim for attending this activity. Click "Submit"
7. Click "Print Certificate" or you can access later by visiting our website, Click "Learning Portal", Sign in at the top of the page and click "Credit History & Past Certificate".
8. For problems, contact the CME office at uvacme@virginia.edu

PLEASE NOTE: The post activity evaluation will only be available for a 30 day period. Credit will not be issued after the evaluation period has closed.

Medical Center Hour is free of charge and open to the public. For more information, see Center for Health Humanities and Ethics: <https://med.virginia.edu/biomedical-ethics/medical-center-hour/>

Watch Medical Center Hour recordings at <https://www.youtube.com/user/UVAMCH>