



the medical center hour

Medicine & Society in Conversation

A program of the Center for Health Humanities and Ethics
University of Virginia School of Medicine

Provided by the University of Virginia School of Medicine and School of Nursing

Wednesday, October 26, 2023

12:00-1:00 p.m. (EST)

Old Cabell Hall Auditorium

[RSVP Here](#)

A John F. Anderson Memorial Lecture

Healing Healthcare Together:

A Fireside Chat with US Surgeon General Dr. Vivek Murthy



Sponsored by UVA Compassionate Care Initiative and UVA Medical Center Hour

Introduced by Pam Cipriano, President of the International Council of Nurses

Moderated by Corey Feist, Co-Founder & CEO of the

Dr. Lorna Breen Heroes' Foundation

Brought to you by the UVA Compassionate Care Initiative, join us for a very special UVA Medical Center Hour and a fireside chat with Dr. Vivek Murthy, moderated by Corey Feist, co-founder and CEO of the Dr. Lorna Breen Heroes' Foundation. Pam Cipriano, current President of the International Council of Nurses will introduce our speakers.

Lives are at stake in healthcare. Not only the lives of patients, families, and communities, but also health workers themselves. Prompted by the pandemic's visible strain, the US Surgeon General, Dr. Vivek Murthy, issued a May 2022 advisory on Health Worker Burnout. This advisory set a national priority for supporting the wellbeing and mental health of health workers.

Now more than ever, the mission and vision of UVA's Compassionate Care Initiative are relevant, compelling, and urgent. To grow safe and high-functioning healthcare environments where all staff embody compassion in their work, we must equip individuals, teams, and organizations with the skills of wellbeing, collaboration, and leadership. Overcoming the healthcare challenges will require "me" and "we" solutions.

Course Description: *The Medical Center Hour is the School of Medicine's biweekly public forum on medicine and society. Produced by the Center for Health Humanities and Ethics, the series includes History of the Health Sciences Lectures co-presented with Historical Collections in the Claude Moore Health Sciences Library. The series is also home to several other annual lectures of the Schools of Medicine and Nursing.*

Target Audience: Physicians, Nurses, other health professionals, students, and the public

Desired Outcomes:

At the conclusion of this activity, participants should be able to:

- Discuss expert-level content of current, sometimes controversial issues in health, ethics, and society that directly affects interprofessional clinical practice
- Apply of knowledge and skills across medicine and allied humanities and sciences related to interdisciplinary and Interprofessional approaches to issues and problem solving
- Utilize multiple perspectives such as social, historical, cultural, ethical, legal, religious/spiritual, and artistic to view their influence on medicine, clinical practice, and the health of the public
- Transfer knowledge into community-based and clinical approaches to health improvement, utilizing the health humanities and ethics through their exploration in these learning sessions

Accreditation & Designation Statements:



In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **1 AMA PRA Category 1 Credit.TM Physicians** should claim only the credit commensurate with the extent of their participation in the activity. The University of Virginia School of Medicine and School of Nursing awards **1 contact hour** for nurses who participate in this educational activity and complete the post activity evaluation.

The University of Virginia School of Medicine and School of Nursing awards **1 hour of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)TM* or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

Disclosures:

Speaker Vivek H. Murthy, MD, MBA, is bound by the Ethics in Government Act of 1978, codified at 5 USC App 101 et seq. and the Office of Government Ethics regulations set forth at 5 CFR 2643 et seq. which require the completion of [public financial disclosure report](#) filings for all political appointees. Dr. has complied with the reporting of all necessary financial information under these laws and any resulting recusal requirements.

The following speakers and planning committee have no personal or professional financial relationships with a commercial entity producing healthcare goods and/or services. Speakers: Pamela F. Cipriano, PhD, RN, FAAN; J. Corey Feist, JD, MBA; Planning Committee: Jim Childress, PhD; Marcia Childress, PhD; R.J. Bonnie, LLB; R. Carpenter, DNP; Mary Faith Marshall, PhD; Justin Mutter, MD, MA; Kathryn Reid, PhD, APRN, FNP-BC, CNL; Lois Shepherd, JD.

Disclosure of faculty financial affiliations

The University of Virginia School of Medicine and School of Nursing as a Joint Accreditation Provider adhere to the ACCME Standards for Integrity and Independence in Accredited Continuing Education, released in December 2020, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines. As the accredited provider for this CE/IPCE activity, we are responsible for ensuring that healthcare professionals have access to professional development activities that are based on best practices and scientific integrity that ultimately supports the care of patients and the public.

All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stockholder, member of speakers' bureau, etc.). The University of Virginia School of Medicine and School of Nursing employ appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing of the University of Virginia, Charlottesville, Virginia.

The faculty, staff, CE Advisory Committee and planning committee engaged in the development and/or peer review of this CE/IPCE activity in the Joint Accreditation CE Office of the School of Medicine and School of Nursing have no financial affiliations to disclose.

Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

As a Joint Accreditation provider, the University of Virginia School of Medicine and School of Nursing, require that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

Vivek Hallegere Murthy is an American physician and a vice admiral in the United States Public Health Service Commissioned Corps. He has served as the 19th and 21st surgeon general of the United States. Dr. Murthy is the first surgeon general of Indian descent, and, during his first term as surgeon general, he was the youngest active duty flag officer in federal uniformed service.

Dr. Murthy co-chaired President-elect Joe Biden's COVID-19 Advisory Board from November 2020 to January 2021, alongside former Food and Drug Administration commissioner David A. Kessler and Yale public health professor Marcella Nunez-Smith. On December 7, Biden announced Murthy would return to the role of U.S. surgeon general. The United States Senate confirmed Murthy to the role on March 23, 2021. October 2022, Biden nominated Murthy to be the U.S. representative on the World Health Organization's executive board.

As surgeon general, Dr. Murthy leads a force of more than 6,000 public health officers with the mission of delivering exceptional care to medically underserved populations both within the United States and abroad.

In 2023, Murthy released a Surgeon General's Advisory on the impact of social media on young users' mental health. As Surgeon General, Dr. Murthy has described loneliness and social isolation as a risk to public health.

Learning Objectives:

- Understand the leadership role of the US Surgeon General as the “Nation’s Doctor” who issues advisories and guidance for the public and ensures healthcare reaches the most vulnerable communities.
- Explain why health worker wellbeing, mental health, and burnout are a national priority
- Know at least one concrete thing they can do to encourage a healthy work or learning environment in healthcare

Resources:

National Academy of Medicine. 2022. [National Plan for Health Workforce Well-Being](https://doi.org/10.17226/26744). Washington, DC: The National Academies Press. <https://doi.org/10.17226/26744>.

United States. Public Health Service. Office of the Surgeon General. (2022). [Addressing health worker burnout: The U.S. Surgeon General's advisory on building a thriving health workforce](#). Washington, D.C.: U.S. Department of Health and Human Services.

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1. Go to www.cmevillage.com.
2. Click on the “Learning Portal” button and select “CE Certificate”.
3. Sign in with your email and password or create an account if you are a new user.
4. Enter CE Activity Code **146715** and click “Submit” and “Continue”.
5. Complete the evaluation and click “Done”.
6. Certificate Preparation; indicate the number of credits you wish to claim for attending this activity. Click “Submit”
7. Click “Print Certificate” or you can access later by visiting our website, Click “Learning Portal”, Sign in at the top of the page and click “Credit History & Past Certificate”.
8. For problems, contact the CME office at uvacme@virginia.edu

PLEASE NOTE: The post activity evaluation will only be available for a 30 day period. Credit will not be issued after the evaluation period has closed.

Medical Center Hour is free of charge and open to the public. For more information, see Center for Health Humanities and Ethics: <https://med.virginia.edu/biomedical-ethics/medical-center-hour/>

Watch Medical Center Hour recordings at <https://www.youtube.com/user/UVAMCH>