



A program of the Center for Health Humanities and Ethics  
University of Virginia School of Medicine  
Provided by the University of Virginia School of Medicine and School of Nursing

**Wednesday, February 26, 2025 | 12:00 to 1:00**

**Zoom Only:** <https://us02web.zoom.us/j/89105967067>

*Koppaka Family Foundation Lecture in the Health Humanities*

## **Humanizing Healthcare: Using Narratives for Advocacy and Improving Patient Doctor Communication**

**Shirlene Obuobi, MD**

Cardiologist, Cardiovascular Institute, The Miriam Hospital  
Providence, RI

Dr. Obuobi has presented at conferences and collaborated on medical research published in academic journals. Her research interests include health equity and narrative and graphic medical communications that use storytelling or comic book formats to educate at risk and underserved populations about cardiovascular disease.

Dr. Obuobi is an American cardiologist, cartoonist, and author who grew up in Chicago, Illinois; Hot Springs, Arkansas; and the Woodlands, Texas. Her novels, *ON ROTATION* and *BETWEEN FRIENDS & LOVERS*, have been featured on multiple national outlets such as *Teen Vogue*, the *Washington Post*, and *Good Morning America*. When not in the hospital, she can be found drawing comics, writing on the phone, and talking to everyone who will listen about love stories and women's heart health.

**Course Description:** *This series will address High-Level trends and expectations in accreditation in graduate medical education in internal medicine. It will discuss Gaps in care reflected in medical center quality data, priorities, and outcomes as well as trends and changes in patient care practice seen at UVA. Finally, we will cover topics from the clinical practice of Endocrinology, Nephrology and General Medicine that require additional representation due to the prevalence of education in other conference settings on other specialty areas in Internal Medicine.*

**Target Audience:** Physicians, Residents

### **Desired Outcomes:**

At the conclusion of this activity, participants should be able to:

- Incorporate new guidelines, techniques, and recent research into clinical practice based on the concepts shared in this series.
- Discuss current clinical cases in the context of evidence-based medicine to identify appropriate screenings and treatments for patients.
- Improve healthcare outcomes by regularly and frequently engaging the healthcare team in up-to-date and evidence-based education.
- the maintenance, improvement, and broadening of knowledge and skills throughout your professional life through attendance at this regularly scheduled series.
- Incorporate systems-based and practice-based processes to improve patient safety and quality in healthcare.
- Communicate effectively with clinical colleagues by incorporating interprofessional discussion techniques and patient-centered strategies, as appropriate.
- Analyze published outcome results and apply to current

### **Accreditation & Designation Statements:**



In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **1 MOC point** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for granting ABIM MOC credit. The University of Virginia School of Medicine and School of Nursing awards **1 hour of participation** (consistent with the designated number of *AMA PRA Category 1 Credit™* or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

**Full Disclosure Policy Affecting CME Activities:** As a joint accredited provider, the University of Virginia Office of CME/CE requires attested and signed global disclosure of the existence of all financial interests or relationships with commercial interest from any individual in a position to control the content of a CME activity sponsored by OCME.

**No one in a position to control the content of this educational activity has disclosed a relevant financial interest or relationship with any commercial interest.**

#### **Disclosure of faculty financial affiliations**

The University of Virginia School of Medicine and School of Nursing as a Joint Accreditation Provider adhere to the ACCME Standards for Integrity and Independence in Accredited Continuing Education, released in December 2020, as well as Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines. As the accredited provider for this CE/IPCE activity, we are responsible for ensuring that healthcare professionals have access to professional development activities that are based on best practices and scientific integrity that ultimately supports the care of patients and the public. All individuals involved in the development and delivery of content for an accredited CE/IPCE activity are expected to disclose relevant financial relationships with ineligible companies occurring within the past 24 months (such as grants or research support, employee, consultant, stock holder, member of speaker's bureau, etc.). The University of Virginia School of Medicine and School of Nursing employ appropriate mechanisms to resolve potential conflicts of interest and ensure the educational design reflects content validity, scientific rigor and balance for participants. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing of the University of Virginia, Charlottesville, Virginia. The faculty, staff and planning committee engaged in the development of this CE/IPCE activity in the Joint Accreditation CE Office of the School of Medicine and School of Nursing have no financial affiliations to disclose.

#### **Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices**

As a Joint Accreditation provider, the University of Virginia School of Medicine and School of Nursing, requires that all faculty presenters identify and disclose any off-label or experimental uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

**Shirlene Obuobi, MD**, is a cardiologist with the Cardiovascular Institute who has a special interest in women's heart health. Dr. Obuobi has presented at conferences and collaborated on medical research published in academic journals. Her research interests include health equity and narrative and graphic medical communications that use storytelling or comic book formats to educate at risk and underserved populations about cardiovascular disease. She earned a medical degree from the University of Chicago Pritzker School of Medicine, where she also completed a cardiology fellowship, an internal medicine residency, and an internship in the department of medicine. Dr. Obuobi extends her interest in the human heart writing romance novels, two of which have been published.

#### **Text to Claim Credit:**

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