Greetings Teachers,

This toolkit contains links to classroom activities and other resources to help you teach poisoning prevention in your classroom or other educational setting. Suggested grade levels are listed; however, YOU know your students best. Review the materials and please modify as necessary. If you need assistance, have a question or an idea, please reach out:

Kristin Wenger, MA, BS
Education Coordinator
Blue Ridge Poison Center
434-982-4386 or KLW2S@VIRGINIA.EDU

The Blue Ridge Poison Center at UVA Health serves Central and Southwest Virginia and the entire Shenandoah Valley. All services and resources are free. The BRPC is accredited by the American Association of Poison Control Centers
Contents

**PRE-K - 2ND GRADE**

- Online videos:
  - Spike's Poisoning Prevention Adventure
  - Stop! Ask First.

- Parent and caregiver information sheets

**ELEMENTARY**

- **YOU Can Be a Poisoning Prevention Hero** program, including:
  - YouTube video
  - **Kahoot!** game
  - Classroom activity lesson plan
  - Home Safety Checklist
  - Parent letter
  - Word search puzzle

- **Scholastic OTC Medicine Safety Program**, for 5th-8th graders. Includes:
  - Videos
  - Lesson plans
  - **Kahoot!** game
  - Parent newsletter
  - Worksheets
  - ...and more.

**MIDDLE-HIGH**

- **Poison Jeopardy!** game
  - Game (in the form of a Powerpoint slideshow)
  - Teacher's guide

- **Toxic Trivia for Teens** **Kahoot!**
  - Teachers Guide available

- **Scholastic OTC Medicine Safety Program** (see details in the section to the left). Designed for 5th-8th graders.
VIDEOS FOR PRESCHOOLERS

*Spike's Poison Prevention Adventure* was produced by the American Association of Poison Control Centers. *Stop Ask First* was produced by The Upstate New York Poison Control Center.
Handouts & Resources for Parents and Caregivers of Preschoolers

Preschoolers are vulnerable to poisoning for many reasons. Even with coaching, they cannot reliably distinguish between what is safe and what is dangerous. Their natural curiosity leads them to open cabinets, purses, or drawers where harmful items may be stored. They put everything into the mouth. And they like to imitate adult actions such as handling cleaning products or taking medicine.

This is all normal child behavior but it can get them into trouble. Therefore, it is up to adults to create a safer environment where young children can play and explore.

These handouts are great resources for parents and caregivers of preschoolers. Please share!

Tips for new parents: English
Tips for new parents: Spanish
Got a Preschooler? Poisoning Prevention Tips for Parents & Caregivers
Five Surprising Dangers Found in Most Homes (20 minute video)
VIDEO: You can be a Poisoning Prevention Hero!
Target audience: 2nd-5th grades

8 and a half minutes long.
Click here to open video.
Kahoot! is a game-based learning platform. Kahoots are best played in a group setting. Players answer on their own devices, while questions are displayed on a shared screen. School teachers can create free accounts in order to host a Kahoot. Students do NOT need an account, but they do need a smart phone or other device. For details, visit www.kahoot.com.

*Are you a poisoning prevention HERO?* has 10 questions, and begins by showing the YouTube video mentioned above.

**CLICK HERE to access this Kahoot!**
Is it poison? Lesson plan for classroom activity
Target audience: All ages; adapt as necessary

This teacher-led interactive activity is great on its own or as a follow-up to the other items in this toolkit.

CLICK HERE to access and download the lesson plan.
Poisoning can happen to anybody at any age. Most poisonings happen in the home. Therefore, parents and caregivers are important allies in the prevention of poisoning. Send home this LETTER to let parents know how to keep the whole family safe. Ask them to help their child fill out the poisoning prevention HERO CHECKLIST.

Note that these items are in color, but can be printed in black and white on regular copy paper; no special printing service is required.
Poisoning Prevention Hero WORD SEARCH PUZZLE

This word search puzzle has 12 questions about poisons. Match the questions to the correct answers. Then find them hidden in the grid. Good luck!

Note: the puzzle looks fine in black and white on regular copy paper. No special printing services required.

CLICK HERE to access and download the puzzle.
Scholastic's OTC Medicine Safety Program
Target audience: 5th-8th grade

Research shows kids begin taking medicine by themselves around age 11. Scholastic partnered with U.S. poison centers and JJCI to develop a free, evidence-based program to teach over-the-counter medicine safety.

All program materials are online, including lesson plans, videos, games, stories, classroom worksheets, and parent newsletters. There is also a Kahoot! game. Highly recommended.

Access the OTC Medicine Safety Program HERE
Scenarios that may lead to teen poisoning.
How substances of abuse effect the body.
How to take medicine safely.
Preventing childhood poisoning (for babysitters, older siblings, and future parents).

This fun, interactive game teaches poisoning prevention concepts relevant to teens, including:

- Scenarios that may lead to teen poisoning.
- How substances of abuse effect the body.
- How to take medicine safely.
- Preventing childhood poisoning (for babysitters, older siblings, and future parents).

Access the Kahoot! game HERE
Access the Teachers' Guide HERE
Poison Jeopardy!
Target audience: Teens & Adults

Poison Jeopardy! is a Powerpoint presentation designed to mimic the TV show Jeopardy! It teaches poisoning prevention concepts relevant to teens and adults including:

- Scenarios that may lead to teen and adult poisoning.
- How substances of abuse effect the body.
- How to take medicine safely.
- Preventing childhood poisoning

The program includes a Presenter's Guide and pre/post tests.

Access the Jeopardy! game and materials HERE
Don't Miss Out:

- Be aware of emerging or seasonal poisoning concerns.
- Be the first to know about new educational resources.
- Stay up-to-date on the latest trends in substances of abuse.

Subscribe to our newsletter

Delivered to your inbox. Four issues per year.