



Holiday Games and Puzzles

For Kids

from
the Blue Ridge Poison Center
at UVA Health

Suggested Ages: Varied.
Some adult help may be required.
Printer required for most activities



HIDDEN POISONS

Poisons are things that could make you sick if you eat or drink them.
Can you find and circle all the poisons hidden in the puzzle?
Always ask an adult before handling any of these things.

T	M	H	O	V	E	N	E	J	G	H
S	O	A	P	I	L	L	S	V	A	Y
R	U	P	H	T	C	I	L	I	S	C
P	T	A	S	O	N	D	E	T	E	L
E	H	B	U	G	S	P	R	A	Y	E
R	W	L	M	L	O	A	D	M	C	A
F	A	E	D	U	G	I	Y	I	H	N
U	S	A	O	E	Y	N	K	N	G	E
M	H	C	U	B	V	T	A	S	O	R
E	T	H	E	Y	E	D	R	O	P	S

Poisons

Bleach
Bug spray
Cleaners
Eye drops
Gas
Glue

Mouthwash
Paint
Perfume
Pills
Soap
Vitamins



Answer Key

(Turn upside down to read)

S	P	O	R	D	E	Y	E	H	T	E
R	O	S	A	T	V	B	U	C	H	M
E	G	N	K	N	Y	E	O	A	S	U
N	H	I	Y	I	G	U	D	E	A	F
A	C	M	D	A	O	L	M	L	W	R
E	Y	A	R	P	S	G	U	B	H	E
L	E	T	E	D	N	O	S	A	T	P
C	S	I	L	I	C	T	H	P	U	R
Y	A	V	S	L	L	I	P	A	O	S
H	G	J	E	N	E	V	O	H	M	T



MAD LIB



It was a dark and stormy night. I was watching TV in the _____
room in the house

when Dad yelled "Time for bed!" I begged "Please can I just have _____
number

more minutes?" "No, you need to go to bed right now," Dad answered,
"and don't forget to brush your _____."
body part

I went upstairs and put on my
favorite _____ with pictures of _____
article of clothing color plural animals

I
squirted toothpaste on my toothbrush and started brushing. " _____!"
funny noise

I screamed, "this tastes terrible!" I looked at the tube of toothpaste and
realized I accidentally squirted _____ on my toothbrush. Oh no!
something yucky

"Help! Help! I just put _____ on my toothbrush!" Dad ran to the
same yucky thing

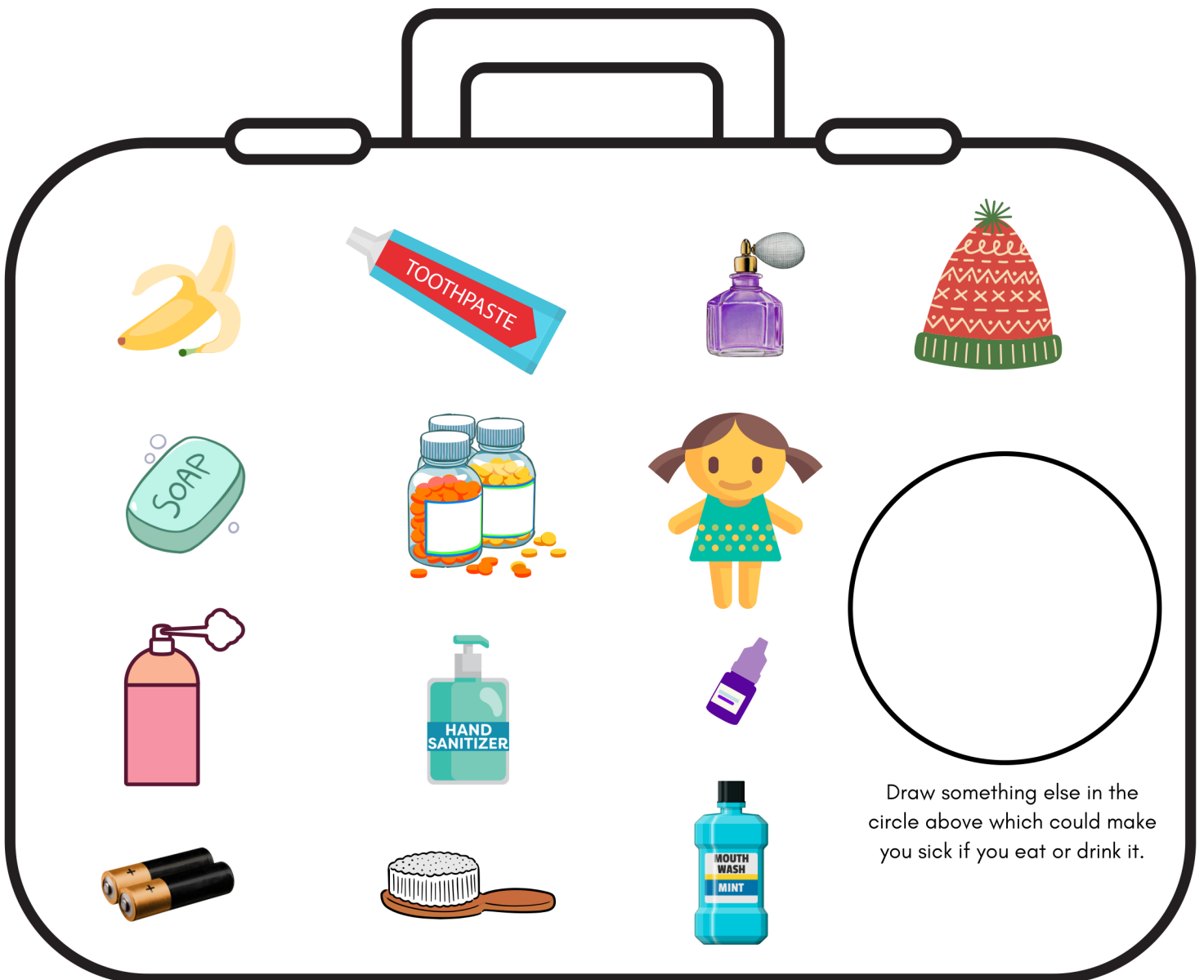
phone and called the Blue Ridge Poison Center. They were very nice and
_____ and did not laugh at me. They told Dad to _____
adjective (description) action

my mouth and not to worry. What a relief! From now on I will look very
_____ before brushing to make sure I do not make a mistake.
Adverb (description of an action)

I think the Blue Ridge Poison Center deserves a big _____!
object

STAY SAFE FROM POISONS

Guests might bring things into your home which are dangerous to eat or drink. Which of the things in the suitcase below could make you sick if you eat or drink them? Mark them with a big **X**



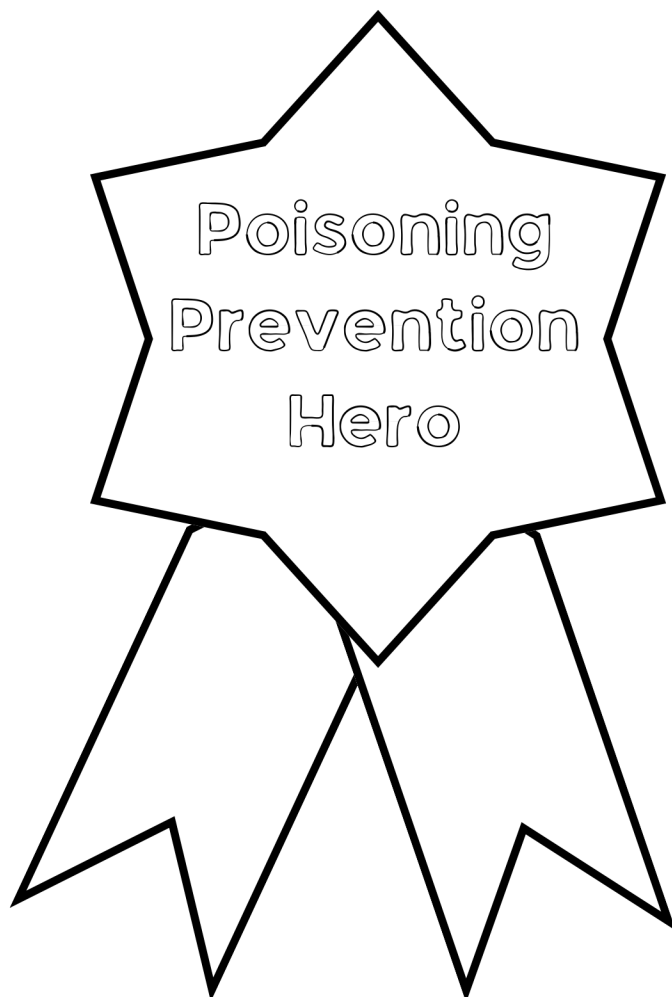
POISONING PREVENTION HERO CHECKLIST

Ask an adult to help you follow all these rules to keep your family safe from poisons. Check them all and become a **Poisoning Prevention HERO!**

- ☐ I will always ask an adult first before I handle any cleaners, pesticides, or other household products.
- ☐ My family knows they should never store products in dishes or containers used for food and drink.
- ☐ I will only take medicine given to me by my parent or an adult who is taking care of me.
- ☐ My family will read the labels on medicines and products carefully and follow all instructions.
- ☐ All medicines and products in my home are stored up high, where young children can't see or reach them.
- ☐ My family has the PoisonHelp hotline saved into their phones, in case someone swallows, touches, or breathes a poison: **1-800-222-1222.**

Name: _____

Date: _____



Color and decorate your badge.
Cut it out and wear it proudly!