

Activity Book





STAY SAFE FROM POISONS

Guests might bring things into your home which are dangerous to eat or drink. Which of the things in the suitcase below could make you sick if you eat or drink them? Mark them with a big





HIDDEN POISONS

Poisons are things that could make you sick if you eat or drink them. Can you find and circle all the poisons hidden in the puzzle? Always ask an adult before handling any of these things.

Т	Μ	Н	0	V	Е	Ν	Е	J	G	Н
S	0	А	Ρ	I	L	L	S	V	А	Y
R	U	Ρ	Н	Т	С	Ι	L	Ι	S	С
Ρ	Т	А	S	0	Ν	D	Е	Т	Е	L
Е	Н	В	U	G	S	Ρ	R	Α	Y	Е
R	W	L	М	L	0	А	D	М	С	А
F	А	Е	D	U	G	Ι	Y	Ι	Н	Ν
U	S	А	0	Е	Y	Ν	К	Ν	G	Е
М	Н	С	U	В	V	Т	Α	S	0	R
Е	Т	Н	Е	Y	Е	D	R	0	Ρ	S

Poisons

Bleach Bug spray Cleaners Eye drops Gas Glue Mouthwash Paint Perfume Pills Soap Vitamins





Answer Key

(Turn upside down to read)

S	Ь	0	Я	D	Э	٨	Э	Н	T	Э
Я	0	S	A	T	٨	В	Π	С	Н	Μ
Ξ	อ	Ν	К	Ν	٢	Ξ	0	A	S	Π
Ν	Н	I	Х	I	อ	Γ	D	Ξ	A	Е
A	С	Ν	D	A	0	٦	Μ	٦	Μ	Я
Ξ	λ	A	Я	Ь	S	อ	Π	В	Н	Э
٦	Ξ	T	Э	D	Ν	0	S	A	T	Ь
С	S	I	٦	Ι	С	T	Н	Ь	Π	Я
Х	A	٨	S	٦	٦	I	Ь	A	0	S
Н	อ	ſ	Э	Ν	Ξ	٨	0	Н	Μ	Т

If You Don't Know What It Is, Stay Away!

Help Hunter find his friend Scout safely. Stay away from the poisons!





It was a dark and stormy night. I was watching TV in the _____ when Dad yelled "Time for bed!" I begged "Please can I just have _ more minutes?" "No, you need to go to bed right now," Dad answered, "and don't forget to brush your_____." I went upstairs and put on my favorite ______with pictures of _______ number of ______. squirted toothpaste on my toothbrush and started brushing. "_____!" I screamed, "this tastes terrible!" I looked at the tube of toothpaste and realized I accidentally squirted _____on my toothbrush. Oh no! "Help! Help! I just put ______on my toothbrush!" Dad ran to the phone and called the Blue Ridge Poison Center. They were very nice and _____ and did not laugh at me. They told Dad to ______ my mouth and not to worry. What a relief! From now on I will look very Adverb (description of an action) before brushing to make sure I do not make a mistake. I think the Blue Ridge Poison Center deserves a big_____!



If You Don't Know What It Is, Stay Away!

Poison is all around us and can be found in many shapes, sizes and colors. Poison can hurt you if you smell it with your nose, taste it with your mouth, get it in your eyes or touch it with your skin. It's smart to stay away from poison! And if you don't know what it is, stay away and ask a trusted grown-up.

Help Hunter find some of the poisons that may be in your home. Find and circle the poisons listed below.



Look for: •Medicine •Cleaners •Plants •Mushroom •Paint •Bug Spray •Mouthwash •Gasoline •Hand Sanitizer •Antifreeze •Snake



Medicine Safety

Medicine can help people feel better when they are sick.

Vitamins can help make your body stay healthy. Many medicines and vitamins look like candy. Always ask a trusted grown-up before taking any medicine or vitamins.

Circle the one that is different.











Outdoor Poison Safety

Poisons are everywhere! They can be in the garage and outside too. Be aware of what's around you. Stay away from poisons!

Can you spot the eight differences between the two pictures?
Put an X on anything that could be poisonous.



Answer Key

Potential Poisons: Snake • Garage chemicals • Bug spray • Mushrooms • Poison ivy • Berries • Spider

• Poison ivy / no poison ivy • Bush with berries / without berries • Spider / Flood Flight • Hat on squirrel / no hat

Differences: Snake / Jump rope • Chemical cabinet with doors / without doors • Mushrooms / Ball • Bug spray / Puppet

Plants, Berries and Mushrooms

Did you know that some plants, berries and mushrooms can be poisonous? They can make you sick or give you an itchy rash if you touch or taste them. Never eat wild mushrooms or berries that grow in the yard. Always ask a trusted grown-up before touching plants, berries and mushrooms.

Draw lines to connect the dots. Follow the numbers in order to create the picture.



Poison Safety

Follow the poison safety tips below to keep yourself and others safe from poisons!



Across

- **3** Everyday items like cleaners, bug spray and paint can be poisonous if you _____ or drink them.
- **4** Never take _____, even vitamins, without permission from a grown-up.
- **5** Never touch, _____ or smell something that could be poisonous.
- 7 Poisons are _____, so always be alert!
- **8** A _____ is something that can hurt you or make you sick if used in the wrong way, by the wrong person, or in the wrong amount.

Down

- Be prepared in case an accident happens, post the poison help ______ on your refrigerator and have a grown-up call 1-800-222-1222 right away.
- **2** Keep all medicine, cleaning products and chemicals out of reach and out of sight of small ______.
- **4** Do not eat wild ______ or berries that grow in the yard.
- 6 If you don't know what it is, stay _____ and ask a grown-up!

