

A List of Children's Books with Poison Prevention Messaging

Poison Alert! : My Tips to Avoid Danger Zones at Home by Gina Bellisario Ages 5-8

Fiction. Big brother Matthew knows how to stay safe at home and is determined to rescue his brother from household poisons. As you read, this book could lead to discussions about what poisons are (household cleaners, medicines, plants, etc.), where they may be found, and ways to help adults poison proof the home.

Read Aloud Link: <https://www.youtube.com/watch?v=HFxc57yffgY>

Hog-Eye by Susan Meddaugh Ages 5-6

Fiction. A little piggy gets caught by a big, bad wolf who makes plans for a tasty pig stew. Luckily, this is a resourceful little piggy who figures out the wolf cannot read, and uses this to her advantage. You will have to read the book to find out how poison ivy saves the day. While in real life wolves do not own cookbooks and pigs do not talk, but children DO encourage each other to do things they should not, like roll around in poison ivy. A discussion about what one does in that situation and how some even though we may be encouraged to do it, it can still be bad or poisonous for us.

Read Aloud Link: <https://www.youtube.com/watch?v=yYfrfwkWfpQ>

Fancy Nancy: Poison Ivy Expert by Jane O'Connor Ages 4-8

Fiction. Fancy Nancy thinks she is a poison ivy expert as she picks a bouquet of wild flowers. However, to her surprise experts can always learn something new. You will have to read the book to find out what happens to Fancy Nancy. As you read, this book can lead to a discussion about what poison ivy is, what it looks like and that even though some plants may look pretty they can still be poisonous.

Read Aloud Link: <https://www.youtube.com/watch?v=oBenRI6ITzI>

Little Yau: a Fuzzhead Tale by Janell Cannon Ages 5-8

Fiction. Little Yau's friend has been poisoned and is very sick. With guidance from the elder Fuzzheads, Little Yau goes on a search to find the plant that will create an antidote to save Trau's life. This book reinforces that poisons can make us sick, and that it is important to ask adults for help so they can treat the sickness.

Snow White Ages 5-8

Fiction. There are many versions of this favorite fairy tale, but nearly all will contain a poisoned apple. Disaster befalls Snow White when she does not follow the instructions of the trusted dwarves and eats the apple. A discussion here about how people can trick us and poisons can look harmless.

Read Aloud Link: https://www.youtube.com/watch?v=dlih_6CMCJI

Poisons Make You Sick by Dorothy Chlag Ages 6-8

Fiction. A little girl named Tammy explains why one should never put things in one's mouth. This is a great book to read to Pre-K or early readers to discuss poisons around the house.

Read Aloud Link: https://www.youtube.com/results?search_query=Poisons+make+you+sick+childrens+book

Taking Medicine (Looking After Me) by Liz Gogerly Ages 5-8

Fiction. Jimmy tries to make his teddy bear all better by giving him some medicine. However, Jimmy soon learns that medicines are not magical and can actually cause harm if they are not taken properly. This book opens up a great opportunity to talk about the importance of medicine safety, the different types of medicine, and how to always ask an adult before taking medicine.

Happy, Healthy, Lead-Free Me! By Gail C. Gettens and Knatalie Vetter

Nonfiction. This book is aimed at engaging children and educating parents on lead poisoning prevention and the importance of pediatric lead level testing.

Read Aloud Link: <https://www.youtube.com/watch?v=PayRvhzG1xA>

The Kid's Guide to First Aid by Karen Buhler Ages 7-12

Nonfiction. This book covers a wide range of situations needing first aid, including insect bites, stings and poison ivy. Poison is specifically addressed on pages 99-103 with facts, first aid and activities.

Let's Talk About Poison Ivy by Melanie Apel Gordon Ages 6-8

Nonfiction. A great book to read before summer vacation or for those children who are just plain curious outdoors. This book discusses how to identify poison ivy, how to prevent getting a rash, what the rash looks like and feels like, and how to best promote healing.

Poison! Beware! by Steve Skidmore Ages 7-10

Nonfiction. Humorous illustrations accompany information about substances that are harmful, including bacteria, plants, animals and chemicals. Also instructs someone on what to do if they encounter a poison.

