U.S. Poison Centers are Receiving Calls Potentially Associated with Consuming Diamond Shruumz™ Brand Chocolate Bars, Cones, and Gummies Resulting in Severe Illness

***UPDATED JULY 2, 2024***

U.S. Poison Centers have received reports of severe illness potentially associated with consuming Diamond Shruumz™ brand chocolate bars, cones, and gummies. These products are marketed for “microdosing” and contain a blend of mushrooms that do not include magic mushrooms (psilocybin) or other hallucinogenic mushrooms. Products containing psychoactive compounds, such as mushroom extracts, are increasing in availability, and might contain undisclosed ingredients, including illicit substances, or potentially harmful contaminants that are not approved for use in food.

As of July 2, 2024, poison centers have received 82 reports of exposure, including 48 cases with more severe illness. Of the 48 cases with more severe illness, 46 sought medical attention after consuming Diamond Shruumz™ brand products and 27 cases resulted in hospitalization. One potentially associated death has been reported that is pending further investigation. America’s Poison Centers is collaborating with the Centers for Disease Control and Prevention (CDC), Food and Drug Administration (FDA), and state and local partners that are focused on investigating the cases of more severe illness reported to poison centers.

Diamond Shruumz brand products have been recalled and should no longer be available for sale. Consumers should check their homes and discard these products or return them to the company for a refund.

Symptoms reported by people who became ill after consuming Diamond Shruumz™ brand chocolate bars, cones, and gummies, include: seizures, central nervous system depression (loss of consciousness, confusion, and sleepiness), agitation, hallucinations, abnormal heart rates, high or low blood pressure, and gastrointestinal effects (nausea, vomiting, or abdominal pain).

America’s Poison Centers advises the public to:
- Check freezers and pantries for these products and discard if found.
- Do not eat, sell, or serve any flavor of Diamond Shruumz™ brand chocolate bars, cones, and gummies.
- Store edibles and mushroom-containing products up high and out of reach of children.
- Report adverse events related to Diamond Shruumz™ chocolate bars, cones, and gummies to FDA MedWatch.
- If you become ill after consuming Diamond Shruumz™ brand chocolate bars, cones, or gummies call the Poison Help line at 1-800-222-1222. Inform your local poison center you have recently consumed these products. Poison Help is available 24/7, free, and confidential.

America’s Poison Centers, CDC, and FDA are continuing to monitor reports of illness nationwide.

For more information:

- FDA: Investigation of Illness: Diamond Shruumz-Brand Chocolate Bars, Cones, & Gummies (June 2024)
- MedWatch: the FDA Safety Information and Adverse Event Reporting Program
- CDC: Severe Illness Potentially Associated with Consuming Diamond ShruumzTM Brand Chocolate Bars, Cones, and Gummies