

Cannabis: Know the Risks



A message for Teens from the Blue Ridge Poison Center

Today's cannabis is stronger.

Today's cannabis has 3 times the amount of THC than cannabis 30 years ago. THC is the chemical in cannabis that causes effects on the brain and body. Higher THC is linked to illness, injury, and problems with mental health.



Thinking problems

Using cannabis can affect your memory, concentration, and ability to solve problems. These effects can be permanent, even if you stop using.



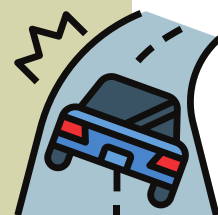
Lower Performance

Compared to teens who don't use, students who use cannabis have more problems in school and are less likely to finish high school or go to college.



Driving Dangers

Drivers under the influence of cannabis have trouble staying in their lane, maintaining their speed, and reacting quickly to things that happen on the road.



Mental Health

Teen cannabis use is linked to higher risks of depression, substance use disorder, addiction, and other mental health problems later in life.



Don't Blow Your Future

Cannabis users could fail a drug screen. This could mean trouble with the law, your school, or a job.



Scan this code to test your cannabis IQ!

