



Cancer Center Without Walls

Advisory Board Meeting

August 1, 2019

Russell County Conference Center, 139 Highland Dr.

Lebanon, VA, 24266

Attendees: *Emily Bowen, Rachel Helton, Shirley Miller, Sabrina Mitchell, Dianne Morris, Margie Tomann, Amelia Bandy, Sarah Ramey, Lakesha Butler, Howard Chapman, Scott Schriefer, Patty McAndrews, Danny Mann, Peter Valdez, George Batten, Donna Brock, Brian Dunn, Betsy Grossman, Lindsay Hauser, Annie Loyd, Emma Mitchell (remote), Kathleen Porter, Kelly Shaffer, Esther Thatcher, Noelle Voges*

10:00 **Check-in:** Schedule capacity interview w/ Donna Brock and Noelle Voges

Welcome, Introductions: *Howard Chapman, Co-Chair, Cancer Center Without Walls Community Advisory Board*

- Brief introductions, including any new members
- Review & approve meeting minutes from May 2019 meeting
 - Scott motioned, 2nd by Sabrina. Membership approved.

10:20 **Research Updates**

- Standing research updates since May meeting
 - **NIH P30 Supplement: Population Health Assessment in the UVA Cancer Center Catchment Area**
 - Community health assessment, will reach about 2,000 people across the state. Three pronged, mailed, phone and online. At about 160 for responses. Collaborating with VCU to be able to share statewide data.
 - **NIH P30 Supplement: Building Research Capacity to Improve Colorectal Cancer (CRC) Screening in Rural Southwest Virginia Clinics**
 - Partnered with Stone Mountain to understand CRC practices among their providers and patients. 12 clinics, 6 sampled. Interviews with providers and nurses. 26 interviews are completed and being coded to understand what we learned. Interviewing 60 patients, 23 completed.
 - **NIH P01: Cervical cancer**
 - **American Cancer Society (ACS) Grant: Breast Cancer**
 - Collaborative project with Boston University and UVA, 5 year grant. Focusing on how policy and procedures at breast screening facilities impact measurable outcomes. Currently surveys facilities about their facilities to see how their characteristics may be impacting screening uptake.
 - Contact information is being collected for about 400 sites throughout Appalachia for screening sites. Survey will start in September.

- **Submitted proposal to National Outreach Network**
 - Still waiting to hear from NCI if funded. If funded it would support colorectal cancer screening education and clinical trials education.
- **UVA Cancer Survivorship – weSurvive**
 - Small pilot looking at improving quality of life for survivors through their behaviors. Developed through CAB. Materials and evaluation is being piloted through Clinch Valley. Five participants and two are bringing their spouses. Looking to pilot a second time with Blue Ridge. Two grants have been submitted. One was scored and will be resubmitted. ACS grant will be announced in mid-August.
- **Caregiver Smart Phone Pilot Project**
 - Kelly Schaefer- Looking for family members of people diagnosed with cancer to complete a baseline survey about their coping, stress, depression. Two weeks of smart phone assessment. Family members get six surveys a day to see how their mood varies throughout the day and how that might relate to their coping. Long term is to develop a smart phone app for support for families members to provide people with support and not need to travel to a Cancer Center for support. Speaking with Blue Ridge Cancer Center and can also recruit through fliers in different community locations to advertise it. Would like to do some passive sensors work from cell phone. Kelly would like thoughts on how this would be received in the local communities.

10:40 **CCWW Advisory Board Members Updates & Announcements**

- The Health Wagon, Rachel Helton
 - RAM is stepping away from the Wise Clinic. (materials provided). RAM brought services, equipment and registration. Health Wagon is continuing this on under a different name. Health Wagon is rejoining with Mission of Mercy dental.
 - Appalachian Care IRT Health and Wellness Event: up to 40 dental and vision exams a day for veterans and military.
 - Mobile Unit still going out to 13 locations. Two stationary centers to do Ultrasounds, XRay. A new facility breaking ground in Clintwood. Will have complete optometry. Health Wagon hired a dentist to see patients throughout the year.
 - Volunteer system is starting over so if any volunteers are out there contact Health Wagon.
 - Medicaid expansion's impact on RAM: 1300 patients in 2018, 1200 in 1900. So we are seeing some patients moved to Medicaid. 1 ½ people are dedicated to Medicaid enrollment.
- Virginia Department of Health: Mt. Rogers District, Lakesha Butler/Mayes
 - Manage Sexual Risk Avoidance Grant to expand to full health district. Avoidance of risky behaviors. Helping to develop their skills. Hiring three health educators. Community activities.
 - Cindy manages harm reduction out of Smyth County. New program that has 41 participants. 50 participants are vaccinated Hepatitis.
 - Community Health Assessment complete for Wythe County. Other districts are working on theirs.
- Other updates & announcements
 - UVA is partnering with Abingdon Ear, Nose and Throat to do a

- Mountain Empire Older Citizens, Inc. 3rd Annual Leigh Ann Bolinskey Memorial 5K Walk/Run. September 28th, 2019.
- HealthinAppalachia.org a great report on health disparities in Appalachia. Now has interactive data portal to show data indicators for specific counties and how they compare to other areas. Also highlight Bright Spots in Appalachia.
- Clinch Valley partnering with UVA to do a Hep training to offer a class to community.
- TRI area- press release from Laurel Fork on Health Connect Program. Part of a telehealth pilot. Collaboration with UVA telemedicine. Focused on diabetes and home monitoring. Barriers around connectivity in the patient's homes. New CEO, Jim Werth at Tri Area.

11:20 **Our PCORI contract updates**

- Review PCORI milestones
 - Proposed launch of website- almost there.
 - In March a PCORI officer trained on patient engaged process and share what the CAB was working on.
 - Meeting #3 was in May and we wrapped up causal models and priority sticker votes.
 - Action teams have meet over the summer to refine those priorities
 - Meeting #4 is today. Goal is to finalize our priorities. Transitioning into planning phase.
 - Evaluation of the group- initial baseline happened a year ago. We are doing a check in survey. Interviews on perception of the group and group process.
 - Next six months: two more meetings to dig deeper into planning process for the priorities including writing grants, bridging resources for research.
- Website preview CCWW and Health in Appalachia
- Review where we left off in May; report out from summer progress
 - Early Detection Action Team
 - Work has been centered on what the priorities will be. Causal model was reviewed and discussion around how to align with Virginia Cancer Plan. Will work on individually what our priorities are and how each individual organization can contribute.
 - Prevention Action Team
 - Left meeting in May with a solid causal model. First call tweaked the model slightly. Did three calls, the Virginia Cancer Plan had 45 strategies so talking them through took a long time. Did surveys between the meetings to gather more input. Down to 6 strategies but two of them work together. They focus on tobacco, obesity/nutrition, and HPV.

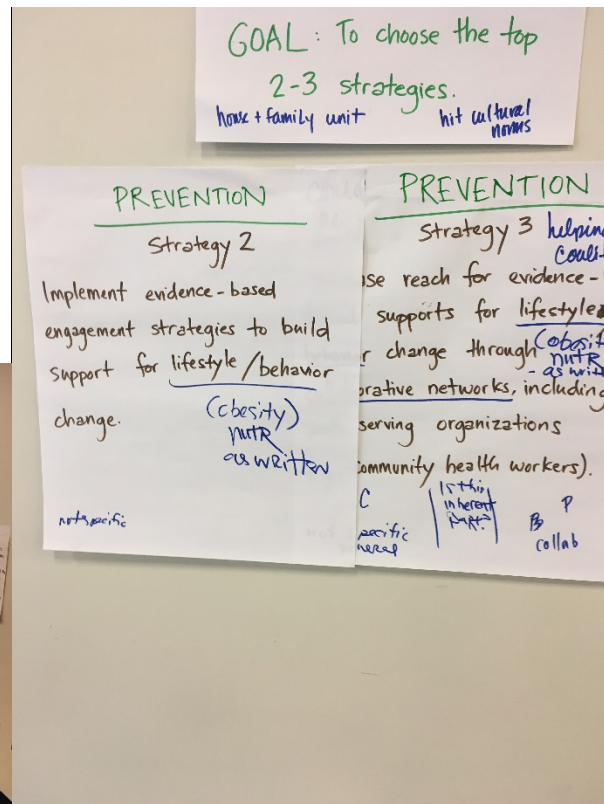
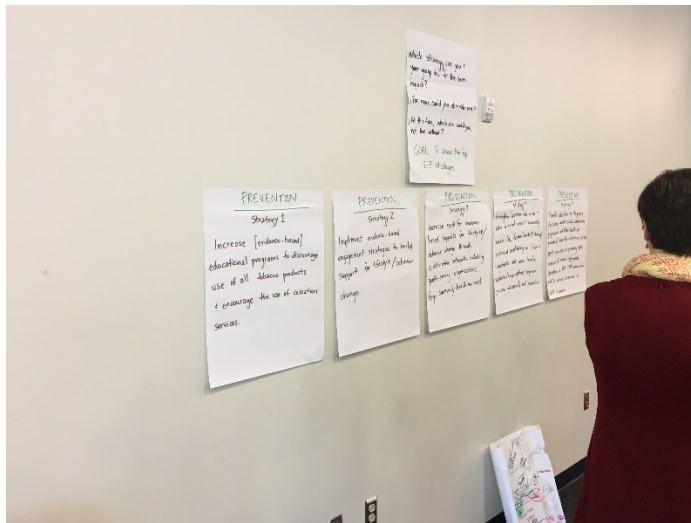
12:00 **Lunch & Networking & Complete Time 2 Capacity Assessment**

12:30 **Progressing the Planning Process**

- CPPE Step #2: Identification & selection of interventions: *'Finalize' prioritization process*

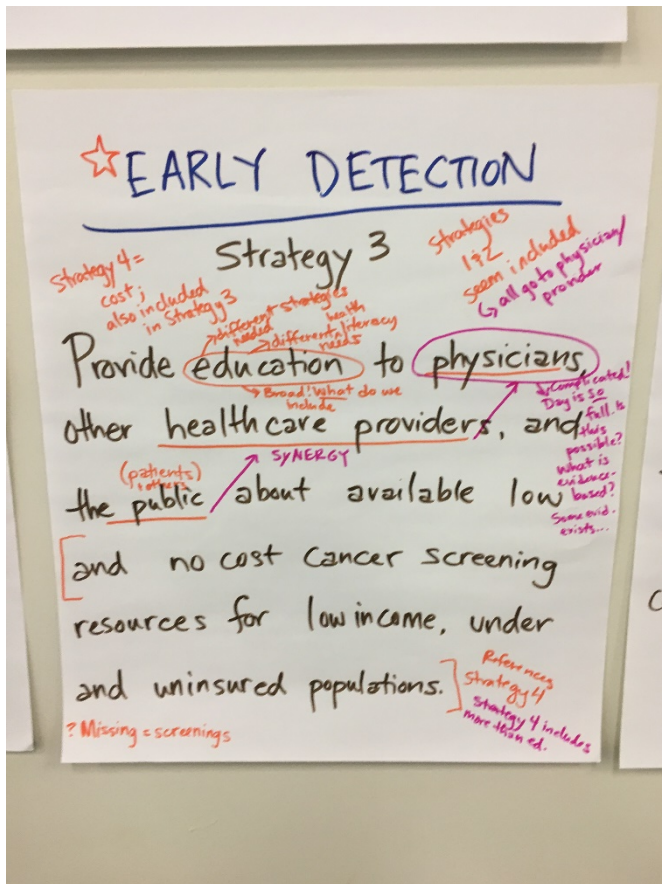
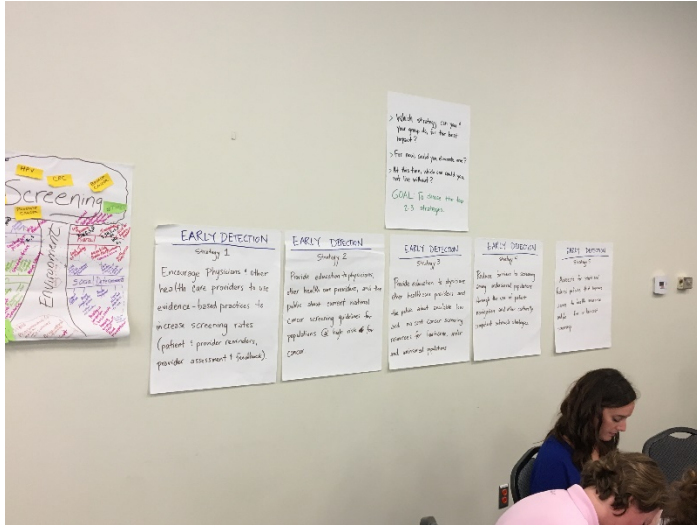
Prevention Action Team Final Strategies:

- (1e) Increase [evidence-based] educational programs to discourage use of all tobacco products and encourage the use of cessation services.
- (21b) Strengthen healthier food access and sales in retail venues and community venues (i.e. farmers markets) through increased availability of fruit and vegetables and more low/no sodium/sugar options, improved pricing, placement, and promotion.
- (3a and 3f paired) Provide education to Virginians (including parents, schools, communities, physicians and other healthcare providers) about the effectiveness of the HPV vaccination in preventing HPV associated cancers (3a) and provide education on HPV and HPV vaccination and/or provide connection to HPV resources (3f).



Early Action Team Final Strategies:

- Provide education and strategies to reduce barriers to cancer screenings to physicians, other healthcare providers, and the public about low and no cost cancer screening resources for low income, under, and uninsured populations.
- Advocate for local, state, and federal policies to health insurance and/or free or low-cost screenings.



1:50 **Summation, setting next meeting date, and next steps**


- Upcoming Action Team conference meetings
- Upcoming meetings
 - Next meeting: Thursday, October 3rd in Wise
- (Reminder: Step #3: Planning; Step #4 Proposal Development)
- Interest in future webinars? If so, what topics?


2:00 **Adjournment**

THE BIG PICTURE AIMS & LONG-TERM OBJECTIVES

1. Build and strengthen the **research capacity** among members of **two Community Action Teams**, focused on Cancer Prevention and Early Detection, through relevant PCOR **skill-based trainings**.
2. Identify actionable, cancer PCOR priorities based on existing **local data and stakeholder/patient** input.
3. Advance the community capacity of Community Action Teams to **conceptualize, plan, mobilize resources, and execute cancer control** PCOR projects in their communities.

To accelerate the effectiveness testing, dissemination and implementation, and sustainability of culturally appropriate evidence-based cancer control interventions and programs in rural Appalachia.





MILESTONES FOR THIS 6-MONTH REPORTING PHASE (MARCH 2019 - AUGUST 2019)

Website Launch	Launch Website	← Almost!
UVA PCOR training	UVA PCOR training meeting	✓
CCWW CAB Meeting #3	CCWW CAB Meeting #3: CPPE Step #1: Create visual causal models, con't	✓
	CPPE Step #1: Prioritization	
	CPPE Step #2: Identification and selection of potential interventions	
CCWW CAB Meeting #4	CCWW CAB Meeting #4: PCOR training #2: Evidence synthesis on CPPE Identified priorities	← Today!
	CPPE Step #2: Identification and selection of potential interventions, con't	
CCWW Capacity Assessment 2	CCWW completes Capacity Survey (time 2) and qualitative interview	← Today & August
	Findings are disseminated back to CCWW CAB	

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