The 40th McLemore Birdsong Pediatric Conference
live-streaming via Zoom Webinar March 27, 28, and 29, 2020

Course Directors:
Ann Kellams, MD, IBCLC
Professor of Pediatrics, Vice Chair for Clinical Affairs

Kenneth Norwood, MD
Professor of Developmental Pediatrics

Learning Objectives
As a result of participation in the conference, attendees will be able to:
• Understand and give evidence based advice on controversial topics including the “tongue tied” child and Pediatric Autoimmune Neuropsychiatric Disorder Associated with Streptococcal infection (PANDAS)
• Apply current thinking in the diagnosis and management of pediatric concussion, eosinophilic esophagitis, and eczema.
• Learn how to use integrative medicine and trauma informed care to address children's physical and mental health needs.
• Utilize the latest clinical guidelines for the management of adolescent obesity and the pharmacologic management child and adolescent anxiety and depression.
• Discuss the latest trends in child health advocacy and the past year's pediatric literature.
• Learn about the Virginia Mental Health Access Program and in office parent behavior management training in the diagnosis and management of preschool children with suspected ADHD.
• Satisfy the licensing requirement for 2 hours of opioid training while learning about the clinical management of neonatal abstinence syndrome in the nursery, inpatient unit, and primary care medical home.

Guest and Featured Faculty:
Sandy L. Chung, MD, FAAP, FACH
President, AAP-Virginia Chapter

Sara P. Robinson, LPC
Director of Child and Family Outpatient and Crisis Services, Region Ten

Siobahn M. Statuta, MD, CAQSM
Director, Primary Care Sports Medicine Fellowship; Assistant Professor, Family Medicine and Physical Medicine & Rehabilitation; Team Physician, UVA Sports Medicine

Jim Tucker, MD
Bonner-Lowry Professor, UVA Psychiatry & Neurobehavioral Sciences

Barrett Zlotoff, MD
Associate Professor of Dermatology

UVA Pediatric Faculty:
Barrett Barnes, MD
Associate Professor, Gastroenterology

Stephen M. Borowitz, MD
Professor, Gastroenterology

Beth Ellen Davis, MD, MPH
Professor, Developmental-Behavioral Pediatrics
Deborah K. Froh, MD
Associate Professor, Pediatric Respiratory Medicine; Director, Cystic Fibrosis Center

Gregory F. Hayden, MD
Professor Emeritus, General Pediatrics

Eliza Holland, MD
Assistant Professor, General Pediatrics

Nancy L. McDaniel, MD
Professor Emeritus, Cardiology

Rachel Moon, MD
Harrison Distinguished Teaching Professor of Pediatrics; Division Head, General Pediatrics

James P. Nataro, MD, PhD, MBA
Benjamin Armistead Shepherd Professor and Chair

Karen S. Rheuban MD
Professor of Pediatrics
Senior Associate Dean for CME and External Affairs, Director, UVA Center for Telehealth

Daniel Schneider, MD
Associate Professor, Cardiology
Director, Pediatric Cardiovascular Noninvasive Lab

Debbie-Ann Shirley, MBBS, MPH
Assistant Professor, Infectious Diseases

Ina Stephens, MD
Associate Professor, Infectious Diseases

Julia F. Taylor, MD, MA
Assistant Professor, Adolescent Medicine

Santina Zanelli, MD
Associate Professor, Neonatology

Planning Committee
Bebe Moore
Program Coordinator, UVA Office of Continuing Medical Education

Janie Nowicki
Medical Education Assistant, UVA Department of Pediatrics

Elizabeth Patterson, MEd
CME Program Manager, UVA Office of Continuing Medical Education
**Syllabus Materials**
Presentation handouts reflect the most current version of each slide show at the time of syllabus printing. Faculty presenters may elect to revise their presentations following posting of these materials. Updated versions of presentations will be available online until April 29, 2020 at www.cmevillage.com under the “Syllabus” tab.

**Disclosure of faculty financial affiliations**
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All faculty presenters participating in an accredited CE activity are expected to disclose relevant financial relationships with commercial entities occurring within the past 12 months (such as grants or research support, employee, consultant, stock holder, member of speakers’ bureau, etc.). The University of Virginia School of Medicine and School of Nursing will employ appropriate mechanisms to resolve potential conflicts of interest to maintain the standards of fair and balanced education to the participant. Questions about specific strategies can be directed to the Office of Continuing Medical Education, University of Virginia School of Medicine or the University of Virginia School of Nursing Continuing Education, Charlottesville, Virginia.

The faculty, staff and planning committee of the University of Virginia Office of Continuing Medical Education have no financial affiliations to disclose.

The following conference presenters and planning committee members have disclosed that they do not have a personal or professional financial relationship or interest with any proprietary entity producing healthcare goods or services:
Barrett H. Barnes, MD, Stephen Borowitz, MD, Sandy L. Chung, MD, Beth Ellen Davis, MD, Deborah Froh, MD, Gregory Hayden, MD, Peter W. Heymann, MD, Eliza T. Holland, MD, Ann Kellams, MD, Rachel Moon, MD, Ken Norwood, Jr, MD, Janie Nowicki, Daniel S Schneider, MD, Debbie-Ann Shirley, MBBS, Siobhan Statuta, MD, Ina Stephens, MD, Julia F. Taylor, MD, Jim B. Tucker, MD, Santina Zanelli, MD, and Barrett J Zlotoff, MD.

The following have disclosed relevant financial relationships:
James Nataro, MD consults for Innovate, Inc in the area of gut function and intestinal barrier integrity.
Karen Schulder Rheuban, MD serves on the advisory boards of Titicore and Locus Health.

**Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices**
The University of Virginia School of Medicine and the University of Virginia School of Nursing Continuing Education requires that all faculty presenters identify and disclose any off-label uses for pharmaceutical and medical device products. It is recommended that each clinician fully review all the available data on new products or procedures prior to clinical use.

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The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of 14.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine, as accredited provider, awards 14.0 hours of participation (consistent with the designated number of AMA PRA Category 1 Credits™) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.
Successful completion of this CME activity enables the participant to earn up to **14.0 MOC points** in the American Board of Medical Specialties Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABMS MOC credit.

This program is accredited for a maximum of 14.0 NAPNAP Contact Hours of which 2.5 contain pharmacology (Rx) content, (0.5 related to psychopharmacology,) (2.0 related to controlled substances), per the National Association of Pediatric Nurse Practitioners Continuing Education Guidelines.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

We would like to acknowledge the generous support of the following organizations:

**the Dairy Alliance**

**IV Watch**

**Sarepta**

**Shire/Takeda**

**Virginia Chapter of the AAP**

and also

**Breastfeeding Friendly Consortium/Newborn Screening**

**UVA Transplant**

**UVA Telehealth Village**