


3D: Geriatric Assessment tools

Folstein Mini Mental Status Examination

<p>Timed get up and go test Goal 10-14s, 1 practice, 3 trials</p> <ul style="list-style-type: none"> •Rising from an armless chair •Walking 3 meters (10 feet) •Turning •Walking Back •Sitting down again
<p>Mini-Cog (3 item recall)</p> <ul style="list-style-type: none"> •Give 3 items •Ask to repeat •Divert (using Clock Drawing Test) •Recall (Score: 1 point for each recalled)
<p>Animal Naming</p> <p>•Scoring = # animals named in 1 minute</p> <p>18 = average</p> <p>12 = abnormal</p>
<p>Geriatric Depression Screening-5</p> <ol style="list-style-type: none"> 1. Are you basically satisfied with your life? 2. Do you often get bored? 3. Do you often feel helpless? 4. Do you prefer to stay home at night, rather than go out and do new things? 5. Do you feel pretty worthless the way you are now? <p>0-1 = Not Depressed</p> <p>≥ 2 = Depressed</p>

Task	Instructions	Scoring	Max Points
Date Orientation	"Tell me the date?" Ask for omitted items	1 for year, season, date, day of week, and month	5
Place Orientation	"Where are you?" Ask for omitted items.	1 for state, county, town, building, and floor or room	5
Register 3 Objects	Name three objects slowly and clearly. Ask the patient to repeat them.	1 for each item correctly repeated	3
Serial Sevens	Ask the patient to count backwards from 100 by 7. Stop after five answers. (Or ask them to spell "world" backwards.)	1 for each correct answer (or letter)	5
Recall 3 Objects	Ask the patient to recall the objects mentioned above.	1 for each item correctly remembered	3
Naming	Point to your watch and ask the patient "what is this?" Repeat with a pencil.	1 for each correct answer	2
Repeating a Phrase	Ask the patient to say "no ifs, ands, or buts."	1 if successful on first try	1
Verbal Commands	Give the patient a plain piece of paper and say "Take this paper in your right hand, fold it in half, and put it on the floor."	1 for each correct action	3
Written Commands	Show the patient a piece of paper with "CLOSE YOUR EYES" printed on it.	1 if the patient's eyes close	1
Writing	Ask the patient to write a sentence.	1 if sentence has a subject, a verb, and makes sense	1
Drawing	Ask the patient to copy a pair of intersecting pentagons onto a piece of paper. 	1 if the figure has 10 corners and 2 intersecting lines	1
Scoring	≥ 24 can be normal		30