

# Department of Medicine

# Medical Grand Rounds

**Greg Glassman**  
**CEO and Founder of CrossFit**

**“A Hedge Against Chronic Disease”**

**Wednesday, January 27, 2015**

**12:00 – 1:00pm**

**Old Jordan Auditorium 1-5**

**Disclosures:**

Greg Glassman has no personal or professional financial relationships with a commercial entity producing healthcare goods and/or services.

**CME Learning Objectives**

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards 1.0 hours of participation (equivalent to AMA PRA Category 1 Credits™) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.