

Department of Medicine Presents

Medicine Grand Rounds

David Johnson, MD

Gastrointestinal & Liver Disease Specialists of Tidewater

PLLC/DBA Digestive & Liver Disease Specialists

Sleep Effect and GI Health and Disease: Eyes Wide Open?

Wednesday, August 3rd, 2016

12:00 – 1:00pm

Old Jordan Auditorium 1-5

Disclosures:

Speaker: David Johnson, disclosures will be posted at a later time.

Planning Committee: Gerald Donowitz, MD, Ross Buerlein, MD, Peter Liu, MD, Erin McLoughlin, MD, and Annie Smith, MD; do not have any personal or professional financial relationships with commercial entities producing healthcare goods and/or services.

Learning Objectives

1. Review prevalence of sleep dysfunction in US
2. Discuss physiologic effect of sleep and circadian rhythm.
3. Discuss sleep disruption and intestinal microbiome effect on brain gut interaction and immunology

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The University Of Virginia School Of Medicine awards 1.0 hours of participation (equivalent to AMA PRA Category 1 Credit™) to each non-physician participant who successfully completes this educational activity. The University Of Virginia School Of Medicine maintains a record of participation for six (6) years.