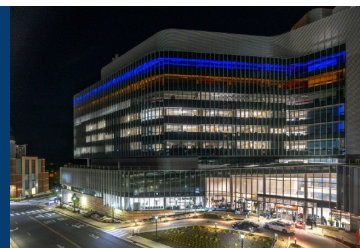


University of Virginia Department of Family Medicine Annual Report 2021

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Letter from the Chair

The year 2021 has continued to be unprecedented. We have all had to deal with waves of new COVID variants and the added pressures of the pandemic. Healthcare systems and the workforce across the nation remain stressed and challenged, particularly those on the front lines. Yet, I remain optimistic and proud of our resilience and dedication as reflected on our many accomplishments this past year:

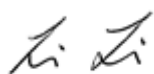


Dr. Li Li

- The department continues to place great value on diversity and inclusion and this is evident in our residency recruitment practices, our curriculum, and the important activities of our department's Diversity and Inclusion Committee.
- Family Medicine remains a leader in UVA medical education. The PACLAC clerkship (our combined Family Medicine, Internal Medicine, and Geriatrics clerkship) led by Dr. Terri Babineau, received a perfect rating by students this past year. Our residency program continues to train outstanding clinicians through their diverse curricula, including content areas related to health equity, obesity, and substance use disorders.
- For the first time, all five of our clinics are now designated as NCQA Patient-Centered Medical Homes. In addition, we have great opportunities to expand our faculty and primary care footprint, which is in direct alignment with UVA Health's *One Future Together* vision.
- We continue to grow and expand our research efforts. The year 2021 was the first year that our department was ranked in listing of NIH funding for Departments of Family Medicine (we were ranked 24th). We hope to continue to build on these successes.
- Our faculty continue to be actively involved in community engagement. For example, Dr. Tim Rucker spearheaded an effort to establish a pharmacy in Nelson County through his collaboration with the community and UVA Health leadership.

I am so proud of all of our accomplishments this year and our ability to persevere. As we begin 2022, indicators regarding the COVID pandemic are improving and we are particularly excited about our plans for our Department's 50th Anniversary Celebration.

Please enjoy some of the highlights from 2021.



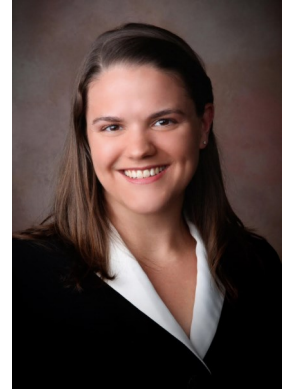
Li Li, MD, PhD

Walter M. Seward Professor and Chair

UVA Department of Family Medicine



Dr. Catherine (Cate) Varney, D.O. is a 2010 graduate of the Virginia College of Osteopathic Medicine. She received her undergraduate degree in Athletic Training from the University of Alabama and her Masters degree in Physical Therapy from the University of South Alabama. She practiced Physical Therapy, with a focus on pelvic stability, for 5 years before returning to medical school. After medical school, she trained at Intermountain Health Care in Utah but returned home to Virginia to be closer to family in 2014. Prior to joining the Department of Family Medicine, she worked for UPG at Zion Crossroads Primary Care for 4 years where she practiced a combination of Primary Care and Obesity Medicine. She wanted to join the Department of Family Medicine to pursue research, teaching and curriculum development in the area of Obesity Medicine in the Primary Care setting. Her passion is expanding research in the field of Obesity Medicine and helping Family Medicine residents graduate with unique skills to treat one of the most common diseases we face in Family Medicine. Her research interests include prevention of weight re-gain following bariatric surgery and prevention of cancer through obesity treatment. She joined our Crozet Primary Care practice and also works in the UVA Bariatric Surgery Department where she practices medical management following bariatric surgery. Outside of work, Cate is a community volunteer through the Junior League of Charlottesville. She is married to Nick, who also works for UVA as a Clinical Pediatric Pharmacist. They have 3 young and very active boys. As a family they enjoy skiing, tennis, and golf.



Dr. Priya Kohli, MD is a graduate of the Royal College of Surgeons in Ireland and she completed her family medicine training at St. John Hospital and Medical Center, in Detroit, MI. She has extensive experience in the outpatient setting, including 10 years in private practice in a semi-rural location, where she also taught UVA medical students during their primary care rotation. She is excited to join the Department of Family Medicine and she looks forward to building her full-spectrum practice, as well the opportunity to teach medical students and Family Medicine Residents. She was drawn to the variety of family medicine and the opportunity to provide longitudinal care. She especially enjoys getting to know her patients over time, and feels privileged when she is also able to see their extended family members as well. She brings almost 20 years experience in practice and is known for her thoroughness. Her practice includes general primary care for patients of all ages and many routine family medicine procedures, including ingrown nail removal, skin abscess treatment, skin biopsies, and joint injections. She has joined our Crozet Primary Care practice. In her spare time, she enjoys sports of all kinds, gardening, and reading.

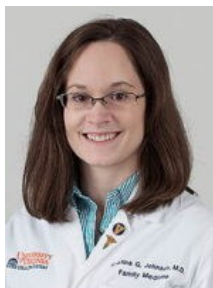


Faculty Promotions



Siobhan Statuta, MD was granted tenure.

Dr. Statuta was also appointed to an endowed professorship, the Harrison Distinguished Teaching Associate Professor of Family Medicine, effective December 25, 2021.

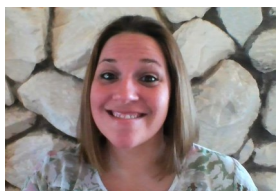


Kristina Johnson, MD was promoted to the rank of Associate Professor.

New Academic Administrative Staff



Sarah Blackstone, PhD, MPH is our Research Program Advisor. In this capacity, she works with faculty and residents to design research studies and conduct data analysis. She also supports Quality Improvement and Patient Centered Medical Home initiatives and scholarship.



Kylie Collier is our Financial Generalist. She is responsible for budgeting, reporting, account reconciliations, purchasing, and reimbursements. She also assists with grants administration as well as a variety of administrative tasks and department events.



Tracy Pavone is one of our new administrative support staff. She will be supporting our predoctoral programs as well as providing administrative support to a number of our faculty.

UVA Family Medicine Department Faculty

2021 - 2022



Claudia Allen
PhD, JD



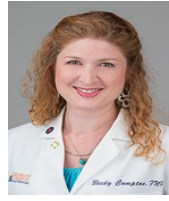
Teresa Babineau
MD, MS



Catherine Casey
MD



Mark Cohee
MD



Rebekah Compton
MSN, DNP



Sarah Dalrymple
MD



Kate DeGeorge
MD, MS



Sharon Diamond-Myrsten
MD



Steve Fetcho
RN, MSN, FNP



John Gazewood
MD, MSPH



Fern Hauck
MD, MS



Steven Heim
MD, MSPH



Elena Herndon
MD



Kristina Johnson
MD



Jeremy Kent
MD



Donna Landen
MD



Sarah Lewis
DO



Li Li
MD, PhD



Andrew Lockman
MD



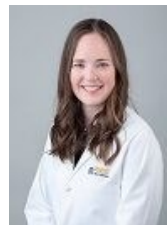
Karen Maughan
MD



Masahiro Morikawa
MD, MPH



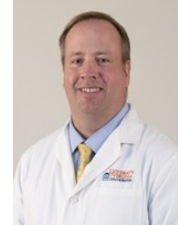
Corrie Parker
MSN, FNP-C



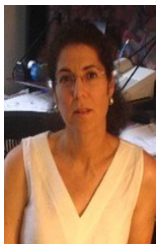
Sammie Philman
MD, MPH



Susan Pollart
MD, MS



Sean Reed
MD



Lisa Rollins
PhD



Tinsley Rucker
MD



Kristine Shannon
FNP, MSN, RN



Siobhan Statuta
MD



Joseph Tan
PhD



Cate Varney
DO



Annie Way
MD

Diversity and Inclusion

The Diversity and Inclusion Committee/Resident Subcommittee at the University of Virginia Family Medicine Residency Program initiated a department-wide discussion on race following the nation-wide protests that began in May 2020. These protests were a direct response to repeated, racially-motivated forms of violence. Faculty, residents, and medical students involved in the Student National Medical Association (SNMA) held a town hall to debrief about social and political unrest and to discuss action items.

Since then, the resident subcommittee (former residents Aviva Friedman, MD and Nadia Saif, MD, MPH; current resident Sarah Seifu, MD) continued this important discussion in several ways. They created an Anti-Racism Book Club, which is open to all faculty, residents, and clinical staff and currently boasts 35 members on its list-serv. The club meets every few months outdoors, on grounds, and in attending's homes. We have read books (*White Fragility*, *How to be an Anti-Racist*, *Racial Divide in America*), watched documentaries (*The 13th*, *I Am Not Your Negro*), listened to a podcast (*1619*), and recently visited the Virginia Museum of Fine Arts to view an exhibit showcasing Black American visual artists (*The Dirty South*). The resident subcommittee has also received funding from our department for purchases.

In addition to the Book Club, the subcommittee wrote and edited anti-racism messaging for posters displayed throughout our clinic halls and on our social media forums. They have worked with faculty re: micro-aggressions in order to create a supportive environment within our residency and our clinic spaces. The subcommittee has created a living document that includes books, videos, articles, social media accounts/organizations to follow and donate to, as well as identifying other anti-racism resources.

This year the subcommittee has also welcomed new members Danielle Bullock, MD and Jessica Row, MD. The Diversity and Inclusion Committee has monthly meetings to discuss and promote equity within the Department of Family Medicine. The committee has been able to devote a monthly session on anti-racism into our weekly didactics. These sessions focus on addressing healthcare inequities, learning the history of racism in medicine, and practicing how to recognize and confront micro-aggressions. This year, the committee has also piloted a micro-aggressions reporting/support system within the Department of Family Medicine, which will hopefully be adopted within the health system at large.

All members of the committee and resident subcommittee hope to keep the conversation going by increasing allyship and fostering a safe space to listen, learn, and support each other.



Some members of our Diversity and Inclusion Book Club

(Front row left to right)

Kate DeGeorge, Ellie Ginn, Sarah Seifu

(Second row)

Monique Meade, Mateen Manshadi, Cassie Dishman, Aviva Friedman, Fern Hauck

Clinical Highlights

The Department of Family Medicine continues to maintain its **Certification of Recognition by the National Committee of Quality Assurance**. This year, we are so proud that **all five** of our practices are recognized as Patient Centered Medical Homes:

UVA Family Medicine Primary Care Center

UVA Family Medicine Stoney Creek

UVA Family Medicine Crozet

UVA Family Medicine Crossroads

and our newest PCMH practice: UVA Primary and Specialty Care Pantops, Family Medicine



These practices have been recognized for their “systematic use of patient-centered, coordinated care management processes.”

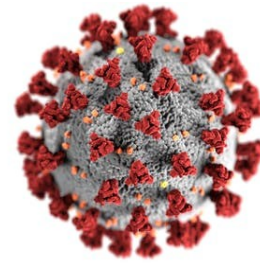
Our Primary Care Center Practice (PCC) is now offering **Medication Assisted Treatment (MAT)** to assist our treatment process for patients with substance use disorders. We are so pleased to be able to offer this new service to our patients in need.

The **International Family Medicine Clinic (IFMC)** continues to grow. Since its inception in October 2002, we have seen over 4,200 patients from 87 countries speaking 73 languages. The average age of our patients is 26.1 years. We recently held a special Saturday all-day clinic to accommodate several new refugee arrivals which was featured on the front page of the Sunday *Daily Progress* newspaper. This Saturday clinic was an extraordinary collaboration between our department and nursing and Access staff from other departments as well as the International Rescue Committee, our treasured partner throughout the existence of the IFMC. Great thanks are also due to the large number of medical students who helped with seeing patients, organizing donations for food and crafts for the children to play with, helping patients get to the pharmacy and helping patients get back to the hospital to pick up their rides. This picture (to the right) shows some of the students and Dr. Hauck, Director of the IFMC, entertaining children while their parents were being seen.



COVID Response

The Department of Family Medicine continues to play a critical role in the UVA Health COVID response. While this effort has included a multi-member team with expertise across a broad range of areas, our own Dr. Steven Heim has served as Medical Director for this effort. The Health System staff have administered approximately 145,000 doses of vaccine to team members, adult and pediatric patients, and members of the community.



Behavioral Science Update

The Department's Behavioral Science program continues to provide integrated mental health services to patients at the Primary Care Center, Stoney Creek, Western Albemarle, and the Adult Gender Clinic. A few years ago, in an effort to increase access to mental health services, the Department added "open access" behavioral health appointments to Family Medicine offerings. These appointments are available to any established Family Medicine patient up to five times a year – no referral needed, no questions asked – and are generally available quickly. These are in addition to the more traditional psychotherapy appointments offered for many years.

We asked Dr. Claudia Allen, PhD, Director of Behavioral Science, what the significance of this new type of appointment is. "One of our goals here in Family Medicine," Dr. Allen said, "is to bring mental health treatment and whole person support to persons who might not otherwise get it. Making these appointments as easy to schedule as any other appointment, and in the same place, means that we reach lots of patients who we might otherwise never have seen." Dr. Allen reports that patients use those appointments to get help with a wide range of concerns, including depression, anxiety, parenting questions, grief, trauma, and strategies to quit smoking or improve diet.

During their Behavioral Medicine rotation in their second year, Family Medicine residents can co-lead these appointments with the advanced doctoral students in Clinical Psychology who work under Dr. Allen and Tan. "This is a particularly great learning opportunity for our Family Medicine residents," Dr. Allen notes, "because patients bring the kinds of issues to these Behavioral Health appointments that they might well bring to their PCP." Residents and doctoral students also discuss cases together in the precept room. With regard to a recent patient who presented with tinnitus, current doctoral student Sarah Kassabian, M.Ed. noted that, "while the resident discussed and investigated the possible physical causes of the problem, I was also able to provide some of the research on the effectiveness of mindfulness-based intervention. We both walked away learning something new, and with a fuller picture of possible treatment options." Senior resident Gregory "Ory" Streeter, MD adds: "As medical residents, we receive all the training we need to treat diseases of the heart - but the doctoral students constantly improve our care of the human spirit. Whether it's reviewing techniques in psychotherapy or providing us an infusion of empathy - they build us into more complete professionals - ones capable of complementing their important work with our shared patients."

Meet our Crozet Practice

UVA Family Medicine and Specialty Care Crozet, was established in May, 2008 and is located 11 miles west of Charlottesville on Route 250. The physician lead is Dr. Terri Babineau, MD, and the other physician providers include Catherine Casey, MD, Cate Varney, DO, Priya Kohli, MD, and Mark Cohee, MD. Elena Herndon, MD (psychiatrist) and one of our department's clinical psychologists (Joey Tan, PhD) rotate into the practice to address patients' mental health needs. In addition, the practice staff regularly receive rave reviews from patients. Nursing staff include Katie Chapman, LPN; Christina Staton, RN; Julie Lanahan, RN; Lauren Carpenter, LPN; Amanda Sampson, RN-Manager; and Emily McCallister, RN. Access staff include Erica Rose, Makayla Fisher and Ashleigh Austin-Russell.



Left to right: Elena Herndon, MD; Julie Lanahan, RN; Erica Rose; Katie Chapman, LPN; Lauren Carpenter, LPN; Terri Babineau, MD; Catherine Casey, MD; Cate Varney, DO.

The practice provides medical care to patients of all ages, including prenatal care and minor surgery. In addition, our Crozet providers bring important areas of content expertise. Dr. Catherine Casey has been a pioneer at UVA related to transgender care and she has developed related curricula for UVA medical students and residents. She also started a Gender Health Clinic at this practice that cares for patients, some of whom drive from up to 4 hours away to seek care with our providers. The clinic is shared with the Departments of Gastroenterology and Endocrinology and between endocrine, family medicine, psychiatry and other mental health care, this clinic provides unique opportunities for interdisciplinary collaboration to provide optimal care for this at-risk patient population. Dr. Cate Varney brings specific expertise related to obesity medicine and she collaborates regularly with the UVA Bariatric Surgery department.

Drs Babineau, Kohli and Cohee are also seasoned clinicians and they provide outstanding full-spectrum care to patients of all ages. Dr. Babineau was also recently featured in a podcast as part of the Minds of Medicine series (Episode #12). The podcast features her professional background, her advocacy for the underserved, and her work regarding burnout and addressing mental health needs of providers [Minds Of Medicine on Apple Podcasts](#).

Over the past few years, the practice has also expanded its educational mission. Dr. Babineau is the Clerkship Director for the UVA Primary Care Clerkship, a required 6 week rotation for all third-year medical students. Crozet regularly takes two third-year Family Medicine Clerkship students per rotation, more than any other primary care UVA practice. In addition, one year ago Crozet gained approval to become a continuity site for our Family Medicine residents. At present, the practice has one 2nd year continuity resident, with another resident expected to join the practice in July, 2022.

**We are so proud of our
99.2%
patient satisfaction scores**

Come visit our Crozet Practice!

New Stoney Creek Pharmacy

Stoney Creek Pharmacy closed May 29, 2019, after continuous operation since 1987, leaving Nellysford and UVA Stoney Creek Family Medicine with no pharmacy within 20 miles in any direction. The pharmacy could not compete with a newly opened Dollar General providing steep discounts on non-pharmaceutical items. With the pharmacy closing, indigent and geriatric patients faced a difficult situation.



Two events soon made a significant difference with the pharmacy situation.

- First, local residents created *Here to Stay*, an organization focused on helping residents stay in their homes as they age. The group brought the pharmacy issue to the attention of UVA President Jim Ryan and other UVA leaders.
- Second, spearheaded by Dr. Tim Rucker (one of our Stoney Creek family physicians), the department reached out to UVA Ambulatory Pharmacy Services leadership and strongly advocated for establishing a UVA Pharmacy outlet in the Nelson County community. UVA Pharmacy leadership toured the pharmacy building, met with the building owner and the former pharmacist, and determined a UVA pharmacy at Stoney Creek would be a good fit for the community and UVA Health. A formal proposal for a UVA pharmacy at Stoney Creek was presented to UVA Health leadership. Unfortunately, the COVID pandemic arrived and the proposal was placed on hold.

In late July, 2021 the team, led by Dr. Rucker, revisited the Stoney Creek Pharmacy issue and arranged a meeting with the Chief Strategy Officer for UVA Health. Once again UVA Health leadership became actively involved and on August 4, 2021, UVA Medical Center leadership made the critical decision to move forward with opening a pharmacy at Stoney Creek.

With the new Stoney Creek Pharmacy, UVA Health takes a major step forward in engaging the local community. The Department of Family Medicine, led by Dr. Rucker, helped champion this effort, reflecting our strong commitment to those we serve and to improve the health of the public through efforts beyond our clinic walls.



Clinical Pharmacy Team



Christa Brooker, PharmD, BCACP

Dr. Brooker received her PharmD from VCU in 2018 and completed her PGY1 Community-Based and PGY2 Ambulatory Care pharmacy residency programs at UVA Health. She has been with the Family Medicine department since June 2020.



Morgan Lockhart, PharmD

Dr. Lockhart received her PharmD from Bill Gatton College of Pharmacy at ETSU in 2020. She is the current PGY2 Ambulatory Care pharmacy resident and runs a longitudinal telephone-based evening clinic to expand access to care for Family Medicine patients.

Collaborative Care

The Department of Family Medicine takes an interdisciplinary approach to care through utilization of a collaborative practice agreement. Under this agreement, Family Medicine patients are referred to the pharmacy team for co-management of chronic diseases such as diabetes and hypertension. Prescribing authority is used to implement comprehensive care plans that include medication optimization and lab monitoring. Visits are conducted in clinic and by telephone at a frequency that works for each patient. Pharmacists serve as provider extenders in our department, which translates to improved patient access and clinical outcomes. Providers often utilize the pharmacy team to provide in-the-moment patient education, answer medication information questions and communicate with the inpatient pharmacy team about clinic needs (clinic-administered medications, immunization, etc.).

Success Stories

NT is a Dari-speaking patient who was referred to the pharmacy team in June 2021 for poor medication adherence and understanding. Biweekly clinic visits for pillbox fills and medication education have led to a 34-point drop in systolic blood pressure and clinical improvement of diabetes, depression and COPD. NT continues to gain comfort with her medication regimen and will soon be independently managing her medications!

JB was referred for diabetes management in the setting of dialysis and other complex comorbid conditions. Dr. Brooker has conducted telemedicine visits over the last few months and most recently prescribed and set up the FreeStyle Libre continuous glucose monitor for JB. Between August and November 2021, JB's hemoglobin A1c dropped 3.6% with only minor changes in his insulin regimen and better insight into his home glucose readings.

Clinic-Based Pharmacy Technician

The clinic-based technician completes all prior authorization work on behalf of providers at the PCC clinic and is the go-to person for all medication access issues for the department. The technician works directly with providers and patients at all clinic locations to eliminate medication access barriers through copay assistance and manufacturer patient assistance. This medication access work is critical to our PCMH accreditation and the comprehensive care that we provide.

Education and Other Projects

The pharmacy team also assists with many Family Medicine initiatives and projects. Dr. Brooker provides didactic teaching in our residents' Essentials of Family Medicine months. This year, she was also an active participant in the *Approach to Deprescribing Aspirin for Primary Prevention* project (see the Research Highlights section). Dr. Lockhart implemented an updated department policy on Non-Opioid Controlled Medication Management: Stimulants, Benzodiazepines and Hypnotics to support safer prescribing for these high-risk medications. The pharmacy team is also actively working with the QI team and department leadership to improve the safety of opioid prescribing for chronic, non-malignant pain.

Inpatient Pharmacist



Julie Kelsey, PharmD

Dr. Kelsey received her PharmD from the University of the Pacific in 1992. She then completed a PGY-1 residency at the University of Utah in 1993 and a specialized residency in OB/GYN/Neonatology at The Regional Medical Center at Memphis in 1994. Prior to moving to Charlottesville in 1996, she worked as a clinical pharmacist for high-risk obstetrics at Cook County Hospital in Chicago. She started working with the UVA Department of Family Medicine in 2010, at which time she reestablished a rounding service with the inpatient team.

Dr. Kelsey provides guidance for patient therapy during hospitalization and addresses a variety of topic areas, including:

- Anticoagulation
- Antimicrobial selection and monitoring
- Blood glucose management
- Hypertension management
- Conversions to hospice
- Transitions of care (discharge medication reconciliation)
- Patient counseling for inhalers and other medication devices
- Creating discharge medication charts with images and instructions for patients (including tables in Spanish and French)

Dr. Kelsey works with the inpatient team and often provides informal education sessions in conjunction with our Family Medicine attendings.

Evidence Based Medicine Update



The US Preventive Services Task Force, of which our Chairman Dr. Li Li is a member, recently released its **11th Annual Report to Congress on Evidence Gaps**. This report identifies and highlights high priority research needs pertaining to health equity. Highlighted areas as noted in the announcement include:

Cardiovascular Disease

- Hypertension in Adults: Screening

- Aspirin Use to Prevent Preeclampsia and Related Morbidity and Mortality: Preventive Medications

- Prediabetes and Type 2 Diabetes: Screening

- Healthy Diet and Physical Activity for Cardiovascular Disease Prevention in Adults with Cardiovascular Risk Factors: Behavioral Counseling Interventions

Cancer

- Lung Cancer: Screening

- Colorectal Cancer: Screening

A complete copy of the report can be found on the USPSTF website:

<https://www.uspreventiveservicestaskforce.org/uspstf/about-uspstf/reports-congress>

Kate DeGeorge, MD,MS is a Deputy Editor with DynaMed. As noted on the DynaMed website:

DynaMed delivers the most current and accurate, evidence-based content for practicing clinicians. Our multidisciplinary team systematically and objectively surveys emergent scientific literature and clinical practice guidelines. Relevant information is captured, appraised, and synthesized rapidly into DynaMed's clinical content, with 6 rounds of updates a day on the site. DynaMed surfaces actionable recommendations, key takeaways, and synopses, as well as allowing users to dig deep into the underpinning body of knowledge and study details.



Undergraduate Medical Education Highlights

The Department of Family Medicine continues to play a significant role in educating medical students at UVA:

- During 2021 (and through COVID), 20 third year clerkship students rotated through our department practices—roughly 1/6 of the third year class who are in Charlottesville.
- Two of our department faculty (Sharon Diamond-Myrsten and Andy Lockman) serve as longitudinal “coaches” for medical students.
- The department continues to offer a group of highly sought after 4th year electives. At present, each of them has a waitlist of students.
- The Family Medicine Clerkship is now part of the PACLAC Clerkship (Combined Family Medicine/Internal Medicine/Geriatrics clerkship). This clerkship continues to be highly rated despite multiple changes in leadership and staff support. The Director of the clerkship is now a family medicine faculty member (Dr. Terri Babineau). Terri has significant experience in medical education and joined our Family Medicine faculty in August 2020.
- A number of students have joined various writing and research efforts within the department, including the aspirin de-prescribing project highlighted in the subsequent “Research Highlights” section, as well as various papers written by students during their Caring for Refugees elective;
 - “Cancer Screening among Refugees and Potential Interventions to Increase Screening Rates”
 - “Trauma-Informed Primary Care of Refugees”
 - “Social Isolation and its Impact on Refugee Mental Health”

The papers written by these students and others during their Caring for Refugees elective are posted on the International Family Medicine Clinic website:

<https://med.virginia.edu/family-medicine/clinics/international-family-medicine-clinic/international-and-refugee-medicine-research/>



Claude Moore Medical Education Building

Graduate Medical Education

Meet Our Interns:



Micah Brickhill-Atkinson, MD

Micah is from Buckingham, Virginia. She completed her undergraduate and medical degrees and from the University of Virginia. She was on the UVA Track and Field team where she ran the 800m. She is interested in rural health and sports medicine.



Michael Springer, MD

Michael Springer was born in Hawaii but grew up in Potomac, MD. He received his BS and Certificate of Sign Language from University of Pittsburgh and graduated from Cooper Medical School of Rowan University in New Jersey, where he served as the president of the Disability Awareness Association at Cooper. He is interested in rural medicine and disability advocacy.



Priscilla Caldwell, MD

Priscilla was raised in Memphis, TN. She attended Barnard College and taught elementary school in the Bronx. She received her MD from the University of Tennessee. While at Tenn., she became active in the LGBTQIA+ Assoc., designed and delivered sex-ed workshops to high school students, and became interested in palliative care. She is also interested in anti-racist medical education, addiction medicine and behavioral health.



Hannah Thacker, MD

Hannah received her BA from the University of Pikeville, KY and her MD from the University of Kentucky College of Medicine. Hannah's interests include women's health and providing accessible healthcare to underserved populations.



Bryan Cochran, MD

Bryan is from a small town in Southwest Virginia called Wytheville. He completed his undergraduate degree from UVA and went to Eastern Virginia Medical School for his MD. His medical interests include LGBTQ+ and Latinx healthcare, clinic based procedures, and ultrasound.



Mansi Trivedi, MD

Mansi received her BA/BS from East Carolina and her MD from the Brody School of Medicine. She is also completing an MPH degree, the focus of which is to inform, educate and empower public health researchers to address ethnic and rural disparities.



Mathew Hagerman, MD

Matt was born in Hagerstown, MD. He completed his undergraduate degree from the University of Central Florida and spent several years as a laboratory chemist and chemistry teacher. He earned his MD from the University of Virginia. His interests include behavioral health, addiction medicine and sports medicine/procedures.



Gregory Turissini, DO

Greg received his BA from Amherst College, his MA from Duke University and his DO from Ohio University Heritage College of Osteopathic Medicine. Greg has been a leader and served as Vice President of his ACOFP Student Chapter and a contributing member of ACOFP's national Student Resolutions Committee.



Our PGY2 Residents

(Left to right around the table)

Adam Richardson—VCU
 Jessica Row—NY Medical College
 Nicholas Kidd—VCU
 Terrell Smith—UVA
 Danielle Bullock—Howard Univ.
 Hannah Rak—VCU
 Noopur Doshi—Brody (ECU)
 Tim Howland—VCU

Our PGY3 Residents

(First row-left to right)

Sarah Seifu—UVA
 Monique Meade—Boston Univ.
 Eli Hammer—VCU

(Second row-left to right)

Dawit Bezabih—Tufts
 Mateen Manshadi—Univ. of Iowa Carver
 Ellie Ginn—Univ. of Iowa Carver
 Ory Streeter—UVA
 Jane Forbes—Penn. State Univ.



We Have a New Residency Associate Program Director

UVA Family Medicine has a new Associate Program Director! Sarah Dalrymple, MD, graduated from our residency program in 2018 and completed our Faculty Development Fellowship in 2019. She has always had a strong passion for teaching and received the Resident Teaching award from our residents in 2020, her first year on faculty. Sarah's clinical interests include women's health and prenatal care, as well as behavioral health. Her educational interests focus around curricular innovation and improvement. She also is particularly interested in physician wellness.



Sarah Dalrymple, MD

Health Equity Curriculum



As part of our Health Equity Curriculum, our PGY2 residents visited the Jefferson School African American Heritage Center in Charlottesville, VA. The mission of the Center is to:

"Honor and preserve the rich heritage and legacy of the African-American community of Charlottesville-Albemarle, Virginia and to promote a greater appreciation for, and understanding of, the contributions of African Americans and peoples of the Diaspora locally, nationally and globally."



The Center supports an ongoing historical exhibit, an art gallery that features contemporary artists, and they host a variety of events that feature the history of the African American population in Charlottesville and the African diaspora and culture.

The Center offers a variety of educational programs and events to help individuals see the history of Charlottesville through the African American lens, to gain a greater understanding of historical narratives and to better understand the Charlottesville community in which we live.

Substance Use Disorders Curriculum

Dr. Tan and Dr. Gazewood developed a curriculum on substance use disorders to better prepare residents to identify and treat patients with these common conditions. It is a three-year curriculum that is taught in the Essential of Family Medicine months. In the first year, the focus is on smoking cessation, in the second year on alcohol use disorders and in the third year on opioid-use disorders. Dr. Tan and Dr. Gazewood help the residents develop skills in the pharmacologic and behavioral management of these disorders that includes coordination with appropriate community services. Third year residents complete the training necessary to obtain their DEA waiver to prescribe suboxone and other treatments for opioid use disorders. Residents provide care for patients in the psychiatry department's Addiction Medicine Clinic, and the Family Medicine department is beginning to provide medication-assisted treatment (MAT) for opioid use disorders in the Primary Care Center clinic.



Obesity Curriculum

With the addition of Cate Varney, DO to the department, we are excited to be able to educate our residents and faculty on Obesity Medicine. Dr. Varney has recruited colleagues from UVA departments of Nutrition and Kinesiology to develop an elective in Obesity Medicine for the family medicine residents.



Our Family Medicine residents will work with Dr. Varney in clinics within the departments of Family Medicine and Bariatric Surgery to gain experience with the full array of evaluation and management options. Residents will also spend time with Registered Dietitians for practical experience with nutritional counseling, and in the department of Kinesiology and Exercise Physiology to learn about exercise prescriptions. Additionally, Dr. Varney is developing a longitudinal curriculum for residents to take place during the "Essentials of Family Medicine" months. She also will be educating all of our department providers regarding evidence-based and patient-oriented obesity treatment during Grand Rounds and other conference sessions.

Primary Care Sports Medicine

Over the past several years, the Primary Care Sports Medicine fellowship has continued to flourish under the direction of Dr. Statuta and Dr. Kent. The number of applications continue to rise and are approaching 200 annual applicants for the one fellowship position.

We continue to revise and enhance the curriculum to meet the needs of our athletes. Recent changes include an increased focus on addressing the mental health stressors faced by athletes, particularly within the setting of the pandemic.



Our recent sports medicine research addresses a variety of content areas, including:

- COVID cardiac effects on UVA athletes,
- Exploring whether riboflavin supplementation speeds concussion recovery,
- Using video modalities to identify acute concussive events during a football game.

In addition, in 2021 Dr. Statuta was inducted into the University of Virginia's AOA Chapter (the medical school's honor society). She successfully completed a year-long International Olympic Committee (IOC) diploma course on Mental Health in Elite Athletes, earning distinct honors. She is slated to travel to New Zealand on a traveling sports medicine fellowship as one of two junior fellows elected to represent the United States and she will provide several lectures during her travels. In addition, she will be joining the US Women's National Soccer Team as a covering team physician for the U20s. Dr. Kent was honored as well this past year; he served as the head team physician for the NCAA Championship Men's Lacrosse team. It has certainly been a fun and exciting year to be part of the UVA Primary Care Sports Medicine team!

Meet our Sports Medicine Fellow



Thomas Walsh, MD

Dr. Walsh grew up and lived his entire life in the Twin Cities. He obtained his undergraduate degree in biochemistry from the University of Minnesota, where he also studied medieval literature and history. He attended the University of Minnesota for medical school as well, and there he found a passion for primary care medicine. Family medicine ended up drawing his interest, and he stayed in Saint Paul for his residency at the St. Joseph's/Woodwinds program. During residency he learned a lot about the importance of quality of life and the value of having a strong relationship with patients. He is energized by working with active, motivated patients and he enjoys the biomechanics of the musculoskeletal system, so it was an easy decision for him to apply for a sports medicine fellowship. He is thrilled to be joining the University of Virginia team and is looking forward to helping people recover from injuries and be as healthy, active, and happy as possible.

Research Highlights

For the first time in our department's history, we are ranked 24th in the nation-wide 2021 Blue Ridge NIH rankings of Departments of Family Medicine.

Aspirin De-Prescribing Project

The ASPIRE, ASPREE and ASCEND studies have called into question the safety of prescribing aspirin for primary prevention of cardiovascular disease, particularly in those over age 70. Data from University of Virginia Family Medicine outpatient clinics suggests that many patients over age 70 may still be taking aspirin inappropriately, putting them at increased risk for bleeding complications and cancer-related mortality.



Purpose: The goal of this project was to identify patients taking aspirin for primary prevention, engage patients in shared decision-making discussions and encourage provider action in aspirin de-prescribing practices.

Methods: The UVA Family Medicine Quality Improvement team, consisting of a physician (Terri Babineau), nurse practitioner (Becky Compton), clinical pharmacist (Christa Brooker), statistician (Sarah Blackstone), medical student (Abigail Piccolo) and medical resident (Ben Neltner), developed a multi-faceted intervention. Patients taking aspirin for primary prevention were identified using a thorough chart review process. Clinical recommendations were communicated with primary care providers through the electronic medical record to encourage discussion at upcoming visits. Patient and provider education was developed to increase awareness and prompt shared decision-making about aspirin use.

Results: At interim analysis four months post-intervention, aspirin was de-prescribed for 15.8% of patients over age 70 ($p < 0.001$).

Conclusion: Ever-changing practice guidelines present a logistical challenge for primary care providers. A multidisciplinary approach to quality improvement produces comprehensive solutions that enable providers to implement changes and prevent unnecessary adverse outcomes.

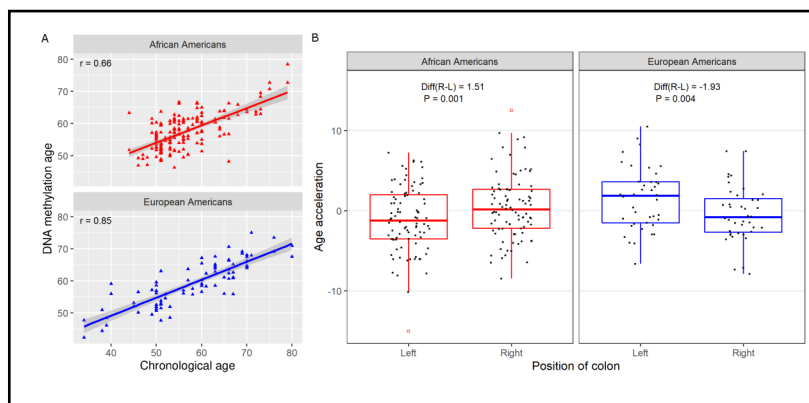
Our participating medical student, **Abigail Piccolo**, submitted to the medical student research section of the AAFP Annual Meeting and her poster won third place.



Research Highlights — Li Lab

As well as being a practicing family physician and cancer epidemiologist, Dr. Li Li, MD, PhD, MPH, has built an extensive line of research dedicated to better understanding the complex interplay of genetic, behavioral, and lifestyle factors related to colorectal neoplasia prevention. As a standing member of the US Preventative Service Task Force (USPSTF), Dr. Li has contributed to the recently updated USPSTF guidelines for colorectal cancer (CRC) screening, recommending that all adults start CRC screening at age 45 rather than at age 50. This change in colon screening recommendations will hopefully result in fewer colon cancer-related fatalities as a greater number of the asymptomatic population will be screened.

Li Lab is currently involved in a multitude of projects: Dr. Li is an MPI of an NCI-funded Cancer Disparities Planning Grant (P20) and a co-leader of a main research project of the NCI-funded Case Comprehensive



Cancer Center GI SPORE Program (P50).

These grants funded a recently published study demonstrating sharp racial differences in epigenetic aging of right vs left normal colonic tissues (see Figure; J National Cancer Inst. 2020; PMID: 33377907).

Additionally, Dr. Li is the PI of a large population-based Kentucky SEER-based Colon Cancer Genetic Epidemiology Cohort

Study and the Cleveland Colon Screening Cohort Study, both of which have been instrumental in the discovery of many novel biomarkers and gene-environment interactions for the risk of CRC (Endocr Relat Cancer 2020; PMID: 33055301. Gastroenterology 2021; PMID: 33058866).

Recently, Li Lab began collaborating with Jamie Zoellner, Ph.D., Professor of Public Health at UVA. Leveraging Dr. Zoellner's **iSIPsmarter**, a health literacy and behavioral intervention program designed to reduce the sugar-sweetened beverage (SSB) consumption among adults in rural Appalachia, Dr. Li's sub-study will investigate if/how epigenetic age acceleration and microbial profiles of individuals may change as their SSB intake changes. Excitingly, Dr. Li has also been leading an effort, with collaborations from a number of cancer investigators, clinicians, and UVA Cancer Center's community outreach and engagement team, to develop a new UVA Health population-based cohort study. This new project, the Colon Neoplasia Screening and Etiology Study (CNSES), aims to recruit a cohort of ~5,000 average-risk patients undergoing colonoscopy at UVA Health and to establish a comprehensive repository of biosamples (including colon tissue biopsies, stool, blood, urine, buccal mucosa, saliva, toenail, and/or hair) and behavioral and lifestyle risk factor information from these individuals for risk assessment and prevention of early CRC.

Research Highlights—International Family Medicine Clinic

The International Family Medicine Clinic (IFMC) served as the site for several research and quality improvement projects this year:

- Two of our residents (Drs. Jane Forbes and Noopur Doshi) discovered that refugee children comprised 40% of unique patients seen at the Family Medicine Clinic from 2015-2019, and 48% of the pediatric visits. These findings highlight the contribution our refugee patient population is making to our clinic's overall pediatric population and in helping our residents meet their target numbers of pediatric patients seen. Other collaborators included Amanda Sebring, Sarah Blackstone, PhD, MPH, and Fern R. Hauck, MD, MS. This study was presented at the North American Refugee Healthcare Conference in September, 2021.
- Krunal Patel, a rising 2nd year medical student, worked with Drs. Blackstone and Hauck this past summer on a project to examine refugee knowledge of COVID and COVID vaccinations, sources of information and vaccine rates. We found that television and social media played a large role for refugees obtaining COVID-19 information. Participants also noted they preferred in-person visits and phone calls to communicate with their healthcare providers. Vaccination rates were high among the study participants (85%) and of the six unvaccinated participants, four patients stated they were planning on getting vaccinated soon. This study is under review for publication in the Journal of Immigrant and Minority Health.
- One of our graduating residents, Dr. Molly Grover, analyzed data previously collected by MPH student Emily Cloyd, resulting in a publication that has been accepted to the Virginia Journal of Public Health entitled, *Predictors of Refugees' Ability to Pass the United States Citizenship Exam*. Drs. Hauck and Blackstone are co-authors on this paper. Refugees who had a higher level of self-reported English proficiency and more years of formal education were more likely to pass the citizenship exam. Factors that did not affect participants' ability to pass the exam included age, employment, English classes and gender. The results were presented by Dr. Hauck at the North American Primary Care Research Group Annual Conference in November 2021.
- Drs. Blackstone and Hauck examined telemedicine visits during the first year of the pandemic (March 2020—February 2021) for our Primary Care Center patients, comparing refugees to non-refugees. There were 16,736 total encounters, 3007 with refugee patients. Utilization of telemedicine was more common among non-refugee patients; 33.3% of non-refugee encounters were telemedicine compared to 25.1% of refugees. This study was presented at the North American Refugee Healthcare Conference in September by Dr. Blackstone and is being revised for publication in the Journal of Immigrant and Minority Health.

New Grants in 2021

Both Dr. Hauck and Dr. Li serve as Principal Investigator on a variety of grants received in 2021. These grants include the following:

Dr. Hauck (PI): “Using Integrative Omics as Biomarkers and Diagnostic Tools for SIDS.”

Grant awarded by the NIH Institute of Child Health and Human Development.

Direct Costs: \$492,831.

Dr. Li (PI): Case Comprehensive Cancer Center (Case CCC) Cancer Center Health Disparities SPORE Planning Grant.

Grant awarded by the NIH Cancer Institute.

Direct Costs: \$147,953.

Dr. Li (PI): Case GI SPORE.

Grant awarded by the NIH Cancer Institute.

Direct Costs: \$19,000.

Dr. LI (PI): Human Gut Microbiome and Colon Cancer.

Grant awarded by the American Cancer Society.

Direct costs: \$25,314.

Dr. Hauck also serves as Co-Investigator on two additional grants awarded to other departments in 2021:

“Support via Online Social Networks to Promote safe Infant Care Practices Toward Reducing Racial Disparities in Infant Mortality (SUPERSONIC).”

Grant awarded by the National Institute on Minority Health and Health Disparities, NIH.

Direct Costs, year 1: \$596,325.

“Exploring Transportation Barriers to Maternal Healthcare among Low-income Women of Color.”

Grant awarded by 4-VA Research Grants Program.

Direct Costs: \$25,000.

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Presentations

Casey, C, Shifatu O, Mellette M, Jacobsen B. LGBTQ+...COVID? Society of Teachers of Family Medicine Medical Education Conference, February 2021.

Hauck FR. Racial disparities in breastfeeding continuation: identification of mediating factors. Results from the Study of Attitudes and Factors Effecting Infant Care Practices (SAFE). 4th Annual Seattle Children's and Microsoft SIDS Research Summit. February 2021 (conducted remotely).

Hauck FR, Kellams A. Does safe sleep advice impact breastfeeding? Helping families follow safe sleep recommendations and successfully breastfeed. Plenary. ISA-ISPID International Conference: Driving Change in Stillbirth, SIDS and Infant Death. From Brisbane, Australia (virtual), November 2021.

Hauck FR, Kellams A, Kerr SM, Moon RY, Heeren T, Colson E, Parker MG, Rice F, I J Corwin MJ. The impact of breastfeeding and safe sleep mobile health messaging on breastfeeding and bedsharing. 2021 North American Refugee Health Conference, (Virtual), November 2021.

Grover M, Cloyd EK, **Blackstone SR**, **Hauck FR**. Predictors of refugees' ability to pass the US citizenship exam: Why this should matter to primary care clinicians. 2021 North American Refugee Health Conference, (Virtual), November 2021.

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Hauck FR, **Sebring AN**, **Doshi NS**, **Forbes JM**, **Blackstone SR**. Caring for refugee children in a family medicine residency program enhances knowledge and number of children seen. North American Refugee Health Conference. Held virtually due to COVID-19, September 2021. (Drs. Doshi and Forbes were residents at the time of this presentation)

Blackstone SR, **Hauck FR**. Refugee patients' use of telemedicine during the COVID-19 pandemic. North American Refugee Health Conference. Held virtually due to COVID-19, September 2021.

Elmore CE, **Blackstone SR**, **Carpenter EL**, Ivey de Cortez P, O'Donnell C, Uhlmann E, Vesser J, **Hauck FR**. Advancing COVID-10 vaccine equity for the refugee community. North American Refugee Health Conference. Held virtually due to COVID-19, September 2021.

Johnson K. AAFP Health Equity Fellowship. Capstone Project Summary to expand the advocacy curriculum for the University of Virginia Family Medicine Residency Program. AAFP Residency Leadership Summit, virtual conference, March 5, 2021.

Pollart S. Confronting Disrespect. AAMC Health Care Diversity and Inclusion Certificate Program, March 12, 2021

Pollart S. Intersectionality of Gender/Race/Ethnicity. The Equity Collaborative Winter Virtual Meeting: Feb 24-25, 2021

Pollart S. Staying on Track When Life Goes Off the Rails: Maintaining Progress towards Advancement. Plenary session with Diana Lautenberger, AAMC Leadership Development Seminar for Women Faculty in Medicine and Science. February 23-25, 2021, June 15-17, 2021. December 8-10, 2021

Pollart S. Effective Policies and Practices to Address Sexual and Gender Harassment: AAMC GENDER EQUITY LAB Update. Association of American Medical Colleges Learn Serve Lead 2020: The Virtual Experience. November 16-18, 2020.

Pollart S. Building Professional Presence, Part 1. Hedwig van Ameringen Executive Leadership in Academic Medicine (ELAM) Virtual presentation, September 16, 2020.

Pollart S. Towards Fully Inclusive Gender Equity: Recruitment and Selection. The Equity Collaborative Summer Virtual Meeting. August 11-12, 2020.

Pollart S. Academic Promotion for Clinicians, American Association of Medical Colleges Early Career Women Faculty Leadership Development Seminar, Minneapolis, MN. July 11-14, 2020 (meeting cancelled)

Pollart S. Career Advancement Toolbox, American Association of Medical Colleges Early Career Women Faculty Leadership Development Seminar, Minneapolis, MN. July 11-14, 2020 (meeting cancelled)

Calder G, **Pollart S**, Sutton-Wallace P, Tynan J. Beyond the Rhetoric: Creating an Organizational Culture of Inclusion, Belonging and Accountability American College of Healthcare Executives' 2022 Congress on Healthcare Leadership, March 28-31, 2022. Chicago, IL

Chatterjee A, Williams J, **Pollart S**, Chubinskaya S, Mylona E. Innovations in Leadership Development, Podium presentation at American Association of Medical Colleges Group on Faculty Affairs Professional Development Conference, July 21-24, 2020. Portland, Oregon (meeting cancelled)

Gray D and **Pollart S.** Communication Skills for Leaders, Workshop at American Association of Medical Colleges Group on Faculty Affairs Professional Development Conference, July 21-24, 2020. Portland, Oregon (meeting cancelled)

Statuta SM. AAFP Virtual Live Lectures. Recorded and will be replayed for CME credits through the AAFO with live-streaming Q&A answer sessions. Topics:

Chronic Knee Pain

Ankle Injuries

Chronic Shoulder Pain

Live Virtual Lecture/ Recording: Nov 10-13, 2021

Statuta SM. Everyday Health. Interview Topic: What Really Happens During a Marathon? Oct 2021

Statuta SM. Audio Digest. Concussion – Audio lecture. Recorded and purchasable for added training/ education CME. Target audience: Orthopedic team physicians. July 2021

Allen CW, Tan JS. Equipping Residents to Seize the Day to Address Patients' Mental Health. The Forum for Behavioral Science in Family Medicine, Virtual, 2021.

Tan JS. (panelist). Coping with the Passing of a Patient. AMA Medical Student Section Program, Virtual, 2021.

Varney CW. High Risk Medication Use and Deprescribing. American Academy of Family Medicine Chronic Conditions Course. San Diego, CA, United States. December 2, 2021.

Varney CW. Obesity Management for the Primary Care Physician. American Academy of Family Medicine Chronic Conditions Course. San Diego, CA. December 2, 2021.

Varney CW. Insomnia. American Academy of Family Medicine Chronic Conditions Course. San Diego, CA. December 2, 2021.

Varney CW. Obesity Management for the Primary Care Physician. American Academy of Family Medicine Family Medicine Experience (FMX) Annual Conference. Anaheim, CA. September 27, 2021.

Varney CW. Pediatric Obesity Management in Primary Care. 2021 Virginia Academy of Family Physicians Summer Annual Meeting and Exposition. Virginia Beach, VA. July 2021.

Varney CW. Primary Care Management of Patients Following Bariatric Surgery. Obesity Medicine Association Spring National Conference. Denver, CO. April 24, 2021.

Awards



Catherine Casey:

Robely Dunglisson Award. This award is given to a member of the faculty in recognition of outstanding teaching efforts and personal contributions toward arousing interests and inspiring the endeavors of students.

Inducted into AOA

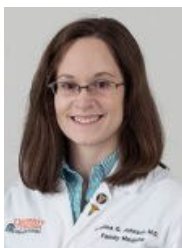


Fern Hauck:

Case Western Reserve University School of Medicine Alumni Association Special Recognition Award.

This is presented to an alumnus/a who has made extraordinary contributions in areas not recognized by the other awards, including exceptional community service, clinical expertise, teaching/mentoring, social or civic engagement, or other notable achievements. (October 2021)

Distinguished Researcher Award, International Society for the Study and Prevention of Perinatal and Infant Death. This award is presented to individuals who have made outstanding contributions to research in the area of SIDS/Sudden Unexpected Infant Death or Stillbirth as evidenced by their international reputations and publications in the field over a number of years.



Kristina Johnson:

Society of Virginia Foundation's Salute to Service Award for Service to the Uninsured and Underserved. This annual award is presented to a physician who has dedicated their abilities to improving the health of the uninsured and underserved.



Donna Landen:

Patient Experience Award for top 10% of patient satisfaction.



Andrew Lockman:

Patient Experience Award for top 10% of patient satisfaction.



Karen Maughan:

2021 Steven Meixel Teaching Award, awarded by Family Medicine Residents



Siobhan Statuta:

Alpha Omega Alpha Honor Medical Society at the University of Virginia School of Medicine. Inductees honored for exemplifying dedication to high-quality care, service, leadership, and scholarship.

Medical Education Certificate Program. This series is presented by UVA in collaboration with the Academy of Distinguished Educators. Faculty who attend 10 workshops over a two-year period receive a Certificate of Commitment to Faculty Development in Medical Education.

Congratulations to everyone for their scholarship and continued hard work.

Philanthropy

Peter Ham Memorial Education Fund

Please consider contributing to our Education Fund in memory of Dr. Peter Slagle Ham. Peter was a much loved clinician and educator in our department who tragically passed away in 2017 at the age of 50. Peter's teaching profoundly affected countless medical students and residents and he was known for his approachable style and self-effacing humor. The Education Fund will be used to support and promote the education of future family physicians and to create a tangible and visible manifestation of Peter's deep and dedicated passion for teaching and mentoring those around him.



Please visit this website to make a donation to Peter's fund: <https://www.uvamedalum.org/giving/department-funds/> Click on the "Department of Family Medicine" link. Then click on the "Peter Ham Memorial Education Fund" designation.

In June, Dr. Mark Cohee rode his bike on a 600-mile ride across Virginia to raise funds and awareness about the opioid epidemic. The route spanned from Washington, DC to Damascus, VA through many areas of Virginia most affected by the epidemic. Dr. Cohee was accompanied by two friends during the trip, and together they raised \$1,975 towards starting a Medication Assisted Treatment program at the Primary Care Center.

America continues to struggle with an opioid epidemic at the cost of over 70,000 overdose deaths per year. In contrast, there are only a handful of clinics offering addiction treatment services in Charlottesville or the surrounding communities. Dr. Cohee rode 590 miles and climbed over 50,000 feet of elevation on rough gravel roads and jeep trails during the course of the trip. His trip was featured in local and regional news, with several stations carrying the story as far away as Kentucky. During the trip, Dr. Cohee was recognized by bystanders and they thanked him for bringing awareness and support to those who are struggling with addiction.

Highlights of the trip included starting at the Lincoln Memorial, sleeping in a refurbished canal lock house on the C&O canal, eating every baked good available at passing farm stands, swimming holes, and seeing a diverse group of wildlife. Dr. Cohee overcame the terrain, burned down supply stores, wildly varying temperatures, and one close call with a black bear to finish on schedule seven days later.

Since the trip, the UVA Family Medicine Primary Care Center practice has launched the Medication Assisted Treatment program for addiction. Thank you to all who have offered support and to the staff and providers involved in the new treatment program!



(Left to Right)
Tommy Morris, Mark Cohee, Rebecca Smith

HELP US CELEBRATE!

The University of Virginia
Department of Family Medicine
will be celebrating its
50th Anniversary
in the Fall of 2022
(September 30—October 2)

We will be communicating with all of
our alumni and friends regarding our
celebration plans as they are developed.