EGD PROCEDURE INFORMATION

You have been scheduled for an EGD procedure at the Digestive Health Center at the University of Virginia Medical Center.

Your appointment is on ____________. Please arrive to register 45 minutes prior to your scheduled time.

For your comfort, you will receive sedation during your procedure. You will need to have a responsible adult driver to drive you home. The driver must be with you when you register and stay with you until the nurse speaks with them. Please inform the driver they need to be readily available to us during and after your procedure.

1. Your time with us may range from 2-4 hours. In order to have seating for all Digestive Health patients, we ask that only one person be in the waiting room with you. Please leave all jewelry and piercings at home.
2. You should not eat solid foods or milk products after midnight the night before your procedure. You may have liquids, except milk, until 2 hours before you arrive for your appointment. DO NOT drink anything after that time.
3. If you are on medicine for diabetes please call your Primary care doctor to have diabetic medicine doses changed for the day of your procedure, because you will not eat on the morning of your appointment.
4. If you are on prescription blood thinners please call us at 434-924-9999.
5. If you have medicines for heart conditions or blood pressure, please take them as usual on the morning of your appointment with a small sip of water. Please bring a list of your current medicines with you. If you use a machine at home to treat Sleep Apnea bring it with you to this appointment.

You will receive a phone call the week prior to your appointment to answer questions and review instructions. Preparing for this procedure is very important! If you have questions, call 434-924-9999 Mon-Fri 8-5pm to speak to an Endoscopy Coordinator. Thank you for using The Digestive Health Center at The University of Virginia.