ENDOSCOPIC ULTRASOUND OR ENTEROSCOPY
PROCEDURE INFORMATION

You have been scheduled for a procedure to look at your stomach and small intestine lining at the Digestive Health Center at the University of Virginia Medical Center.

Your appointment is on: ___________ at ___________.

Arrive at ___________ for registration and to prepare for the procedure.

For your comfort, you will receive sedation during your procedure. You will need to have a responsible adult driver to drive you home. The responsible adult/driver must remain at the facility during the entire procedure process.

1. Your time with us may range from 2-4 hours. In order to have seating for all Digestive Health patients, we ask that only one person be in the waiting room with you. Please leave all jewelry and piercings at home.

2. You should not eat solid foods or milk products after midnight the night before your procedure. You may have liquids, except milk, until 3 hours before you arrive for your appointment. DO NOT drink anything after that time.

3. If you have medicines for heart conditions or blood pressure, please take them as usual on the morning of your appointment with a small sip of water. Please bring a list of your current medicines with you.

4. If you use a machine at home to treat Sleep Apnea you MUST bring it with you to this appointment. Sedation or anesthesia during your procedure is like sleeping but much deeper. Medicines used during sedation and anesthesia can decrease your respiratory drive and relax tissues used to keep your airway open – thus, it is very important to use your CPAP during the procedure to maximize your breathing safely. This is true even if you rarely use your CPAP.

5. If you are on medicine for diabetes please call your Primary care doctor to have diabetic medicine doses changed for the day of your procedure, because you will not eat on the morning of your appointment.

6. If you are on prescription blood thinners please call the care coordinator you have been working with to discuss the plan, if you have not already discussed the plan previously.

7. If you are having general anesthesia you may be asked to have additional lab work or other pre-testing as part of the preparation for anesthesia. If necessary, you will be contacted with further instructions.

Preparing for this procedure is very important! If you have questions, call 434-982-0225 Mon-Fri 8-5pm to speak to an Endoscopy Nurse.

Thank you for choosing The Digestive Health Center at The University of Virginia.