**Primary Care Week**
October 4 – 8, 2021
Presented by the Generalist Scholars Program Second-year Students

**MON, OCT 4, 12-1pm – Practicing High-value Care**

In 2018, about 50% of U.S. adults reported they or a family member put off some form of health or dental care due to cost. This session is an introduction on how healthcare providers can reduce the burden of healthcare costs on patients and the healthcare system, all the while producing better outcomes!

**Location:** MEB Auditorium* (Zoom hybrid)
**Zoom Link:**
https://virginia.zoom.us/j/97376745669?pwd=elZvcG9mQmNpMStGZnIBamhDT0E3d20

**TUES, OCT 5, 5-8pm - Clinical Skills Night**

Clinical demonstration by primary care residents. The four stations being offered include splinting or sports physicals (MSK), sutures or biopsies (dermatology), vaginal delivery or LARCs (OB-GYN), and bathie (psychology).

**Location:** HSL Classrooms 1324-1337**
**SNACKS PROVIDED**

**WED, OCT 6, 12-1pm - Medical Center Hour: COVID and Primary Care**

Dr. Etz’s lab has gained national acclaim for highlighting the impact of COVID-19 on primary care physicians. Join us for a conversation surrounding COVID-19, physician strain, and the future of primary care. *(Speaker will be presenting remotely)*

**Location:** MEB Auditorium* (Zoom Hybrid)
**PARFAIT, DONUTS, AND COFFEE PROVIDED**
**Zoom Link:**
https://us02web.zoom.us/j/82231534062

**THURS, OCT 7, 12-1pm - Managing Stress and Burnout in Medicine**

Let’s face it -- med school is hard. Being a doctor is hard. It’s easy to feel overwhelmed at times. How can we achieve a sense of internal balance while balancing everything else? Join us to learn effective strategies for alleviating stress, optimizing self-care, mitigating burnout, and achieving more success in medical school and beyond.

**Location:** MEB Auditorium* (Zoom hybrid)
**BOXED LUNCHES PROVIDED BY PANERA BREAD**

**THURS, OCT 7, 6-7:30pm - Medicine and Mass Incarceration**

Join us for a presentation and Q/A addressing causes, implications, and solutions at the intersection of medicine and mass incarceration in the United States.

**Location:** MEB Auditorium* (Zoom hybrid)
**SNACKS PROVIDED**
**Zoom Link:**
https://us02web.zoom.us/j/99919584023?pwd=TmRJNDNJTTNhdlRjY1VXaElXUUQ3QT09

**FRI, OCT 8, 12-1pm - The Last Lecture: Caring for the Dying**

What does a primary care doctor need to know when taking care of a dying patient? Join us for a dialog about how to heal when you can’t cure, as Dr. Short explores his journey from family medicine to hospice care.

**Location:** MEB Auditorium*
**BOXED LUNCHES PROVIDED BY ROOTS**