

Primary Care Week October 4 - 8, 2021



Presented by the Generalist Scholars Program Second-year Students

MON, OCT 4, 12-1pm - Practicing High-value Care



Andrew Parsons. MD Internal Medicine **UVA** Assistant Professor



Glenn Moulder, MD Internal Medicine **UVA** Assistant Professor

In 2018, about 50% of U.S. adults reported they or a family member put off some form of health or dental care due to cost. This session is an introduction on how healthcare providers can reduce the burden of healthcare costs on patients and the healthcare system, all the while producing better outcomes!

Location: MEB Auditorium* (Zoom hybrid) **BOXED LUNCHES PROVIDED BY THE MARKET AT BELLAIR Zoom Link:**

https://virginia.zoom.us/j/97376745669?pwd=elZvcG9mQmNpMStGZmlB amhDT0E3dz09

TUES, OCT 5, 5-8pm - Clinical Skills Night



Mark Cohee, MD Family Medicine **UVA Assistant** Professor

Clinical demonstration by primary care residents. The four stations being offered include splinting or sports physicals (MSK), sutures or biopsies (dermatology), vaginal delivery or LARCs (OB-GYN), and bathe (psychology).

> Location: HSL Classrooms 1324-1337** **SNACKS PROVIDED**

THURS, OCT 7, 12-1pm - Managing Stress and Burnout in Medicine



Deborah Barry, PhD Curriculum and Instruction **UVA** Assistant Professor

Let's face it -- med school is hard. Being a doctor is hard. It's easy to feel overwhelmed at times. How can we achieve a sense of internal balance while balancing everything else? Join us to learn effective strategies for alleviating stress, optimizing self-care, mitigating burnout, and achieving more success in medical school and beyond.

> **Location:** MEB Auditorium* **BOXED LUNCHES PROVIDED BY PANERA BREAD**

THURS, OCT 7, 6-7:30pm - Medicine and Mass Incarceration



P. Preston Reynolds MD, PhD **General Medicine** Medical Director – Albemarle-C'ville Regional Jail

Join us for a presentation and Q/A addressing causes, implications, and solutions at the intersection of medicine and mass incarceration in the United States.

Location: MEB Auditorium* (Zoom hybrid)

SNACKS PROVIDED Zoom Link:

https://virginia.zoom.us/j/99919584023?pwd=TmRJNDNJTTNh dlRjY1VXaElXUUQ3QT09

WED, OCT 6, 12-1pm - Medical Center Hour: COVID and Primary Care



Rebecca Etz, PhD **Cultural Anthropology** Co-Director of Larry **Green Center**

Dr. Etz's lab has gained national acclaim for highlighting the impact of COVID-19 on primary care physicians. Join us for a conversation surrounding COVID-19, physician strain, and the future of primary care. (Speaker will be presenting remotely)

> **Location:** MEB Auditorium* (Zoom Hybrid) PARFAIIT, DONUTS, AND COFFEE PROVIDED **Zoom Link:**

https://us02web.zoom.us/j/82231534062

Tim Short, MD Family Medicine Hospice and Palliative Medicine

FRI, (OCT 8, 12-1pm - The Last Lecture: Caring for the Dying



What does a primary care doctor need to know when taking care of a dying patient? Join us for a dialog about how to heal when you can't cure, as Dr. Short explores his journey from family medicine to hospice care.

> **Location:** MEB Auditorium* **BOXED LUNCHES PROVIDED BY ROOTS**

*MEB: Claude Moore Medical Education Building (Auditorium is on the 3rd floor)

**HSL: Claude Moore Health Sciences Library (Lower level classrooms on the left corridor from the stairs) QUESTIONS: Contact Caroline Lebegue at cil5gum@virginia.edu or Stephen Oswald at (206) 290-9241.