TUBE FEEDING INSTRUCTIONS - PUMP FEEDING

FORMULA NAME: __________
GOAL: ___cans per day
WATER GOAL: ___ mL (___ cups) per day

For continuous or cycle feeding schedule, follow these instructions:

Amount: Pour ___cans (___ mL) of formula into the bag.

Rate: Feed at ____ mL per hour. Infused for ____ hrs (from ____ to ____), or until all formula has infused. Add the remainder of cans if they do not all fit into the bag.

Water: Give ___ mL (___ syringes) before and after feeding, along with ___ mL (___ cup) ___ times during the waking hours. This can be given as part of your medication flushes if needed.

One 35 mL syringe = ~1/8 cup
One 60 mL syringe = 1/4 cup
Two 60-mL syringes = 120 mL water = 1/2 cup
Four 60-mL syringes = 240 mL water = 1 cup

PREPARING THE FORMULA

Follow these simple directions to prepare ready-to-use-formula:

Wash your hands well with soap and water. Rinse them thoroughly. Shake the can or bottle.

If you do not use all the formula, cover the open can and store it in the refrigerator. Write the date and time on the opened container. If the formula is not used in 24 hours, throw it away.

Formula should be given at room temperature. If the formula has been refrigerated, take it out about 30 minutes before the feeding.

During and for 30-60 minutes after tube feeding infusion you should have upper body elevated 30 degrees or more, or be upright in a chair.

If you feel thirsty, you are urinating less than normal, or your urine is darker than usual, you may give yourself one cup (240 mL) or more (if needed) of water to your tube daily.

Call with questions:
Nutrition Support Specialist________________________ Phone #______________________