

INTERNATIONAL ROTATION CHECKLIST

There are inherent risks when travelling out of the U.S. Countries on the State Department's Travel Warning List can change overnight, which, per University Policy, can result in the suspension of your previously approved electives at the last minute. As such, we **strongly** encourage you to purchase trip insurance when making your travel arrangements in case you must change or cancel those arrangements at the last minute.

GME trainees who are traveling out of the U.S. for educational experiences must follow all of the following requirements and guidelines.

1. Registration with the UVA International Studies Office

Trainees are required to register with the *Study Abroad Program, International Studies Office (ISO)* at least 30 days prior to departure. Please be aware that failure to complete ISO Registration will result in cancellation of your international rotation. For Registration;

- 1) Go to <http://educationabroad.virginia.edu/registration-instructions> and click on "Hoos Abroad."
- 2) Click "Apply Now" and follow the steps.
- 3) Complete all steps in the process. Your emergency contacts here in the US and at the international site, passport information, and travel itinerary need to be entered.
- 4) There are two signature documents you can complete online by clicking a digital signature button; "*Release and assumption of risk agreement*" and "*State Department Registration*." For the State Dept. registration, you need to create an account with the State department's *Smart Traveler Enrollment Program (STEP)* program to register your travel. Once you create an account on that website, you can check off the requirement. If you are not a U.S. citizen, you can check this requirement off as "not applicable."
- 5) If you have questions, call ISO for assistance at 982-3010.

2. Medical Insurance and Emergency Travel Assistance

While the *Aetna* plan covers emergency care when traveling outside the U.S. for less than 90 days, *Aetna* does not provide direct payment for any services that you might require while traveling overseas (you must file a claim for reimbursement after care). Should you require medical care while travelling, the financial obligation would be entirely yours at the point of care, and would likely be required in cash, up front. The *Aetna* plan also does not cover medical evacuation or repatriation of remains.

Therefore, the University requires GME Trainees to purchase a supplemental plan for International Health Care and Emergency Assistance (medical or safety evacuation, and repatriation of remains). You may choose from CISI (<https://www.culturalinsurance.com/>) or MEDEX (<https://www.medexassist.com/>).

3. Traveler's Clinic Consultation

Trainees are responsible for obtaining any required travel immunizations and medications. GME Trainee Health plan does not cover immunizations required only for international travel. Please refer to the *Centers for Disease Control and Prevention* website (<http://wwwnc.cdc.gov/travel>) for up-to-date information and speak with your host site for

their requirements. The cost of immunizations is completely the responsibility of the traveler. It can be several hundred dollars at a minimum.

Immunizations are available at several places, including the UVA Traveler's Clinic, and the Virginia Department of Health (VDH). Depending on what is required, it would be worthwhile to compare costs at those two facilities prior to obtaining them. The Traveler's Clinic can be reached at (434)982-1700. The VDH, on Rose Hill Drive, can be reached at (434)972-6200.

4. Report of Work-related Injury

Any work-related injury during an away rotation must be reported to Employee Health within 48 hours of injury. Contact: <http://www.healthsystem.virginia.edu/pub/employee-health> or (434)924-2013.

5. GME Trainees on a J1 Visa

ECFMG must be informed at least 30 days in advance of any proposed off-site rotation or elective that will be conducted at a location outside of the UVA Medical Center, including international rotations. GME Trainees on J1 Visa must meet the ECFMG's requirement by completing the ECFMG Required Notification of off-site Rotation/Elective form.

<http://www.ecfm.org/evsp/notification-off-site-rotation.pdf>

6. Report and Evaluation of an International Away Rotation

- 1) Upon return, trainee needs to report to the program director about the rotation experience.
- 2) Trainees are expected to participate in the *Annual GME Research Symposium* by preparing an oral or poster presentation summarizing your experience and addressing how participation in this experience, and exposure to healthcare in a different cultural setting has enabled trainees to be a better physician, and positively impact the reduction of disparities in their practice of health care here at UVA.
- 3) Trainees must have evaluation from immediate supervisor at rotation site in a sealed envelope or online.