

UVA HAND CENTER - THERAPY

Ulnar Nerve Transposition Protocols

MD	Preferred Surgical Technique	Type of post operative orthosis	Begin AROM	Begin Strengthening
Chhabra	Subcutaneous	Heelbo	3-5 days, including ulnar nerve glides	3 weeks
Chhabra	Submuscular	Long Arm, Elbow at 90dg, forearm pronated, wrist neutral	4 weeks post op	6 weeks
Freilich	Subcutaneous or Transmuscular	NA	3-5 days, including ulnar nerve glides	3 weeks
Dacus	Subcutaneous or Transmuscular	OTC wrist immob.	3-5 days, including ulnar nerve glides	3 weeks
Deal	Subcutaneous or Transmuscular	NA	3-5 days, including ulnar nerve glides	3 weeks
Drake	Submuscular	Per script	Per script	6 weeks