August 2019 Mulholland Meeting

Wednesday, August 21 at 6 pm 1326/1328

Mulholland and Class Officers Contact Sheet

- Community concerns and shameless plugs
- Updates
 - Pres: Thank you! Orientation went well.
 - VP
 - Treasurer: Funding updates
 - CC/SMEC: Duty hour violations
 - Email to be sent out by Sarah about the rules for duty hour violations.
 - Honor
 - UJC
 - Stud Co
 - ATMS
 - MAA
 - GPC
 - GBS
 - Lounge
 - <u>Gym</u>
 - Newly painted! New treadmill! New power rack! And more! Make sure to thank Zach for taking the initiative!
 - Thank you note for alumni and AFC...

• Voting on new clubs:

- VP Amber: what it means to be a Mulholland Club & what we are looking for from clubs.
 - We are looking for clubs that can include a good number of people not too restrictive on membership. We are also looking at similarities between clubs try and explain why your club serves a different clientele.
 - *Mulholland does not fund clubs that must be applied for
 - Just because you are not a Mulholland club doesn't mean you can't be a club!
 - Benefits: funding, appearing on Mulholland website, being at activities fair?
- Clubs: what are your overarching plans and goals for your club?
 - AFFIRM Advocates for Women in Research and Medicine
 - In coordination with PhD students
 - Health Policy Interest Group
 - About 20 people show up to each meeting, sponsored by Center for Health Policy
 - Jewish Medical
 - Fun and informative!

- Sports Medicine
 - Just got approved by American Medical Society of Sports Medicine. Would like to tailor more specifically to sports med than PM&R and other groups do.
- Procrasti-knitting
 - Coordinated with SIGN on sensory hand warmers
- APAMSA
 - Goal: to foster an Asian-Pacific American community but also promote cultural exchange. Activities: potlucks, cooking lessons, movies, speakers from International Family Med clinic, interprofessional events with law school group.
- Vascular Surgery Interest Group
 - Events: technical skills workshops, curriculum (ACE), community outreach at CFC. Department and Society for Vascular Surgery will be able to fund + provide scholarships etc.
- Donate with Pride
 - Goal: create awareness and enact policy change regarding MSM not being able to donate blood. Would like to start with speakers, panels, SIM lectures + partner with law school. Funding for lunch talks.
- MIBI Medical Innovation in Business and Industry
 - "To engage medical students... in avenues they can pursue in medical innovation." Seminars, networking events, help with grant writing, etc. to help students understand the other options besides a traditional medical career.
- SOMdance Film Club
 - Movies. Ran three screenings + discussions last year.
- Teen Promise Project
 - Teaching sex ed at Peabody Middle School and the Boys & Girls Club
- Haven Clinic
 - Free clinic offering primary care + mental health services at the Haven with IM + psych residents. Would like medical students to be a part of it and help strengthen the financial and mental health screenings. Incorporate into SIM?
- SNaHP
 - Goal: "to educate students about single-payer healthcare... and channel this knowledge into engagement to promote health justice." Info sessions on healthcare policies, call-a-thons, tabling, discussions of health justice, national conferences.
 - Differences from Health Policy Interest Group: HPIG is more about education than policy
 - Note: Does not require a paid membership.

- Pets in Medicine
 - Goal: connect medical student pet owners to make an easy and organized way to coordinate pet sitters. Events: volunteering with SPCA, etc.
- Medical Korean
 - Space for people to learn Korean and Korean medical skills. Relevant because NOVA has one of the largest Korean areas. Would like to invite Korean physicians to talk about their experiences.
- All approved!!
- Debriefs
 - Mulholland Presentation
 - SMD 23 welcome <u>Video</u>
 - Improvements for next year?
 - Make not on FCM day
 - Timing with clerkship break
 - Less time around 1 hour 30 minutes
 - Structurally explaining how mulholland and class officers fit in together
 - Honor Presentation & lunch
 - Too much time
 - Activities Fair
 - Fire Code violated by number of people in the LS
 - White Coat
 - Gateway dinner
 - Social and Service Orientation
 - VMOO
 - Big Sibs/Dear First Year letters
 - Gear Sales
- Discussion and Brainstorms
 - Inova leadership positions: next meeting
 - Sub-President- what should the name be?
 - Service
 - Honor and Judiciary
 - ATMS/LCI rep
 - Social chair
 - SMEC rep
 - Gym/Lounge/Facilities manager?
 - Lounge clean: Meal prep and fridge respect
 - No lunchboxes please!
 - Weekly cleanouts
 - Common house: JT
 - Place off the downtown mall
 - Offered to pay for med students to visit

- Professional Coaching Workshop on 10/12 with A Whole New Doctor
 - <u>Testimonials:</u>
 - <u>Article</u>
 - Let me know if you're interested in applying!
- LeverEdge: graduate student loan collective bargaining group at Harvard .
 - <u>https://leveredge.org/</u>
 - <u>https://www.wsj.com/articles/m-b-a-students-have-billions-in-federal-loans</u> -<u>data-show-11564830000</u>
 - "We are not a lender and we do not charge students. Put simply, we use group buying power to negotiate student loan deals, as covered today."
- Upcoming Events
 - SMD22 panel for SMD 23 (Pres Courtney and Friends with Student Guidance Edwin and Corey)
 - Subject: introduction to M1, school/life balance, how to make friends
 - Date: 09/03/19, will be a part of wellness week
 - SMD21 panel for SMD22: Student Guidance Corey and Edwin
 - Contact from SMD21?
 - Subject: logistics of preparing for step 1 and clerkships
 - Date?
 - ATMS's panel on failure in medical school collaboration with CALM
 - First of a series of peer-to-peer mentorship
 - Contact: Natalie Hillerson
 - Date: After first CV and FOM summative 09/10/19
 - Big sibs: ATMS. meeting in fall?
 - Sibs dinner 9/12/19
 - Fall elections: Webmaster Kara
 - Schedule of dates and deadlines?
 - Last years: 8/20 noms due, 8/27 statements due, 9/3 voting
 - This year: tentative
 - Nominations starting 8/23 (Fri) & start collecting nominations (rolling?)
 - Statements due 9/6 (Fri)
 - Vote 9/9-9/13 (M-F)
 - Announce 9/15 (Sun)
 - Sept Mulholland meeting 9/17 (Tues)
 - Positions available

Mulholland Officers

- Secretary (one first year)
- Community Service Chairs (2)
- Webmaster (1)
- Pre-Medical Mentoring chair (1- first year)

• Preclerkship Group for Research in Medical education- (1 first year)

Class Officers

- First year class
 - President
 - Vice President
 - Treasurer/Secretary
 - Social Chairs (2)
 - Fundraising Chairs (3)
 - SMEC (2)
 - ATMS/LCI (3)
 - MAA (1)

Other: vacant positions?

- Fall social events: Social Chairs Hannah and Mike
 - Date?
 - Idea?
- <u>Mini-Med school</u>: Pres Sarah
 - Wednesday evenings in September and October (9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23); 6:30p-9p
 - September and October meetings will take place on **Tuesdays** instead
 - Need a lot of volunteers for each day
 - You can be a great volunteer <u>regardless</u> of your year in med school
- Faculty luncheons: VP's in Sept/Oct
- Talent Show:
 - Room reservations!
 - Act schedules
- GPC convocation: August 25 at noon at the lawn.
 - They have great food! And they also have music.
 - Good networking with med students, other graduate students, and administration from across the university
- Future Items
 - Wendy from the Medical Alumni Association (dinner?)- September
 - Hudson to discuss the (potential) parents committee- October
 - Med School band: Crozet August 24 and August 31 with other grad programs

Post-meeting discussions

- Treasurer class budgets, PTAO, budget contact person
- SMD20 class officers class funds- yearbook vs graduation and match week

Next meeting - tentatively Tuesday, September 17th at 6 pm

*Please note that our September and October meetings will not be on Wednesday due to Mini Med School.