Mulholland Monthly Meeting Minutes: July 20th, 2022

Zoom link: https://virginia.zoom.us/j/3679337978; Meeting ID: 367 933 7978

Community Concerns and Shameless Plugs

- Please sign up to host an event for SMD26 Social Orientation!
- Submit a Welcome First Year Letter by August 5th here!!
- Lounge makeover will be happening starting next Monday, July 18th
- If you or someone you know has received Mulholland Society approval on a funding request and you have NOT been reimbursed, the absolute deadline for submitting your reimbursement request is August 1st! (contact Danny with questions or concerns)
- If you are part of a student club that has NOT completed Club Review, please contact Mira or Misky ASAP!
- Please add your name to this spreadsheet if you may be looking for temporary housing in Charlottesville or Northern Virginia: Inova-Charlottesville Housing Exchanger/Temporary Housing:
 https://docs.google.com/spreadsheets/d/13byTNCmq0PUyYJUG0sZtsLKpeCoev_8kbtuPUxgk_WY/edit?usp=sharing

• Updates + Debriefs

- Overall Mulholland Society budget is still under review by admin
- o 3D Printing Club funding request for new 3D printer (Jasraj Raghuwanshi)
 - HSL has not had a 3D printer for several years. It is out of the library's budget to repair or replace this printer.
 - 3-D Printer is not available within the SOM. Dr. Trowbridge (faculty leader of UVA Medical Design) no longer works at UVA; he has moved to a new job.
 - 3-D Printing Club leadership team conducted research on the highest quality, cost-effective printer, which they found for \$250. This specific

- printer will require minimal maintenance. Cost for 1 kg roll of filament: \$15
- Goal of the printer: foster education for 3-D printing through tutorials, partnering with Dr. Moyer for anatomical models, assisting student research project and providing an opportunity for students interested in 3-D printing to further their interest/learn more
- Anticipate the cost will come from 2022-2023 Mulholland Budget
- Discussion for this funding request will continue after we receive approval for the new budget
- Gala reservation and deposit have been made January 7th, 2023!
- Student Wellness Reform
 - Please fill out the **anonymous** student survey <u>found here</u>
 - Reinstating the Wellness Steering Committee (in communication with Drs. Barry and Redick) and starting a student policy proposal
 - Seems that students in the past have proposed the idea of embedded counselors in the SOM/SON, but funding has been an issue Dean Keeley is involved and this is an ongoing topic of conversation
 - Ideas currently discussed: psychiatrist present on-campus for SOM students exclusively; possible program where CAPS would be required to set up an appointment with each student at the beginning of the year, but students would have the opportunity to opt-out if would like
 - Met with representatives from the SON Compassionate Care Initiative
 - Goal is to propose a multi-pronged approach to administration, compiling research from other schools
 - Preliminary responses on Wellness Reform Survey
 - Protected time off during pre-clerkship, clerkship and 4th for wellness; release of each rotation's schedule earlier on to allow for planning
 - Wellness Lecture: varied thoughts
 - Understanding that wellness looks different for each student and students should be given the time off to

- practice wellness in whichever way they prefer rather than being required to watch lectures
- Lectures may be beneficial to sharing tools for wellness strategies
- Hearing primarily from fellow students, residents and attendings about their own experiences if lectures must be continued
- Incorporating interactive activities such as art therapy, healthy eating workshops and therapy dogs for wellness lectures
- Integration of wellness at curriculum level
- Overwhelming support for on-staff psychiatrist and psychologist
- Please reach out to us if you are interested in helping with these efforts.
- New club application: please look out for a virtual form on the Mulholland website. Deadline will be September 10th at 11:59. Please disregard the paper copy application currently on the website, we are working on updating the page.

Discussions and Brainstorming

ORIENTATION!

- Mulholland Society Presentation August 8, MEB Auditorium, 3:40pm
 - Please update the slides with your picture :)
 https://docs.google.com/presentation/d/1CTcWcSkEFmydyCYHg2
 soWL AQ6xg5uxW/edit?usp=sharing&ouid=116796066575659514257&
 rtpof=true&sd=true
 - Please swing by to present your slides if you are available. Please reach out to Misky or Mira if you are not able to make it:)
 - Big thank you to Lindsey, Danny and all the M2s working on the orientation video for SMD 26.
- Activities Fair August 8, MED Learning Studio, 5pm
 - MAA is providing snacks!

- Activities Fair <u>sign up sheet</u> is live!
 - If you are a club leader, please also update your <u>club's</u> <u>slides here</u>
 - Also check here to ensure the <u>blurb on the Mulholland</u> website is up to date!
- Social Orientation for 2026
 - VMOO
 - Student-led social orientation events
 - Please reach out to Paige and Parker ASAP if you plan to host an event that is not yet on the website.
- Pirate Party
 - Price will be the same as last year.
 - More information will be sent out this coming week.
- ATMS upcoming events
 - Welcome BBQ
 - o August 5 @ Penn Park, 6-8
 - Field Day **8/14 or 8/21** (still tbd)
 - Big/Little Sibs program
 - o Sign up here
 - o Trivia Night! August 11 @ 6, LS
 - SMD26 will be sent their form during social orientation
- Day of Service August 9, noon
- Anyone and everyone please add to our welcome packet!
- White Coat Ceremony August 12, 4pm
- Locker surprise for SMD 26
 - We will be placing encouraging messages and small bags with candy in the locker for each M1.
- Upcoming Events and Future Items

o IIC-

- Cultural Fair to be hosted in learning studio or grassy area between
 MedEd and Hospital- September 2022
 - Mulholland can reimburse for grocery preparation. Mulholland E-Board will reach out to IIC to finalize logistics for reimbursements.
- SOM Clothing Drive + Thrift Store @ INOVA and Cville INOVA's projected to occur in Sept./Oct, Cville's in October
 - Funds raised will be donated to local charities

Social Media:

- Please continue to share pictures with Paige and the social media team for Instagram posts.
- Have had some difficulty gaining access to pictures for school-wide events before it is posted in other platforms
- Will reach out to faculty and MAA