

Up-To-Date From the Mulholland Society

Official Newsletter of the UVA School of Medicine

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Message from the New Mulholland VPs

Andy Hoang and Kavi Wick

Hello friends,

In this season of warming weather and longer days, we wanted to dedicate this month's message to all of you.

Kavi and I are excited to work with the rest of the team to create more value propositions for our esteemed program. This weekend, we will be welcoming 150 admitted students as part of our Second-Look Weekend. This is the Admissions team's flagship event thanks to your outstanding work to offer a wide variety of clubs and extracurricular activities that help UVA stand out amongst the top medical school programs in the country. The Second-Look committee will be emailing later this week inviting you to pop in the many events that our clubs will be offering the admitted students – and everyone would love to have current students participate in the festivities.

We will also be hosting our annual Resident-Student Meet & Greet virtually on Monday, April 29th at 6PM. This is a longstanding tradition at the UVA School of Medicine where current residents volunteer their time to network in small groups with medical students of all levels. We have confirmed that residents and fellows from several underrecognized specialties will be in attendance. This is a fantastic opportunity for students who are curious about future residency options and/or how the program at UVA operates. Keep an eye out for a sign-up sheet coming soon!

The next edition of the Mulholland Newsletter will be a special edition honoring our graduating SMD24 class, to be released on Sunday, April 28th. We will be emailing the Class of 2024 with an invitation to share any memories, stories, and/or pictures they have from their time at UVA to be featured in the April Newsletter. Get ready for another special mixtape of nostalgic songs dedicated to the Class of 2024 featuring artists from their time as students starting from grade school, through college, and of course, medical school!

As always, please do not hesitate to reach out if you need anything.

Virtual Hugs,
A & K

New Clubs

Welcome to the Mulholland Society!

**Take a Look at
our New Clubs
Using the Link
Below**

[Spring 2024 New Clubs](#)

March Club Updates

As part of the new elective body, we have approved 17 new clubs as part of the Mulholland Society, please visit the link to see their goals and activities!



Morven Student Days

From Dean Redick

Each semester, UVA's Morven Sustainability Lab hosts a series of Student Days where UVA students are invited to explore, experience, and enjoy Morven's unique landscape. Students will be able to use both our indoor and outdoor spaces to study, relax, socialize, and connect with nature. We seek your support to spread the word on our spring Student Days through your communication channels and networks.

This semester, Morven's student days be held on March 22, April 11, April 26, and May 1. I've attached a marketing package with materials that can be posted on social media and utilized in your email and/or newsletter systems as you see fit. Below you will find descriptions for each item along with language content to support the graphics.

UVA's Morven Sustainability Lab (MSL) presents their annual Student Days. On four days throughout the spring, Morven invites UVA students to reconnect with nature as they explore, experience, and enjoy the property's unique landscape and various indoor space. Learn more about Student Days and the Morven Sustainability Lab by visiting their website.

Please use the below email language for your newsletters or other email communication systems.

UVA's Morven Sustainability Lab (MSL) will host three Student Days this spring on Friday, March 22, Thursday, April 11, Friday, April 26, and Wednesday, May 1. They are excited to welcome students back to enjoy studying and relaxing at various spots around the property, Arepas food truck, therapy dogs, and a special Earth Week hike with faculty director, Elizabeth K. Meyer on April 26th! To learn more and register to attend - visit the Morven website.

MORVEN STUDENT DAYS

Spring 2024 Dates

March 22nd, April 11th, April 26th, & May 1st

[Register Here!](#)



2024 Trainee Diversity & Inclusion Conference

Dear Medical Students,

We are excited to invite you to HCDI's 6th Annual Trainee Diversity and Inclusion Conference (TDIC), which will be on Saturday, April 13th, from 8am – 3pm! This year, we are eager to center our efforts on a pressing issue – housing insecurity and its impact on health outcomes. We are examining this issue from various perspectives: community, health system, and the political/infrastructural. This conference also aligns with National Fair Housing Month in April. The theme for this year's conference is "Bridging Home & Health: Mobilizing Healthcare in the Fight Against Housing Insecurity," and our keynote speaker is Dr. Calvin Johnson – Deputy Assistant Secretary for Research, Evaluation, and Monitoring at the United States Department of Housing and Urban Development (HUD) & Commissioner of the U.S. Commission on Civil Rights.

We aim to foster multidisciplinary discussions, engaging community partners, health system intra- and post-hospitalization housing experts, and housing policy experts. By doing so, we seek to understand the current landscape of housing insecurity comprehensively. We also aim to explore how trainees, faculty, and staff can be attuned to these challenges when caring for patients while discussing effective advocacy strategies to ensure optimal care post-hospitalization despite prevalent structural inequalities.

We hope you will be able to join us in person during this year's conference. We are also offering a virtual option as it allows for built-in flexibility with time commitments and opens the discussion to interested individuals across the nation. If you cannot attend in person, please pass on the word to someone else who might! This conference is open to medical students, trainees, faculty, nurses, APPs, and staff from UVA and other institutions. Breakfast, lunch, and most importantly coffee will be provided. Please also see our save the date attached.

Please register for the event [here!](#)



Saturday, April 13th

8am – 3pm

UVA Claude Moore Medical Education Building

April Wellness Week

Wellness Week Planning Committee

Hello everyone!

Through the first week of April, we will be hosting a week full of wellness festivities! This year we will be focusing on all manner of mental health, including work outs, stress relievers, food/festivities, and presentations on managing stress and mental healthcare.

The schedule for Wellness Week is in the google sheets linked below! Events that require sign-up in advance will be listed as such, otherwise, you are free to drop in at your leisure. Schedule and sign-up sheets can be found here:

https://docs.google.com/spreadsheets/d/1eewpLNPxyrd9_spmW_r9hEUqRrCPsbO3aLz7vqtMbRc/edit#gid=0

For Charlottesville clerkship students, we will have coffee for you in the workrooms throughout the week at the following locations:

- Monday: 2M Student Lounge
- Wednesday: Med Ed Student Lounge
- Thursday: Peds Clerkship Lecture Room – Battle Building

For INOVA clerkship students, we will have treats for you in the workrooms throughout the week at the following locations:

- Student Lounge, IM workroom, Peds workroom, Surgery workroom and OB workroom

Best,
Wellness Week Planning Committee

p.s. Please reach out to Mallika or Serena for any questions that may come up!



Healthcare Club Grad Mixer (& More!)

Mulholland Social Chairs Stephanie and Taylor

Hi everyone,

Happy Saturday! Taylor and I are so excited to be serving as your new Mulholland Social Chairs, and we look forward to a great year of fun events and happenings.

In case you want a head start on adding to your April social calendar, we wanted to pass along the following invitation on behalf of organizers from the UVA Darden School of Business Healthcare Club:

Event: Healthcare Club Grad School Mixer! Come socialize and network with members from UVA Law, Medical School, Health Policy, Public Health, and Darden Healthcare Club.

When: Tuesday, April 2, 2024 from 6:30 to 8:30 PM

Where: Kardinal Hall, 722 Preston Ave #101, Charlottesville, VA 22903

Deals: A note from the organizers, "The Darden Healthcare Club is hosting and will provide drinks and apps (up to a certain limit). We hope to see you there!"

With regards to UVA SOM events that we're working on as your Social Chairs:

- Second Look Weekend – We're less than a week away from the Class of 2028's Second Look! Thank you to all the club leaders who have signed up to host an activity, we're looking forward to a fun weekend with socializing and fun memories! If you are interested in signing up to host (or participate!) in small group activities for prospective students on the afternoon of April 6th, please sign up on [this spreadsheet!](#)
 - Note that this is the same spreadsheet sent to club leaders on 3/26 with the subject line, "Hosting Small-Group Activities During 2024 Second Look"
- Med Prom – The rumors are true – Med Prom is just around the corner, with a tentative date in early May. We plan to have more information for this night of nights in the next couple of days, so keep an eye out in your inbox! We hope the event will be a night to remember, last forever, and maybe even never, ever, ever forget.

If you have any questions, comments, thoughts, or concerns please do not hesitate to reach out to us via email or text!

