Pelvic Floor Physical Therapists

Charlottesville Area

Physical Therapy @ ACAC:
(in network provider)
Judy Zacharia, MSPT- judyz@aacpt.com
- Urinary incontinence
504 Albemarle Square
Charlottesville, VA 22901
Phone: 434-817-7848
Fax: 434-465-6834
www.aacpt.com
*Kid zone access available

Lewis Pelvic Floor Therapy:
(out-of-network provider)
Lisa Lewis, PT, MS
3040 Berkmar Drive, Suite A
Charlottesville, VA 22901
Phone: 434-960-4434
Fax: 434-260-8681
www.lewispft.com

PT Plus:
(in-network provider)
Lauren Poole, MPT
5690 Three Notch'd Rd., Suite 107
Crozet, VA 22932
Phone: 434-823-7628
Fax: 434-422-3601
www.ptplushealth.com

Women in Motion Physical Therapy LLC
(out-of-network)
Michelle Little, PT, DPT, OCS - mlittle@WomenInMotionPT.com
- Orthopedic Clinical Specialist
- Obstetrics and Pelvic Health
1747 Allied Street, Suite 1,
Charlottesville, VA 22903
Phone: 434-202-4118
Fax: (434) 329-7484
www.WomenInMotionPT.com

UVA Encompass Health:
(in network provider)
Lauren Silvey, PT- Lfs8tr@virginia.edu
515 Ray C. Hunt Drive
Charlottesville, VA 22903
Phone: 434-244-2015
Fax: 434-297-9707
www.encompasshealth.com

Passages Physical Therapy:
(out-of-network)
Pat Huston, PT, MSPT, BCB-PMD, PYT-C
Laura Panzarella, PT, DPT
1110 Rose Hill Drive, Suite 101
Charlottesville, VA 22903
Phone: 434-979-5559
Fax: 434-979-0747
https://www.passagespt.com/

Fishersville/Waynesboro/Staffon Area

Augusta Health Physical Therapy:
(in-network provider)
Ashley Kane, PT, DPT
Grechen Cassell, PT, DPT
107 Medical Center Circle
Fishersville, VA 22939
Phone: 540-932-5935
Fax: 540-932-5945
www.augustahealth.com/therapy/outpatient/
physical-therapy

Horizons Physical Therapy:
(in-network provider)
Valerie Staple, PT
Kathy Werner, PTA
Amy Hildebrand, PTA
201 Osage Lane, Suite 3
Waynesboro, VA 22980
www.horizonsphysicaltherapy.com
PRO Motion Physical Therapy:
(in-network provider)
*Amanda Keatts, MPT*
3127 Valley Avenue, Creekside Station
Winchester, VA 22601
Phone: 540-667-1800
Fax: 540-636-8753
www.mypropt.com

Dynamic Physical Therapy:
(in-network provider)
*Jennifer Dison, DPT*
7210 Heritage Village Plaza #101
Gainesville, VA, 20155
Phone: 703-754-0394
Fax: 703-754-0254
www.dynamicsphysicaltherapty.com

**Roanoke Area**

Back to Basics Family Physical Therapy:
(in-network provider)
*Francine Noel-Ford PT, DPT, OCS, MBA, MTC, PhD*
francine@backtobasicsPT.com
7768 Williamson Road
Roanoke, VA 24019
Phone: 540.985.0500
Fax: 540.985.0529
www.backtobasicsPT.com

Carilion Clinic Urology - Roanoke
(in-network provider)
*Ranessa Gibson, PT, DPT*
*Kerry Ann Conrad, DPT, CWS, CLT*
101 Elm Avenue, Suite 400
Roanoke, VA 24013
Phone: 540-985-4099
Fax: 540-985-4061
www.carilionclinic.org
Culpepper Area

Novant Health Rehabilitation-Powell Wellness Center/UVA Culpepper Medical Center:
(in-network provider)
Stacy Kiser, PT
1005 Golf Drive
Culpepper, VA 22701
Phone 540-829-4162
Fax: 540-727-9634
https://www.novanthealthva.org/services/rehabilitation/physical-therapy.aspx

Richmond Area

Women's Health Physical Therapy & Men's Pelvic Health:
(in-network provider)
Cora Hult, PT, DPT, MACT, BCB-PMD, IF
Casey Smith, PT, DPT, WCS, CSCS
Ashleigh Scott, PT, DPT
Emily Driscoll, PT, DPT
Angela Thomas, PT, OCS
2002 Bremo Road, Suite 202
Richmond, VA 23226
Phone: 804-282-3500
Fax: 804-282-3533
www.obgyn-physicaltherapy.com

Madison Area

Novant Health Rehabilitation/UVA Culpepper Medical Center:
(in-network provider)
Yelena Sholomitskii, PT
1480 N. Main Street, Suite B
Madison, VA 22727
Phone: 540-948-3620
Fax: 540-948-6753
https://www.novanthealthva.org/services/rehabilitation/physical-therapy.aspx

Progressive Physical Therapy:
(in-network provider)
Myra Pumphefrey, PT, DPT
Shawna Mayers, PT
5300 Hickory Park Drive, #110
Glen Allen, VA 23059
Phone: 804-270-7754
Fax: 804-270-7756
www.progressivephysicaltherapy.com

Lynchburg Area

Centra Rehabilitation Center for Pelvic Health:
(in-network provider)
Brandy Wilson
Kelsey Wood
3300 Rivermont Avenue
Lynchburg, VA 24503
Phone: 434-200-7600
Fax: 434-200-1294 / 434-200-2045
https://www.centrahealth.com/RehabServices/locations

VCU Pelvic Health/Stoney Point:
Megan Swenek, PT, DPT, WCS
8700 Stony Point Parkway
Richmond, VA 23235
Phone: 804-330-9105
Fax: 804-323-1011
https://www.vcuhealth.org/services/pelvic-health/pelvic-health

VCU Pelvic Health/North Hospital:
Laura Theone, DPT
Kelley Ryan, PT, DPT, WCS
Lisa Cole, DPT
1300 E. Marshall Street
Richmond, VA 23298
Phone: 804-828-0246
Fax: 804-237-6612
https://www.vcuhealth.org/services/pelvic-health/pelvic-health
Mindful Movement Physical Therapy & Yoga:
Kaylee Karst, DPT
112 N. Arthur Ashe Blvd.
Richmond, VA 23220
Phone: 804-396-2549
Fax: 804-404-9556
www.mindfulmovement-pt.com

Virginia Urology - Stony Point:
(in-network provider)
Katherine M. Oxford, DPT, OCS
9101 Stony Point Drive
Richmond, VA 23235
Phone: 804-330-9105
Fax: 804-521-1061
https://www.uro.com/services/physical-therapy/

Harrisonburg Area

Appalachian Pelvic PT
Colleen Whiteford, DPT, OCS
2035-45 E Market Street
Harrisonburg, VA 22801
Phone 540-209-9877

MV called and spoke with her; she has some training in pelvic PT but mainly focuses on external approach. Has special training in some sort of fascial release. Does not usually do internal work.

Sentara RMH Therapy Services
Linda McKenney Larsen, PT
1790-64B East Market Street
Harrisonburg, VA 22801
Phone: 540-564-5559
Fax: 540-433-2839

Sheltering Arms - Reynolds Center:
(in-network provider)
Amy Stuart, PT, MPT
6627 W. Broad Street
Richmond, VA 23230
Phone: 804-764-1000
Fax: 804-764-5710

Sheltering Arms - Hull St. Center:
(in-network provider)
Deborah Marchese, PT, DPT, OCS, Cert. DN
13530 Hull Street Road
Midlothian, VA 23114
Phone: 804-764-1000
Fax: 804-764-5710

Sheltering Arms - Hanover Rehab Center:
(in-network provider)
Lisa Edwards-Valad, PT
8226 Meadowbridge Road
Mechanicsville, VA 23116
Phone: 804-764-1000
Fax: 804-764-5710
www.shelteringarms.com

Virginia Urology - Reynolds Crossing:
(in-network provider)
Laura Broman, PT, MS, ATC
6900 Forest Avenue, Suite 200
Richmond, VA 23230
Phone: 804-330-9105
Fax: 804-521-1061
Southwest VA Area

State of Franklin OB/Gyn
*Melanie Abbott, PT, DPT*
*Noelle Eads, PT, DPT*
*Gracie Baker, PT, DPT*
301 Med Tech Parkway, Suite 200
Johnson City, TN
Phone: 423-794-1300
Fax: 423-794-1820
https://www.sofhaobgyn.net

Benchmark Physical Therapy
*Jennifer Hammitt, PT*
2913 Boones Creek Road, Suite 1
Johnson City, TN 37615
Phone: 423-232-0688
Fax: 423-232-0687
https://benchmark.urpt.com

Result Physical Therapy
*Amanda Price, PT*
2312 Knob Creek Road, Suite 200
Johnson City, TN 37604
Phone: 423-232-8302
Fax: 423-794-1485
https://www.resultsppt.com/johnson-city-tennessee

Can also search these websites for other certified/qualified pelvic PTs:

https://aptapelvichealth.org/
http://www.apta.org/
https://pelvicrehab.com

Norton Community Hospital
*Bess Mathisen, DPT*
100 15th Street NW
Norton, VA 24273
Phone: 276-439-1450
Fax:
https://www.balladhealth.org/outpatient-rehab/norton-community-park-ave

Sullivan Center
*Janet Hall, PT*
103 W. Stone Drive
Kingsport, TN 37660
Phone: 423-224-5751
Fax: 423-224-5776
https://www.balladhealth.org/outpatient-rehab/sullivan-center-kingsport

Johnston Memorial Hospital
*Kim Lovett, PT*
445 Porterfield Hwy SW, Suite B
Abingdon, VA 24210
Phone: 276-623-0153
Fax: 276-623-1672

https://www.balladhealth.org/outpatient-rehab/physical-therapy-abingdon-va