

Dear Trainees,

It was this time of year, three years ago, when we in the GME Office stood in front of a group of incoming trainees who were arriving in Charlottesville (between a KKK rally and what turned out to be the AltRight rally), denounced racism and affirmed our support of Black and other trainees of color. It is incredibly distressing that we are now writing to affirm our condemnation of the killing of George Floyd by the Minnesota police. We condemn the death of Breonna Taylor by Louisville police. We condemn the death of Tony McDade, allegedly at the hands of Tallahassee Police, and the deaths of other members of the Trans community, largely unacknowledged. We condemn the death of Ahmaud Arbery at the hands of racist individuals. We condemn all police brutality. We acknowledge the history of racism in this country, our town and in medicine. We acknowledge the impact of this on the lives of many of our patients, most recently seen in the disparate burden of Covid-19 on Black and Latinx communities. We acknowledge the impact of this on you, our Black, Latinx and non-White trainees who must navigate both systemic racism in your personal lives and interpersonal racism from your patients and colleagues in your professional lives. The GME Office sees this, and we see and love you as you strive, daily to demonstrate your excellence in spite of this oppression. In the strongest of terms we embrace anti-racism as a daily practice in all that we do in GME. We commit to continuing to raise our self-awareness, our self-education and to making informed and thoughtful antiracist decisions that protect you, support you and lift you up.

Diane and Susan

Diane Farineau
Director, GME Office

Susan Kirk, MD
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Our colleagues at CUNY SOM have compiled the following resources we would like to share with you. If we can help you in any way, please reach out to us directly.

Resources for Engaging in Anti-Racism Work and Practicing Solidarity

- [Resources for Engaging in Anti-Racism Work](#)
- [We are Living in a Racist Pandemic](#)
- [Your Black Colleagues May Look Like They're Okay – Chances are They're Not](#)
- [Affirming Black Lives Without Inducing Trauma](#)

Resources for Black, Indigenous and People of Color (BIPOC) to Engage in Self-Care

- [Surviving & Resisting Hate: A Toolkit for People of Color](#)
- [Self-Care Tips for Black People Who Are Struggling with this Very Painful Week](#)
- [Self-Care for People of Color after Psychological Trauma](#)

Ways to Support Current Developments in Minneapolis:

- [Minnesota Freedom Fund](#)
- [Black Visions Minneapolis, MN](#)
- [Reclaim the Block](#)