

THE UNIVERSITY OF VIRGINIA DEPARTMENT OF ORTHOPAEDICS
IS PLEASED TO PRESENT

THE **2023** ORTHOPAEDIC SURGERY ALUMNI WEEKEND

APRIL 20-22, 2023



**UVA Health Orthopaedic Center – Ivy Road
Charlottesville, Virginia**

 **UVAHealth**

Provided by the University of Virginia
School of Medicine and School of Nursing

COURSE OVERVIEW

This conference is designed for orthopaedic practitioners including surgeons, nurse practitioners, and physician assistants. A primarily case-based format will be used to explore the surgical and alternative management of patients within the subspecialties of joint replacement, trauma, pediatrics, hand and upper extremity, foot and ankle, shoulder and knee, and spine. Each presenter will engage the audience in an exchange of ideas and opinions ending with an overview of the best evidence for the problem(s) highlighted in the case. Panel discussions will allow for discussion of complex cases, and each session will include opportunities for audience participation.

COURSE OBJECTIVES

- Review advances and current best practices in each of the following fields, foot/ankle, hand, spine, joint arthroplasty, pediatric orthopaedics, orthopaedic trauma surgery, and sports medicine
- Discuss and debate controversies relevant in each of the orthopaedic subspecialties
- Provide an update and discuss relevant issues in today's health care environment that are prudent to providing optimal patient care in a fiscally responsible manner

EDUCATIONAL OBJECTIVES

At the completion of the 2023 Orthopaedic Surgery Alumni Weekend, the participant should be able to:

- Evaluate and discuss complex cases involving orthopaedic pathology of the foot and ankle, hand and wrist, and spine
- Identify and appropriately utilize new and emerging techniques in pediatric orthopaedics, musculoskeletal trauma and sports medicine
- Choose efficient methods of providing orthopaedic care in a changing health care environment

ACCREDITATION AND DESIGNATION STATEMENT



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **9.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine and School of Nursing awards **9.0 hours of participation** (consistent with the designated number of AMA PRA Category 1 Credit(s)™ or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

REGISTRATION

Registration and payment are available at www.cmevillage.com, (visit our Learning Portal or Upcoming Events). Registration will close at midnight on **Sunday, April 16th. NO WALK IN REGISTRATION.** The course syllabus will be available online only the week of the conference until 30 days after the conference. Please Note: Policies on Cancellation, payment methods and accommodation requests can be found on our website under FAQs. Additional questions, please contact uvacme@virginia.edu or 434-924-5310.

Physicians \$550
NP and PA..... \$450

PROGRAM AGENDA

FRIDAY, APRIL 21, 2023

| | |
|------------------|---|
| 7:30 – 8:15 am | Registration/Breakfast (provided) |
| 8:15 – 8:30 am | Opening Remarks and Department Update – Drs. Chhabra, Cooper and Gwathmey |
| 8:30 – 8:45 am | The New UVA Orthopaedic Center: From Concept to Reality – Dr. Chhabra |
| 8:45 – 9:30 am | Sports Medicine Division <ul style="list-style-type: none">• Patella Instability – What Really Matters? – Dr. Diduch• Non-Arthritic Hip Issues Demystified – Drs. Gwathmey and Su• The Complicated Cuff – Dr. Werner |
| 9:30 – 10:15 am | Pediatrics Division <ul style="list-style-type: none">• Non-Fusion Options for Scoliosis• Limb Lengthening and Deformity Correction Drs. Bachman, Romness |
| 10:15 – 10:30 am | Break |
| 10:30 – 11:15 am | Spine Division <ul style="list-style-type: none">• Cervical Disc Replacement (CDR) – Drs. Li, Shen, Shimer, Singla |
| 11:15 – 12:00 pm | • Mentorship Address: “My Journey as a Mentor and Teacher” – Dr. Chhabra |
| 12:00 – 1:00 pm | Lunch (provided) |
| 1:00 – 1:45 pm | Adult Reconstruction Division <ul style="list-style-type: none">• Overview of UVA Periprosthetic Infection Clinical Trials (Trellis and APEX)• New Classification System for Early Stage Osteonecrosis of the Hip• The Impact of Robotic-Assisted Total Knee Arthroplasty on Resident Training• Robotics in TKA from a Clinician and Teacher’s Perspective Drs. Brown, Browne, Cui, Duensing |
| 1:45 – 2:30 pm | Distinguished Alumnus Address – Dr. Zura |
| 2:30 – 3:00 pm | Break |
| 3:00 – 3:45 pm | Hand & Upper Extremity Division <ul style="list-style-type: none">• Metacarpal Fractures: Is there a best option for return to play?• Thumb UCL Injuries• Scaphoid Fractures: Emerging Techniques in the High Performance Throwing Athlete• Elbow UCL Repair vs. Reconstruction in the High Performance Throwing Athlete: what is the best option? Drs. Chhabra, Dacus, Deal, Freilich and Peek |
| 3:45 – 4:30 pm | Key Note Address: “My Professional Journey: Motivations and Priorities” – Dr. Abel |
| 7:00 pm | Dinner – Boars Head Resort Pavilion (200 Ednam Dr., Charlottesville) |

SATURDAY, APRIL 22, 2023

| | |
|------------------|---|
| 7:30 – 9:30 am | Breakfast (provided) Breakout Sessions <ul style="list-style-type: none">• Adult Reconstruction• Trauma and General Orthopaedics• Sports Medicine• Hand and Upper Extremity• Spine Surgery |
| 9:30 – 10:15 am | Lessons Learned Starting a Practice – Dr. Carr |
| 10:15 – 10:30 am | Break |
| 10:30 – 11:15 am | Foot and Ankle Division <ul style="list-style-type: none">• Foot and Ankle Injuries in the High Level Athlete• Syndesmosis/Deltoid• 5th Metatarsal Fractures Drs. Cooper, Park, Perumal, Tippet |
| 11:15 – 12:00 pm | Trauma Division <ul style="list-style-type: none">• Best Practices for Fixing Common Fractures: Distal Femur Fractures, Biocondylar Tibial Plateau Fractures and Distal Tibial Fractures Drs. Hadeed, Weiss, Yarbora |
| 12:00 – 2:00 pm | Lacrosse Tailgate |
| 2:00 pm | UVA Men’s Lacrosse vs. Syracuse |

NOTES:
Times are subject to change.
Speaker order is subject to change.

COURSE DIRECTORS

M. Truitt Cooper, MD*

Associate Professor of Orthopaedic Surgery – Foot and Ankle Division

F. Winston Gwathmey Jr., MD*

Associate Professor of Orthopaedic Surgery – Sports Medicine Division

GUEST SPEAKERS

Mark F. Abel, MD

Charles J. Frankel Emeritus Professor
Emeritus Vice-Chair for Faculty Development
Department of Orthopaedic Surgery
University of Virginia

James B. “Beamer” Carr II, MD

Assistant Attending Orthopedic Surgeon
Sports Medicine Institute at HSS

Robert D. Zura, MD

Robert D’Ambrosia Professor & Department Head of Orthopaedic Surgery
LSU Health Sciences Center

Boar’s Head is the only Four Diamond resort in Charlottesville. With a warm and intimate ambiance and exceptional southern hospitality, our award-winning Charlottesville hotel offers 175 elegant rooms and suites, excellent dining in the Old Mill Room, a vast array of recreational activities, a luxury spa, and over 20,000 square feet of meeting facilities. Owned and operated by the University of Virginia Foundation, Boar’s Head Inn is situated at the foot of the Blue Ridge Mountains, just minutes from the University of Virginia and nearby downtown Charlottesville, only ten minutes from the airport, and just two hours from Washington, D.C.

CONTACT

Please contact Pamela Lace in the Office of Continuing Medical Education with any questions regarding this activity.

- ◆ psl5g@virginia.edu
- ◆ 434.243.5703

UNIVERSITY OF VIRGINIA COURSE FACULTY

Keith Bachman, MD
Stephen Brockmeier, MD
Thomas Brown, MD
James A. Browne, MD
A. Bobby Chhabra, MD*
Quanjun Cui, MD
A. Rashard Dacus, MD
D. Nicole Deal, MD
David Diduch, MD
Ian M. Duensing, MD
Aaron Freilich, MD
Michael M. Hadeed, M
Xudong Li, MD

**planning committee member*

Mark Miller, MD
Joseph Park, MD
Kacy Peek, MD, MS
Venkat Perumal, MD
Mark Romness, MD
Francis Shen, MD
Adam Shimer, MD
Anju Singla, MD
Charles Su, MD, PhD
Caroline Tippet, DPM
David B. Weiss, MD
Brian Werner, MD
Seth Yarboro, MD



ACCOMMODATIONS

Rooms have been reserved at the Boars Head Resort at a discounted rate of \$395 on Thursday, April 20 through Saturday, April 22, and will be available on a first-come, first-served basis. Attendees will need to make their own reservations with the group name “2023 Orthopaedic Alumni.” All reservations must be made by **Monday, February 27, 2023**, after which time rooms will be released and cannot be guaranteed to be available. Reservations can be made by calling 844-611-8066 or [clicking here](#).

PARKING AND LOCATION

Parking at the UVA Health Orthopaedic Center is complimentary for all attendees. The center is located at 2280 Ivy Road, Charlottesville. Transportation will also be provided to and from Boars Head Resort for those who would prefer.

ADDITIONAL ACTIVITIES

A cocktail hour and dinner will be held at the Boars Head Resort Pavilion on Friday, April 21, 2023 beginning at 6:30pm.