Neurontin (gabapentin) Information:

This medicine has been prescribed to treat "neuropathic" pain due to nerve damage or irritation. You may take with or without food. Some people have side effects from this medication, which may include: dizziness, sleepiness, headaches, upset stomach, nausea, vomiting or nervousness. If you have problems, please contact our office at 434-924-2663 (Option 3). If you have been on this medication for more than 2 weeks, we recommend you decrease your dosage over 3 days.

Here is how you should start taking this medicine:

Day 1: Take ONE 100 mg capsule at bedtime

Day 2: Take ONE 100 mg capsule in the morning and ONE 100 mg capsule at bedtime. Do this for 3 days.

Day 5: Take ONE 100 mg capsule in the morning, ONE 100 mg capsule at midday and ONE 100 mg capsule at bedtime. Do this for 3 days.

Day 8: Take TWO 100 mg capsules in the morning, TWO 100 mg capsules at midday, and TWO 100 mg capsules at bedtime. Do this for 3 days.

Day 11: Take THREE 100 mg capsules in the morning, THREE 100 mg capsules at midday and THREE 100 mg capsules at bedtime.

Continue at this dosage.