

The University of Virginia Department of Otolaryngology - Head and Neck Surgery
presents

The 49th Annual Fitz-Hugh Symposium

June 26-27, 2025
540 Massie Rd
Charlottesville, VA

*The
Forum Hotel*

Kimpton Charlottesville
UVA DARDEN

Guest of Honor



José P. Zevallos, MD, MPH, FACS
The Eugene N. Myers, M.D. Professor and Chair
Professor & Chairman,
Department of Otolaryngology

Course Directors



**Eric
Dowling, MD**



**Delaney
Carpenter, MD**



**Stephen
Park, MD**



Department of Otolaryngology -
Head and Neck Surgery

Program Overview

Target Audience

- Healthcare Providers
- Researchers

Program Topics Overview

- ENT Research
- Disease Management
 - Cutaneous Malignancies
 - Squamous Cell Carcinoma
- Complex Reconstruction Techniques
- Immunotherapy Treatment
- Rehabilitation after Head and Neck Cancer
- Sleep Surgery
 - Psychology of Sleep
 - Sleep Management
- Challenging Cases
 - Head and Neck



Desired Outcomes

The Fitz-Hugh Symposium strives to provide the highest quality didactic lectures and educational experience to healthcare providers within the field of Otolaryngology. Each year, the symposium is given a specific focus which allows for a more comprehensive lecture series and in-depth conversations for the challenging case panels.

This year, for the 49th Annual Fitz-Hugh Symposium, the focus is head and neck cancer care, sleep surgery, and general otolaryngology. At the completion of the symposium, participants should be well informed on:

- The most current research within the field of ENT and specifically at UVA
- How to perform a variety of complex reconstructive techniques

At the completion of the symposium, participants should be able to understand and appreciate:

- The identification, treatment, and management of: Cutaneous malignancies, squamous cell carcinoma, and several head and neck cancers
- The complexities and considerations when approaching challenging clinical and surgical cases
- Rehabilitation process and options for head and neck cancer patients
- The psychology and management of sleep medicine patients
- The nuances and factors that contribute to a physician's peak surgical performance

The 49th Annual Fitz-Hugh Symposium

Thursday, June 26, 2025

7:00 AM – 8:00 AM	<i>Breakfast & Check-In</i> Moderator: <u>Jim Daniero, MD</u>
8:00 AM – 10:20 AM	Resident Research Presentations
10:20 AM – 10:50 AM	Break with Exhibitors
10:50 AM – 11:55 PM	Resident Research Presentations (Cont.)
12:00 PM – 1:00 PM	<i>Lunch</i>
*12:15 PM – 1:00 PM (Satellite Symposium)	<i>Restrata Electrospun Fiber Matrix: Applications in Head & Neck Surgery</i> Hosted by: Acera-Surgical Moderator: <u>Eric Dowling, MD</u>
1:05 PM – 1:30 PM	Innovations in Complex H&N Reconstruction: Video Session and Analysis
1:35 PM – 1:50 PM	Evolving Landscape of Otologic Oncology Presenter: Ben Lovin, MD
1:55 PM – 2:10 PM	Treatment of Velopharyngeal Insufficiency in Head and Neck Cancer Presenter: Vanessa Torrecillas, MD
2:15 PM – 2:45 PM	<i>Break with Exhibitors</i>
2:45 PM – 3:00 PM	Common Speech and Swallow Impairments Following Head and Neck Cancer and Rehabilitation Options Presenter: Holly Hess, CCC-SLP
3:05 PM – 3:35 PM	The Emerging Role of ctDNA in Treatment decision-making and Surveillance in Head and Neck Cancer Presenter: Jose Zevallos, MD, Guest of Honor
3:40 PM – 4:10 PM	Getting into the Zone for Surgery: Emotion Regulation and Self-Talk Presenters: Karen Egan, PhD & Ellie Brown, PhD
4:10 PM – 4:20 PM	<i>Beer & Wine break before final panel</i>
4:20 PM – 5:05 PM	Complex Reconstruction Tumor Board Moderator: Jonathan Garneau, MD Panelists: Eric Dowling, MD, David Shonka, MD, Katherine Fedder, MD, & Luke Poveromo, MD
5:05 PM – 6:00 PM	<i>Cocktail Hour</i>

The 49th Annual Fitz-Hugh Symposium

Friday, June 27, 2025

7:00 AM – 8:00 AM	<i>Breakfast & Check-in</i>
7:00 AM – 8:00 AM <i>(Satellite Symposium)</i>	Title TBD Hosted by: Inspire <u>Moderator:</u> Delaney Carpenter, MD
8:00 AM – 8:15 AM	The Physiology and Psychology of Sleep: Why Sleep Matters Presenter: Tyler Johnson, MD
8:20 AM – 8:35 AM	Medical Management of Sleep Disorders Presenter: Scott Schechter, MD
8:40 AM – 8:55 AM	Pharyngoplasty ABCs: from UPPP to ESP and BRP Presenter: Delaney Carpenter, MD
9:00 AM – 9:15 AM	Hypoglossal Nerve Stimulator Therapy for OSA Presenter: Stephen Bakos, MD, PhD
9:20 AM – 9:35 AM	Head and Neck Surgery During the Civil War Presenter: Monique Dufour, PhD
9:40 AM – 9:55 AM	Head and Neck Reconstruction with Immediate Dental Implants Presenter: Luke Poveromo, MD
9:55 AM – 10:15 AM	<i>Break with Exhibitors</i> <u>Moderator:</u> Eric Dowling, MD
10:15 AM – 10:40 AM	Treatment Deintensification in HPV+ Oropharyngeal Cancer: Where are we headed? Presenter: Jose Zevallos, MD, Guest of Honor
10:45 – 11:00 AM	Who's afraid of a big, bad Squam? Recognizing and Managing High Risk Cutaneous SCC Presenter: Kristin Bibee, MD, PhD
11:05 – 11:20 AM	Topic TBD Presenter: Nicole Fowler, MD
11:25 AM – 11:55 PM	Prosthodontic Rehabilitation in Head and Neck Cancer Presenter: Natalie Powell, DMD

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Friday, June 27, 2025

12:00 PM – 1:00 PM	<i>Lunch</i>
*12:15 PM – 1:00 PM	Topic TBD
<i>(Satellite Symposium)</i>	Hosted by: Regeneron <u>Moderator:</u> Eric Dowling, MD
1:05 PM – 2:05 PM	Scary Cases: Real-Life Challenges Panel Moderator: Eric Dowling, MD Panelists: Eric Dowling, MD, David Shonka, MD, Katherine Fedder, MD, Luke Poveromo, MD, & Jose Zevallos, MD, Guest of Honor
2:10 PM – 2:25 PM	Update on Systemic Therapy in Head-Neck Cancer Presenter: Varinder Kaur, MD
2:30 PM – 3:00 PM	Entrepreneurship as an Academic Head and Neck Surgeon Presenter: Jose Zevallos, MD, Guest of Honor
3:00 PM	Closing Remarks and Adjournment