ADVOCA NT CODE CARD
Resources for Common Problems

What is Advocacy? Advocacy is the work of pleading, defending, maintaining, or publicly recommending or raising one's voice on behalf of children and their families in order to improve their health and well-being.

GENERAL ADVOCACY TIPS

- Write a letter or make a phone call to the caseworker, counselor, school, or other persons involved with the family
- Encourage families to apply for needed services and to appeal if necessary
- Involve our social work services to help identify family needs and provide information on how to access available resources

SAMPLE SCREENING QUESTIONS

- Do you have health insurance?
- Do you have enough food to eat?
- Are you worried about safety for you/your child?
- Where are you living? What is your home environment like? How do you heat your home?
- How do you make ends meet?
- Every couple fights - what are fights like in your home? Are they ever physical?
- Have you ever gotten a restraining order against someone?
- Far the child: Is there anything uncomfortable or confusing going on? Any secrets?

DE Pappas, M.D., J.D. Director of Child Advocacy, Department of Pediatrics. Comments or updates? childadvocacy@virginia.edu

INDIVIDUALS WITH DISABILITIES

ACT OF 1997 (IDEA): Provides spec.ed/related services, to include transport, PT, OT, speech, SW, nursing, counseling, medical diagnosis/eval. to children aged 2-21 with certain disabilities: MR, deafness, speech, vision, ED, orthopedic, traumatic brain injury, specific LD, CHI causing "limited alertness to the educational environment" with adverse effect on the child's education, requiring spec. ed. Parent or school makes referral to school study committee, committee decides if evaluation indicated. Comprehensive evaluation within 65 days. IEP meeting with school/family to determine eligibility. If eligible, IEP is developed within 30 days. Re-evaluated annually (but may be modified as needed) with triennial eligibility determination.

SECTION 504, REHABILITATION ACT OF 1973: Protects the rights of people with disabilities from discrimination by any agency receiving fed. funds (incl. public schools): applies to students with physical or mental impairment that "substantially limits one or more major life functions" i.e. learning, including ADHD. If found eligible, the child is entitled to a 504 plan detailing reasonable accommodations. Parent makes referral to school; eligibility determined, may have testing; if eligible, 504 plan developed (modified as needed). For the child with ADHD, 504 plan may include: modified homework, unlimited time for tests, preferential seating, organizational assistance, behavioral mgmt, modified test delivery, increased use of technology (computers), small group setting for standardized tests, careful teacher selection, etc.

UVA Family Advocacy Program (FAP): Legal assistance for families in need. Call 924-5851 or pager 970-0105.

DEPARTMENT OF SOCIAL SERVICES

- Albemarle Co. 972-4010
- Buckingham Co. 969-4246
- Charlottesville 970-3400
- Culpeper Co. 540-727-0372
- Fluvanna Co. 842-8221
- Greene Co. 985-5246
- Louisa Co. 540-967-4439
- Madison Co. 540-948-5521
- Nelson Co. 263-8334
- Orange Co. 540-672-1155
- Rappahannock Co. 540-937-2155

DISABILITY

Infant/Toddler Early Intervention
- Alb, Char, Fluv, Grne, Nel, Lou 924-5357
- Cul, Fauq, Mad, Orange, Rappa 940-323-8750
- GMH Consult/rental 540-829-5775
- GJMH Consult/rental 982-8440
- GMedela Rent Locations 1-800-TELL-YOU
- RMH Consult/rental 540-433-4266
- UVa Consult 982-3316

BREASTFEEDING/LACTATION

Ameda/Egnell Locations 800-323-8750
- GMH Consult/rental 540-829-5775
- La Leche League 1-800-LECHE
- MJMH Consult 982-8440
- Medela Rent Locations 1-800-TELL-YOU
- RMH Consult/rental 540-433-4266
- UVa Consult 982-3316

CARS

- Wheels to Work 295-371 ext 3025
- Loiusa Transport. Init. 540-967-9522

HEALTH INSURANCE

FAMIS/FAMIS Plus (Medicaid)
1-866-873-2647
Charlottesville United Way 972-1701

CHILD ABUSE/Neglect Hotline
800-552-7096

CHILD CARE

Referrals:
United Way Info/Referral 972-1703
Children Youth & Fam. Serv. 296-4118

Financial Aid/Scholarships:
United Way Scholarships 972-1703
Project Link 972-1760

Temporary Child Care:
Loving Neighbors in Christ 977-7457

CHILD SUPPORT

Div. of Child Support Enforcement 1-800-782-3523

COUNSELING

Children, Youth & Fam. Serv. 296-4118

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Project Link 972-1760

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Community Attention (24 hr) 970-3342
Family Preservation Services 293-4262
Mental Health Referral Serv. 977-4673
Region Ten CSB 972-1800

UVA Child/Family Psych. 243-6950
UVA Family Stress Clinic 924-1613
UVA Clinical Psychology Serv. 924-7034
Ainsworth Clinic (free) 982-4737

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- Albemarle Co. 972-4010
- Buckingham Co. 969-4246
- Charlottesville 970-3400
- Culpeper Co. 540-727-0372
- Fluvanna Co. 842-8221
- Greene Co. 985-5246
- Louisa Co. 540-967-1320
- Madison Co. 540-948-5521
- Nelson Co. 263-8334
- Orange Co. 540-672-1155

DENTAL SERVICES

- Alb, Char, Flu, Grne, Nel, Lou 924-5357
- Cul, Fauq, Mad, Orange, Rappa 940-323-8750
- GMH Consult/rental 540-829-5775
- GJMH Consult/rental 982-8440
- GMedela Rent Locations 1-800-TELL-YOU
- RMH Consult/rental 540-433-4266
- UVa Consult 982-3316

La Leche League 1-800-LA-LECHE

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DOMESTIC VIOLENCE/SEX ASSAULT
Sexual Assault Resource Agency (SARA) 977-7723
Shelter for Help in Emerg. 293-8509
Family Violence/Sexual Assault Hotline 1-800-838-8238
United Support 293-2273
FOCUS Teensight 295-8336
FOCUS Women’s Res. Ctr 293-2222

DONATIONS & THRIFT STORES
Albemarle Human Res. 296-5827
Char. Human Res. 970-3490
UVA Human Res. 924-4598
Va. Employment Comm. 984-7630
Weed & Seed Program 970-3120
Va. Unemployment Comm. 984-7630
WorkSource Enterprises 972-1730
Va. Baptist Job Readiness 977-6876
Jobsight/FOCUS 977-5627
MACAA Opportunity Knocks 295-3171

FINANCIAL ASSISTANCE (TEMP.)
CARES 295-3171
MACAA-Fluvanna 842-2521
MACAA-Louisiana 540-967-9520
MACAA-Nelson 263-8119
Orange Emerg. Council 540-672-3447
Salvation Army 295-4058
Fluvanna Christian Service 589-8231
Church of the Incarnation 973-4381
TANF, see local DSS

FOOD AND NUTRITION RESOURCES
Food Stamps, see Dept. of Soc. Services United Way Info/Referral 972-1703
Meals on Wheels 293-4344
Soup Kitchens 972-1703
Emergency Food Bank Char/Alb 979-9180
Emergency Food Bank-Fluv 842-2521
Food Pantry-Nelson 263-6923
Salvation Army Meals 295-4058
Church of our Savior Pantry 973-6512
WIC, see local Health Departments

HEALTH CARE RESOURCES
Buckingham Health Dept. 392-3984
Char/Alb Health Dept. 972-6219
Culpeper Health Dept. 540-829-7350
Fluvanna Health Dept. 591-1960
Greene Health Dept. 985-2262
Louisa Health Dept. 540-967-3703
Madison Health Dept. 540-948-5481
Nelson Health Dept. 263-8315
Orange Health Dept. 540-672-1291

OTHER HEALTH CARE RESOURCES:
AIDS/HIV Services 979-7714
CVC/HC (Buckingham) 581-3271
UVA Internatl Adoption Clinic 924-9130
Planned Parenthood 296-2330
Poison Control Center 1-800-222-1222
Pregnancy Ctr of Central Va 979-8888
Salvation Army Med. Assist. 295-4058
UVA Teen Health Clinic 982-0090
Westhaven Clinic 971-1200

HOUSING/SHELTER
Salvation Army 295-4058
Shelter for Help in Emerg. 293-8509
MACAA Hope House 295-3171
SAFE (Culpeper) 540-825-8876
Albemarle Housing Office 296-5839
C’ville Housing Authority 970-3253
Fluvanna Co. Housing Found. 589-4820
Louisa Co. Housing Found. 540-967-3483
Nelson Co. Comm Devl Found. 263-8074
Piedmont Housing Alliance 817-2436
Habitat for Humanity 293-9066
PACEM (homeless intervention)465-1392

HOUSING REHABILITATION/REPAIR
AHIP Home Rehab & Repair 817-2447
Char. Home Owner Rehab 970-3182
Char. Free Paint Program 970-3182
JABA Home Safety/Repair 817-1634
USDA Rural Development 975-0047
Weatherization Program 293-3777
Fuel/Cooling Assistance, see local DSS

IMMIGRANT/REFUGEE RESOURCES
UVA Internatl Adoption Clinic 924-9130
Internat’l Refugee Committee 979-7772
UVA Internatl Fam. Clinic 924-5348

LEGAL SERVICES
FOCUS Lawyers Assistance 293-2222
Legal Aid Justice Center(Char)977-0553
Legal Aid Justice Center (outside Char) 800-578-8111
Lawyer Referral Service 800-552-7977

MENTAL HEALTH RESOURCES
UVA Psychiatry Consult 924-2701
Central VA CSB-Lynchburg 847-8050
Crossroads CSB-Buckingham 392-7049
IRC-Disability Advoc/Counsel. 971-9629
Mental Health Association 977-4673
Orange Fam. Guid.-24 hr 540-672-2739
Rappahannock CSB-F’brg 540-373-3223
Rappahannock-Rapidan CSB 540-825-3100
Region Ten CSB (24 hr) 972-1800
Charlottesville 972-1810
Fluvanna Co. 589-8276
Greene Co. 985-5220
Louisa Co. 540-967-2880
Nelson Co. 263-4889

SAFETY
Car Seat Hotline “Safe Kids” 243-5862
School Diocese Fire Station 973-1717
Stoney Point Fire Station 973-7733
Earlysville Fire Station 983-8862
Poison Center 924-5543

TRANSPORTATION
VA Teen Health Clinic 982-0090
C’ville Pregnancy Center 979-8888
FOCUS Teensight 295-8336

YOUTH AFTER-SCHOOL
Boys & Girls Club 977-2001
Boy Scouts (Culpeper, Madison, OR) 540-943-6675
Comm. Attention Teens Give 970-3334
Girl Scouts 296-5156
Hope Partnership 973-4381
Mentorville 972-1703
UVA Madison House 977-7051
Computers4kids (gr. 7-12) 817-1121
MACAA Project Discovery 295-3171
Piedmont Family YMCA 974-9622
6th Street Afterschool 972-1790