



UNIVERSITY of VIRGINIA

Children's Hospital

& The UVA Department of Pediatrics present the

37th McLemore Birdsong Pediatric Conference

April 28-30, 2017

Omni Hotel, Charlottesville, VA



Keynote Address: "Coping with Vaccine Refusal in the Office"



Paul A. Offit, MD

Director of the
Vaccine Education Center
at the Children's Hospital of
Philadelphia

Founding advisory
board member of the Autism
Science Foundation and the
Foundation for
Vaccine Research



Objectives

After participating in the Birdsong Pediatrics Conference, attendees should be able to:

- Describe current issues in evaluation and management of common newborn concerns, pediatric syncope, and non-specific abdominal pain.
- Apply current thinking in the management of childhood epilepsy, gender dysphoria, adolescent depression, and pediatric infectious diseases.
- Understand and utilize the latest clinical guidelines for the diagnosis and treatment or referrals for polycystic ovarian syndrome and postpartum depression.
- Discuss the latest trends in nutrition support for mothers, infants, and children, abdominal imaging, and the prevention of allergy and atopy.
- Identify child public health issues being addressed at the national, state, and local levels.
- Develop techniques to cope with vaccine refusal in the office and learn helpful tricks and tips for pediatric practice.



Conference Registration

Register online at www.cmevillage.com. Payment is required with registration. Early Bird Discount available through 3/17/17. Registration closes on 4/21/2017. Early Bird pricing shown in parentheses.

- Physicians (\$475) \$525
- VA Chapter, AAP Members (\$375) \$425
www.virginiapediatrics.org
- Other Health Care, Residents, Fellows . . . (\$325) \$375
- One Day Session \$260
- One Day VA Chapter, AAP Members . . . \$210
- Maintenance of Certification Workshop . . . \$55
(pre-registration required)
- Hard Copy of Syllabus \$50
(pre-order required)
- Walk-in registration additional late fee . . \$50

Registration fee includes online syllabus and refreshments during sessions.

ABP Maintenance of Certification Part II

This year, we are again excited to offer participants the opportunity to earn 10 MOC Part II credits in the form of a special Behavior and Development workshop for pediatricians under the direction of Dr. Ken Norwood, an expert in Child Development and Behavior. Preregistration, preparatory work, and an additional \$55 fee are required. Additional **2 AMA PRA Category 1 Credits™** awarded.

Accreditation and Designation Statements

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Virginia School of Medicine designates this live activity for a maximum of **16 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards 16 hours of participation (equivalent to **AMA Category 1 Credits™**) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

This live activity, 37th McLemore Birdsong Pediatric Conference, with a beginning date of 04/28/2017, has been reviewed and is acceptable for up to 15.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is pending accreditation by the National Association of Pediatric Nurse Practitioners (NAPNAP) for NAPNAP CE contact hours.

Confirmation and Cancellation Policy

Upon receipt of registration and payment, you will receive an email confirmation. Registration fees will be refunded (less a \$50 administrative fee) for cancellations received in writing a minimum of 14 days prior to the activity date. No refunds will be granted for cancellations made within 13 days of the activity. The University of Virginia School of Medicine reserves the right to cancel CME activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CME activity are the sole responsibility of the participant.

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™

Virginia Chapter



Contact Information

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BIRDSONG 2017 AGENDA

Thursday, April 27th

3:00-6:00pm Conference Registration
The Omni Charlottesville

Friday, April 28th

7:00-7:30am Registration and breakfast (Exhibit Area)

7:30-7:40am **Introduction and Welcome**
Moderator: James P. Nataro, MD, PhD, MBA

7:40-8:10am **New Guidelines for Recognizing & Managing PCOS**
Christine Burt-Solorzano, MD

8:10-8:40am **Syncope: Does that "Fall out" Need a Work-up?**
Nancy McDaniel, MD, FAAP, FACC

8:40-9:10am **It Keeps Hurting: Common Repetitive Use Injuries**
Siobhan Statuta, MD, CAQSM

9:10-9:40am **How to Identify and Help Transgender Youth in Your Practice**
Nancy McLaren, MD

9:40-10:00am Break with Refreshments (Exhibit Area)

10:00-10:50am **WIC: Resources for Busy Pediatricians and Families in Need**
Sarah Widor, MPA, Director United States
Department of Agriculture, Food & Nutrition Services

10:50-11:15am **Abdominal Aches and Pains: What's New in Pediatric Imaging?**
William McCullough, MD, MBA

11:15-11:40pm **Abdominal Aches and Pains: What if the Imaging is Normal?**
Jeremy Middleton, MD

11:40-12:00pm **Abdominal Aches and Pains Panel Discussion**
William McCullough, MD & Jeremy Middleton, MD

12:00-12:10pm Break to move to Workshops

12:10-1:10pm **Workshop #1**
1. Could this be PCOS?
2. Feeling Faint? Cases involving Syncope
3. Gender Dysphoria Case Discussions
4. Sports Injury Presentations and Management
5. Logical Approaches to the Work-up of Abdominal Pain

1:10pm Adjourn, Lunch on own

1:30-3:30pm **MOC Workshop (pre-registration required; lunch provided)**

4:00-6:00pm **Reception with Pediatric Poster Session Honoring UVA Pediatric Alumni and 2017 Birdsong Faculty (Exhibit Hall)**
Includes 1 AMA PRA Category 1 Credit™ for poster session

Saturday, April 29th

7:00-7:30am Registration and Breakfast (Exhibit Area)

7:30-7:40am **Welcome Back and Important Announcements**
Moderators: Ann Kellams, MD, IBCLC & Kenneth Norwood, MD

7:40-8:10am **Hot Newborn Topics: Red, White, Yellow, and Blue!**
Ann Kellams, MD, IBCLC

8:10-8:40am **SUDEP: Sudden Unexpected Death in Epilepsy**
Howard Goodkin, MD, PhD

8:40-9:30am **The 2nd Annual J. Owen Hendley Memorial Lecture: Hot Topics in Pediatric Infectious Disease**
Leigh Grossman, MD

9:30-10:00am **Pediatric Pearls from Treasured Faculty**
Birdsong 2016 Faculty
Moderator: Ann Kellams, MD, IBCLC

10:00-10:30am Break with Refreshments (Exhibit Area)
Hosted by the AAP, Virginia Chapter

10:30-11:30am **Workshop #2**
6. Logical Approaches to the Work-up of Abdominal Pain
7. Could this be PCOS?
8. Gender Dysphoria Case Discussions
9. Establishing a Medical Home for Children in Foster Care
10. Bring Your Infectious Disease Questions

11:30am-11:40am Break to return to ballroom

Annual Family and Community Session

(pre-registration required for family members attending)

11:40-11:50am **Introduction and AAP, Virginia Chapter Raffle**
Jim Nataro, MD, PhD, MBA & Sam Bartle, MD
AAP Chapter President

11:50-12:05pm **Pediatricians: On the Front Lines of Child Health**
Sam Bartle, MD, President, AAP Virginia Chapter

12:05-12:55pm **McLemore Birdsong Lecture: Postpartum Depression: What is the Pediatrician's Role?**
Natasha Sriraman, MD, MPH

12:55-1:15pm **Everyday Strategies to Prevent Allergies and Eczema**
Julia Wisniewski, MD

1:15pm Adjourn, Lunch on own

Sunday, April 30th

7:30-8:00am Registration and Breakfast

8:00-9:00am **Workshop #3**
11. Adolescent Depression: Practical Cases for the Pediatrician
12. Feeling Faint? Cases Involving Syncope
13. Putting Screening for Postpartum Depression into Practice
14. Vaccine Conversation Cases
15. Is this Food Allergy?

9:00-9:10am **Welcome Back and Important Announcements**
Moderator: Kenneth Norwood, MD

9:10-9:40am **Adolescent Depression: Helping the Troubled Teen in a Busy Practice**
Julia Taylor, MD, MA & Erin Berenz, PhD

9:40-10:10am **Top Ten Pediatric Articles of the Year**
Rachel Moon, MD

10:10-10:40am Break with Refreshments

10:40-11:40am **Keynote Address: Coping with Vaccine Refusal in the Office**
Paul Offit, MD

11:40-11:50am **Raffle, Poster Session Awards, Acknowledgements**

11:50-12:50pm **Workshop #4**
16. Adolescent Depression: Practical Cases for the Pediatrician
17. Putting Screening for Postpartum Depression into Practice
18. Vaccine Conversation Cases
19. Is this Food Allergy?

12:50-1:00 pm **Wrap-up, Evaluations**

1:00pm **Adjourn, Lunch on own**

Course Directors

Ann L. Kellams, MD, IBCLC

Associate Professor

Medical Director, Well Newborn and Breastfeeding Medicine

Kenneth Norwood, MD

Professor, Developmental Pediatrics



About the Omni Hotel and Charlottesville

The Omni is located at the west end of Charlottesville's historic Downtown Mall, considered one of the finest urban parks in the country. The pedestrian mall is home to a vibrant collection of more than 120 shops & boutiques, 30 local restaurants, and some of the best entertainment venues in Central Virginia. Centrally located, the Omni Hotel offers easy access to the University of Virginia, Thomas Jefferson's Monticello, and central Virginia's award-winning wine trail. Hotel amenities include a complimentary fitness center with sauna, Jacuzzi, heated indoor and outdoor swimming pools, and exercise room

It's the UVA Medical Alumni Reunion Weekend!

Visit: www.uvamedalum.org/alumni/reunion-weekend/reunion2017/

How to Make Reservations at the Omni Hotel

Reservations may be made directly [online](#) or toll-free at 1-800-THE-OMNI (1-800-843-6664) before March 17th. Be sure to use the group code "Birdsong". Standard rooms start at \$239, and overnight parking is included.

For information about UVA Athletic events that weekend, visit: www.virginiasports.com/calendar/events/ For information about other local events, visit: www.visitcharlottesville.org



Birdsong 2017 Faculty

Guest Faculty

Sam Bartle, MD

President, AAP, Virginia Chapter

William P McCullough, Jr, MD, MBA

Assistant Professor, Director of Pediatric Imaging, Department of Radiology and Medical Imaging

Douglas K Mitchell, MD, FAAP

Professor of Pediatrics, Medical Director, Children's Hospital of The King's Daughters Medical Group; Medical Director, International Adoption & Travel Medicine Clinic

Paul A Offit, MD

Professor of Pediatrics, The Children's Hospital of Philadelphia

Natasha K Sriraman, MD, MPH, FAAP, FABM

Associate Professor, Children's Hospital of the King's Daughters, Division of General Academic Pediatrics, Eastern Virginia Medical School

Siobahn M Statuta, MD, CAQSM

Director, Primary Care Sports Medicine Fellowship; Assistant Professor, Family Medicine and Physical Medicine & Rehabilitation; Team Physician, UVA Sports Medicine

Sarah Widor, MPA

Director, United States Department of Agriculture, Food and Nutrition Service

UVA Pediatric Faculty

Erin Berenz, PhD

Assistant Professor, Child Psychology

Stephen Borowitz, MD

Associate Professor; Division Head, Division of Pediatric Gastroenterology, Hepatology and Nutrition
Medical Director UVA Children's Hospital, Battle Building

Christine Burt-Solorzano, MD

Associate Professor, Division of Pediatric Endocrinology

Howard Goodkin, MD, PhD

Shure Professor of Neurology and Pediatrics;
Division Head, Pediatric Neurology

Leigh B Grossman, MD

Medical Alumni Professor of Pediatric Infectious Disease,
Associate Dean for International Programs

Gregory Hayden, MD

Professor Emeritus, Division of General Pediatrics

Martha Hellems, MD

Associate Professor, Division of General Pediatrics

Nancy L McDaniel, MD, FAAP, FACC

Associate Professor, Division of Pediatric Cardiology

Nancy M McLaren, MD

Assistant Professor; Medical Director, Teen and Young Adult Health Center; Co-director, TransHealth Clinic

Jeremy Middleton, MD

Assistant Professor, Division of Pediatric Gastroenterology, Hepatology and Nutrition

Rachel Moon, MD

Professor; Division Head, General Pediatrics

James Nataro, MD, PhD, MBA

Professor and Chair, Department of Pediatrics

Victoria Norwood, MD

Professor, Pediatric Nephrology

Alan Rogol, MD

Professor Emeritus, Pediatric Endocrinology

Julia F Taylor, MD, MA

Assistant Professor, Adolescent Medicine

W. Gerald Teague, MD

Ivy Foundation Distinguished Professor of Pediatrics
Associate Director, Child Health Research Center,
Chief, Division of Respiratory Medicine, Allergy, & Immunology

William Wilson, MD

Professor of Pediatrics, Associate Chair for Education in Pediatrics, Division Head, Pediatric Genetics

Julia Wisniewski, MD

Assistant Professor of Pediatrics,
Asthma Allergy & Immunology