& The UVA Department of Pediatrics present the
36th McLemore Birdsong Pediatric Conference
May 13-15, 2016
Omni Homestead Resort, Hot Springs, VA

Featuring:
The J. Owen Hendley Memorial Lecture:
Hot Topics in Pediatric Infectious Disease
James P Nataro, MD, PhD, MBA

Sponsored by the Office of Continuing Medical Education of the University of Virginia School of Medicine
Objectives

After participating in the Birdsong Pediatrics Conference, attendees should be able to:

1. Describe current issues in evaluation and management of Type II diabetes, pediatric obesity, anemia, and chest wall deformities.
2. Apply current thinking in the management of NICU graduates, addressing childhood sleep concerns, and pediatric infectious diseases.
3. Understand and utilize the latest clinical guidelines for the non-pharmacologic treatment of ADHD, the common cold, colic, and headaches.
4. Discuss the latest trends in pediatric dermatology, pediatric orthopedics, and pediatric nephrology.
5. Identify child public health issues being addressed at the national level, including substances of abuse and infant safe sleep.
6. Develop techniques to help themselves and their patients cope with stress, and learn efficiency and effectiveness strategies for the new ICD-10.

Accreditation and Designation Statements

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of 16 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards 16 hours of participation (equivalent to AMA Category 1 Credits™) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of 16 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

Confirmation and Cancellation Policy

Upon receipt of registration and payment, you will receive an email confirmation. Registration fees will be refunded (less a $50 administrative fee) for cancellations (emails and fax requests are acceptable) received in writing a minimum of 14 days prior to the activity date. No refunds will be granted for cancellations made within 13 days of the activity. The University of Virginia School of Medicine reserves the right to cancel CME activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CME activity are the sole responsibility of the participant.
**BIRDSONG 2016 AGENDA**

**Thursday, May 12th**

3:00-6:00pm Conference Registration at The Omni Homestead Resort

**Friday, May 13th**

*Breakfast in the Main Dining Room prior to session for resort guests*

7:00am-7:30am Registration (Exhibit Area)

7:40am *Introduction and Welcome*
Moderator: James P Nataro, MD, PhD, MBA

7:40-8:10am *Pediatric Toxicology: The Latest on Substances of Abuse*
Christopher P Holstege, MD

8:10-8:40am *Strategies for Pediatric Obesity*
Laura Shaffer, PhD

8:40-9:10am *Type II Diabetes: When to Suspect, How to Manage*
Mark DeBoer, MD

9:10-9:40am *Pediatric Orthopedic Update*
Leigh Ann Lather, MD

9:40-9:50am Break and Refreshments (Exhibit Area)

9:50-10:20am *Caring for the NICU Graduate*
James Plews-Ogan, MD

10:20-10:45am *Pediatric Nephrology Update*
John Barcia, MD

10:45-11:10am *Chest Wall Deformities*
Jeffrey Gander, MD

11:10-12:00pm *Keynote Address: Addressing ADHD Naturally*
Kathi Kemper, MD

12:10-1:00pm Workshop #1
1. Pediatric Surgery Cases
2. Hands-On Orthopedics
3. Pediatric Nephrology Cases
4. NICU Graduate Cases
5. Toxicology Cases
6. Pediatric Endocrinology Cases

1:15 PM Adjourn, Lunch on own

5-6pm *UV A Alumni Reception*, pre-registration required

**Saturday, May 14th**

*Breakfast in the Main Dining Room prior to session for resort guests*

7:30-8:00am *Yoga: Daily Health and Stress Relief Options for the Busy Provider*
comfortable clothing and/or layers recommended
Ina Stephens, MD

8:00-8:05am *Welcome Back and Important Announcements*
Moderator: James P Nataro, MD, PhD, MBA

8:05-8:35am *Managing Adolescent Contraception in the Pediatric Office*
Julia Taylor, MD

8:35-9:05am *The Work-up of Pediatric Anemias*
William Petersen, MD

9:05-9:35am *The J. Owen Hendley Memorial Lecture: Hot Topics in Pediatric Infectious Disease*
James P Nataro, MD, PhD, MBA

9:35-10:15am *Pediatric “Pearl” Session*
Birdsong 2016 Faculty

10:15-11:00am Workshop #2
7. Integrative/Holistic Pediatric Cases
8. Hands-On Orthopedics
9. Pediatric Endocrinology Cases
10. Toxicology Cases
11. Pediatric Hematology Cases
12. Pediatric Obesity Cases

11:00-11:15am Break with Refreshments

**Family & Community Sessions**

11:15am-11:20am *Introduction and AAP, Virginia Chapter Raffle*
James P Nataro, MD, PhD, MBA and AAP Chapter President

11:20-11:40am *Today’s Child Health Issues*
Barbara Kahler, MD, President, AAP Virginia Chapter

11:40am-12:25pm *Safe Sleep Update*
Rachel Moon, MD

12:25-1:15pm *McLemore Birdsong Lecture: Natural Remedies for Colic, Colds, and Headaches*
Kathi Kemper, MD

1:15pm Adjourn, Lunch on own

**Sunday, May 15th**

*Breakfast in the Main Dining Room prior to session for resort guests*

7:30-8:00am *Yoga: Teaching Your Pediatric Patients Some Strategies to Manage Anxiety*
comfortable clothing and/or layers recommended
Ina Stephens, MD

8:05-8:50am Workshop #3
13. Pediatric Dermatology Cases
14. Pediatric Sleep Cases
15. Adolescent Gynecology Cases
16. Newborn Genetics Cases
17. Pediatric Hematology Cases
18. Integrative/Holistic Pediatric Cases

8:50-8:55am Welcome Back and Important Announcements
Moderator: Kenneth Norwood, MD

8:55—9:25am *Top Ten Pediatric Articles of the Year*
Rachel Moon, MD

9:25-9:55am *Pediatric Sleep Issues*
Pearl Yu, MD

9:55-10:35am *Featured Guest Speaker: ICD-10 for Primary Care—Surviving and Thriving*
Jeffrey Linzer, MD

10:35-10:55am Break with Refreshments

10:55-11:25am Recognizing Syndromes in the Newborn
Jennifer Humberson, MD

11:25-12:00pm Workshop #4
19. Child Health Advocacy—Making a Difference
20. Pediatric Dermatology Cases
21. Adolescent Gynecology Cases
22. Newborn Genetics Cases
23. ICD-10 Cases
24. Pediatric Sleep Cases

1:00 pm Raffle, Closing Remarks, Evaluations

1:15pm Adjourn, Lunch on own
Course Directors:
Ann L. Kellams, MD, IBCLC
Associate Professor, General Pediatrics
Kenneth Norwood, MD
Professor, Developmental Pediatrics

Featured and Guest Faculty:
Jeffrey Gander, MD
Assistant Professor of Surgery,
UVA Division of Pediatric Surgery
Christopher Holstege, MD
Professor, School of Medicine;
Chief, UVA Division of Medical Toxicology
Barbara Kahler, MD, FAAP
President, American Academy of Pediatrics,
Virginia Chapter
Kathi J Kemper, MD, MPH
Director of the Center for Integrative Health and Wellness;
Professor of Pediatrics, The Ohio State University
Leigh Ann Lather, MD, FAAP
Assistant Professor Pediatric Orthopaedics,
UVA Department of Orthopaedics
Jeffrey F Linzer, Sr, MD, FAAP, FACEP
Professor of Pediatric and Emergency Medicine,
Emory University School of Medicine
Lead Physician, ICD-10-CM Transition Core Leadership Team, Children’s Healthcare of Atlanta
Rachel Y Moon, MD
Professor of Pediatrics, Division Head,
UVA General Pediatrics; Chair of AAP Task Force on SIDS
Laura A Shaffer, PhD
Associate Professor of Pediatrics,
Chief of Pediatric Psychology, UVA
Barrett Zlotoff, MD
Associate Professor of Pediatric and Adult Dermatology,
UVA Department of Dermatology

About The Omni Homestead Resort
Celebrating its 250th Anniversary in 2016, The Omni Homestead Resort is one of America’s most storied resorts, offering unparalleled hospitality and southern charm in a 2,000-acre setting within the Allegheny Mountains of southwestern Virginia. Renowned for its natural healing springs, The Omni Homestead Resort is distinguished by 483 luxurious guest rooms and suites, a wide array of fine and casual dining choices, and more than 30 recreational amenities. The resort offers an expansive, luxurious spa and two championship golf courses, a beautiful Equestrian Center, a top-rated Shooting Club; fly-fishing; archery; falconry; off-road Segway tours; a new 18-hole miniature golf course, and a wealth of other recreational attractions for adults and children. The Homestead became part of Omni Hotels & Resorts in 2013.

How to Make Reservations at the Omni Homestead Resort
Reservations may be made directly online or toll-free at 1-800-838-1766. Be sure to use the group code “Birdsong.” A sumptuous breakfast buffet in the Main Dining Room is included in the special room rate for Birdsong guests. It is recommended that you make dinner reservations in advance of your stay. View dining options here.
Standard rooms $217 single/ $239 double occupancy
(Additional guests as follows: adults @ +$47, children 13 and over @ +$22, children 6-12: @+$12, children 5 and under, free.)

Resort Activities
There’s something for everyone – indoor, outdoor, spa and fitness center, golf, tennis, pools, the KidsClub, and more. Lawn games, a daily history tour, nightly classic or family-friendly movies, campfires, and afternoon tea in the Great Hall are all complimentary. Visit the Homestead’s website for more information or to register for additional activities or KidsClub and babysitting services.

Nearby Attractions
Go antiquing, catch a concert at the Garth Newel Music Center, soak in the historic Jefferson Pools, picnic at the breath-taking Falling Spring, enjoy trout-fishing in the beauty of Douthat State Park, or learn to paddleboard at Lake Moomaw.

UVA Pediatrics Faculty:
John P Barcia, MD
Associate Professor of Pediatrics,
Division of Pediatric Nephrology
Mark D DeBoer, MD, MSc, MCR
Associate Professor of Pediatrics,
Division of Pediatric Endocrinology
Leigh Grossman, MD
Professor of Pediatrics;
Department of Pediatric Infectious Diseases
Jennifer B Humberson, MD
Assistant Professor of Pediatrics,
Division of Pediatric Genetics
James P Nataro, MD, PhD, MBA
Professor and Chair,
Department of Pediatrics
William C Petersen, Jr, MD
Assistant Professor,
Pediatric Hematology-Oncology
James Plews-Ogan, MD
Associate Professor of Pediatrics,
By Your Side Pediatrics
Ina Stephens, MD, FAAP, RYT
Associate Professor of Pediatrics,
Pediatric Infectious Diseases and Medical Education
Julia F Taylor, MD, MA
Assistant Professor of Pediatrics,
Adolescent Medicine
Pearl Yu, MD
Assistant Professor of Pediatrics;
Director, Pediatric Sleep Disorders Program