OBJECTIVES

As a result of participation in the conference, attendees will be able to:

• Describe current issues in newborn screening, pediatric nutrition, obesity management and prevention, and skin infestations.
• Apply current thinking in the management of childhood epilepsy, common pediatric eye disorders, and pediatric concussion.
• Utilize the latest clinical guidelines for the diagnosis, treatment, or referrals for suspected non-accidental trauma, gait disorders, common pediatric surgical conditions, and pre-participation sports physicals.
• Discuss the latest trends in child health advocacy, pediatric Lyme disease, and the past year’s pediatric literature.
• Identify child public health issues being addressed at the national, state, and local levels such as value-based care, food insecurity, and care for the immigrant population.
• Apply techniques to cope with issues related to cerebral palsy, hematologic abnormalities, and adolescent mental health.
BIRDSONG 2019 AGENDA

Thursday, April 11
8:00-5:00pm Pediatric Advanced Life Support Recertification
UVA Life Support Learning Center (Prior registration and additional fee is required)
3:00-6:00pm Conference Registration
The Omni Charlottesville

Friday, April 12
7:00-7:45am Breakfast in the Exhibit Area—Coffee & Tea available throughout meeting
7:45-7:50am Introduction and Welcome
Moderator: James P. Nataro, MD, PhD, MBA, Chair, Department of Pediatrics
7:50-8:20am Updates in Pediatric Hospital Medicine
Joanne Mendoza, MD
8:20-8:50am Anemia Screening and Management in Infants and Children
Colleen Druzgal, MD
8:50-9:00am Yoga for Clinicians
Ina Stephens, MD
9:00-9:30am Tips & Tricks: Common Ophthalmologic Conditions for the General Practitioner
Christian Carter, MD
9:30-9:50am Update from the AAP: Value-Based Care, Caring for the Immigrant Population, and Food Insecurity
Sandy Chung, MD, FAAP, FACHE; AAP VA Chapter President
9:50-10:10am Break with Refreshments in the Exhibit Area
10:10-10:40am Cerebral Palsy for the Primary Care Provider: Birth to Adult
Richard Stevenson, MD
10:40-11:10am Preventing & Managing “Endless Adolescence”
Claudia Allen, JD, PhD and Joseph P Allen, PhD
11:10-12:00pm Annual McLemore Birdsong Lecture
Recognition of and Treatment for Suspected Child Maltreatment
Michelle Clayton, MD, MPH, FAAP
12:00-12:10pm Break to move to Workshops
12:10-1:00pm WORKSHOP #1
1. Detecting and Managing Anemia
2. Recognizing and Managing Ophthalmologic Concerns
3. The Pediatrician as Child Health Advocate
4. Cerebral Palsy for the PCP Case Discussions
5. “Endless Adolescence” Workshop
6. Recognition and Management of Child Abuse Cases
1:00pm Adjourn—Lunch on own
1:30-5:30pm Neonatal Resuscitation Program
UVA Life Support Learning Center
Prior registration and additional fee is required
1:30-3:30pm Maintenance of Certification part 2 Workshop
Kenneth Norwood, MD
Prior registration, additional fee, and pre-work are required; Box lunch is included
4:00-6:00pm Poster Session & Reception
Honoring UVA Alumni and Birdsong Faculty
The Omni Charlottesville Lobby

Saturday, April 13
7:00-7:45am Breakfast in the Exhibit Area—Coffee & Tea available throughout meeting
7:45-7:50am Welcome Back & Announcements
Moderator: Ann Kellams, MD, IBCLC, Vice Chair for Clinical Affairs, Conference Co-Chair
7:50-8:20am State of the Art Seizure Management
J. Nicholas Brenton, MD
8:20-8:50am The “Ins and Outs” of Sports Physicals
B. Kent Diduch, MD
8:50-9:00am Yoga for Clinicians
Ina Stephens, MD
9:00-9:45am Pediatric Pearl Session: Tips and Tricks from Treasured Faculty
Assorted Birdsong Faculty
9:45-10:35am Office Management of Pediatric Concussions
Donna Broshek, PhD, ABPP-CN
10:35-10:55am Break with Refreshments in the Exhibit Area
Sponsored by the AAP, Virginia Chapter
10:55-11:45am WORKSHOP #2
7. Hands-on Tracheostomy and Gastrostomy Care and Emergency Preparedness
8. Cases in Pediatric Concussion
9. Practice in Providing Care and Support in the LGBTQ Population
10. Hands on Sports Physical Practice
11. Pediatric Seizure Scenarios
12. Interpreting Pediatric EKG’s
11:45-11:55am Break
11:55-12pm Annual Family and Community Session
Prior registration required for family members or guests attending
12:00-12:45pm AAP Virginia Chapter Raffle
James Nataro, MD, PhD, MBA
12:45-1:20pm First Annual Dyan Aretakis Memorial Adolescent Medicine Lecture:
Supporting Children Who Come Out (and Their Families)
Mary Sullivan, MEd
1:20pm Adjourn—Lunch on own
**Conference Registration**


- Physicians ............................................. ($495) $545
- VA Chapter, AAP Members .................. ($395) $445 www.virginiapediatrics.org
- Other Health Care, Residents, Fellows ........ ($345) $395
- One Day Session ........................................ $275
- One Day VA Chapter, AAP Members ............. $225
- Maintenance of Certification Workshop ........ $60 (pre-registration required)
- Hard Copy of Syllabus (pre-order required) ...... $60
- Walk-in registration additional late fee .......... $100

Registration fee includes online syllabus and refreshments during sessions.

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**Accreditation & Designation Statements**

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of 15.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Virginia, as an accredited provider, awards 15.5 hours of participation (equivalent to AMA Category 1 Credits™) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This program is pending accreditation by the National Association of Pediatric Nurse Practitioners (NAPNAP) for NAPNAP CE contact hours.

**Cancellation Policy**

Upon receipt of registration and payment, you will receive an email confirmation and EPay receipt. Registration fees will be refunded (less a $50 administrative fee) for written email cancellations received a minimum of 14 days prior to the activity date. No refunds will be granted for registration fees of less than $50 or for cancellations made within 13 days of the activity.

UVA School of Medicine reserves the right to cancel CE activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CE activity are the sole responsibility of the participant.

**ABP Maintenance of Certification Part 2 Workshop**

We are again excited to offer pediatricians the opportunity to earn 10 MOC Part 2 credits through a special Developmental-Behavioral Pediatrics Workshop under the direction of Kenneth Norwood, MD, an expert in children development and behavior. Preregistration, preparatory work, and an additional $60 fee are required. Additional 2 AMA PRA Category 1 credits™ awarded. Box lunch included in fee.

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**Contact Information**

Elizabeth Patterson, MEd
CME Program Manager
Office of Continuing Medical Education
(434) 924-5310
epatterson@virginia.edu
is designed to provide par
teaches an evidence-based

Contact: Stephanie Black, 434-924-1765,
1222 Jefferson Park Ave, 5
Location: Life Support learning Center,
($150 includes online module & textbook)
April 12, 1400-1800
(in-person skills session).

required) and the Instructor-led Event
has two parts: the Part 1 (online module
nurses, and respiratory therapists. NRP
born to hospital staff, including physicians,
approach to the resuscitation of the new

rs@hscmail.mcc.virginia.edu

Contact: Alice Offield, 434-982-1766,
Heart Assoc–Healthcare Provider (HCP)
lowing course card is accepted: American
Must have a current CPR card. The fol
for cardiopulmonary arrest, strategies to
recognize infants and children at risk
participants with the information needed

rpalsmailbox@hscmail.mcc.virginia.edu

Block closes on March 12, 2019.

PALS & NRP workshops
Preregistration & additional fees required

1 The PALS Provider Renewal
Course is designed to provide partic-
ticipants with the information needed
to recognize infants and children at risk
for cardiopulmonary arrest, strategies to
prevent arrest, and the cognitive and psy-
chomotor skills needed to resuscitate and
stabilize those in respiratory failure, shock,
or cardiopulmonary arrest.
April 11, 0730-1700 ($150)
Must have a current CPR card. The fol-
lowing course card is accepted: American
Heart Assoc—Healthcare Provider (HCP)
Contact: Alice Offield, 434-982-1766,
rpalsmailbox@hscmail.mcc.virginia.edu

2 The Neonatal Resusci-
tion Program teaches an evidence-based
approach to the resuscitation of the
newborn to hospital staff, including physicians,
nurses, and respiratory therapists. NRP
has two parts: the Part 1 (online module
required) and the Instructor-led Event
(in-person skills session).
April 12, 1400-1800
($150 includes online module & textbook)
Location: Life Support learning Center,
1222 Jefferson Park Ave, 5th floor, Rm 5603
Contact: Stephanie Black, 434-924-1765,
lssc@hscmail.mcc.virginia.edu