

THE UNIVERSITY OF VIRGINIA DEPARTMENT OF ORTHOPAEDIC SURGERY,  
DIVISION OF PEDIATRIC ORTHOPAEDICS

PRESENTS

THE 25<sup>TH</sup> ANNUAL CONFERENCE

# FLiP

## Function for Life in Pediatrics



**Thursday-Friday, December 5-6, 2019**

THE GRADUATE HOTEL  
1309 West Main Street, Charlottesville, VA 22903

PROVIDED BY THE UNIVERSITY OF VIRGINIA SCHOOL OF MEDICINE,  
OFFICE OF CONTINUING MEDICAL EDUCATION

# PROGRAM OVERVIEW

This course is designed for physical therapists, pediatricians, family practice and physical medicine physicians, nurses, advance practitioners, and other professionals and individuals interested in the medical care of persons with neuromuscular conditions, including cerebral palsy (CP), spinal muscular atrophy (SMA), neuromuscular scoliosis, and other disorders. Nationally recognized clinicians and research scientists will present detailed updates on the research and clinical implications for early diagnosis and management of neuromuscular conditions. Case studies and interdisciplinary panels will provide opportunities for audience participation.

# LEARNING OBJECTIVES

After attending the program, participants should be able to...

- Describe and advocate for better care coordination for child with neuromuscular conditions.
- Analyze the lifespan planning for children with CP to better anticipate and prepare for lifespan needs.
- Explain the needs for postural therapy and apply appropriate protocols when needed.
- Discuss the role of emerging medical treatments and benefits to children with Spinal Muscular Atrophy and Duchenne Muscular Dystrophy.
- Appraise the roles of interventions for functional goals in children with Down Syndrome and other conditions with hypotonia.



<https://tinyurl.com/UVA-FLiP>

Go to [www.cmevillage.com](http://www.cmevillage.com) (Click "Learning Portal")  
FEE: \$525 Physicians / \$425 Other Health Professionals  
Online registration closes NOVEMBER 30, 2019  
On-site registration fees: \$625 physicians / \$525 Other Health Professionals

## ACCREDITATION AND DESIGNATION STATEMENTS

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **13.25 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine, as accredited provider, awards **13.25 hours of participation** (consistent with the designated number of **AMA PRA Category 1 Credits™**) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

This course has been approved by the Maryland State Board of Physical Therapy Examiners for 1.3 CEUs. The sponsor will issue a CEU certificate upon completion of the course. A record of CEUs earned will be retained by the sponsor.

**PLEASE NOTE:** All physical therapists can receive profession-specific credit for participation in the FLiP program, by virtue of the MD BPTe approval.

# FLiPagenda

Syllabus materials will be available online only at [www.cmevillage.com](http://www.cmevillage.com) by clicking the "Syllabus" tab

## THURSDAY, DECEMBER 5

7:00-7:45	Breakfast/Registration	
7:45-8:00	Introduction/Overview	Mark Romness, MD
8:00-8:45	25 Years of Applied Functional Movement Analysis	Mark Abel, MD
8:45-9:30	Cerebral Palsy Lifespan Care	Richard Stevenson, MD
9:30-10:15	How has therapy for cerebral palsy changed in the past 25 years and where are we headed?	Diane Damiano, PT, PhD, FAPTA
10:15-10:30	Break/Refreshments	
10:30-11:15	Current Approaches to Scoliosis in the Cerebral Palsy Population	John S Blanco, MD
11:15-12:00	SMA- Duchenne -Muscular Dystrophy	Rebecca Scharf, MD, MPH Anna Jesus, MD
12:00-12:45	Lunch (provided)	
12:45-1:45	Diffuse and focal spasticity management	Christopher Lunsford, MD
1:45-2:15	Spine Management in Muscle Disease	Keith Bachmann, MD
2:15-2:45	Break/Refreshments	
2:45-4:15	Early diagnosis of Cerebral Palsy	Bette Connaughton, PT, DPT Nancy Kelly, PT, DPT
4:15	Adjourn	
5:30-7:00	25th Year Celebration (adult beverages and hors d'oeuvres—free to all participants)	

## FRIDAY, DECEMBER 6

7:00-7:45	Breakfast/Registration	
7:45-8:00	Introduction/Overview	Mark Romness, MD
8:00-8:45	Medical Therapeutic Yoga: Lifestyle Medicine for the Healthcare Professional	Ruth Goldeen, OTR/L, MEd, PYT
8:45-9:30	Medical Management of Children with Down Syndrome	Valentina Intagliata, MD
9:30-10:00	Break/Refreshments	
10:00-10:45	PT for Children with Down Syndrome/Hypotonia	Ginny Paleg, PT, DScPT, MPT
10:45-11:15	Surgical Treatment of Children with Down Syndrome	Mark Romness, MD
11:15-12:00	Low Bone Density in High Risk Children: How You Can Help	Leigh Ann Lather, MD
12:00-12:45	Lunch (provided)	
12:45-2:15	Effectiveness of Empowering Youth and Families through Overcoming Barrier's Physical Activity Programming	Jeanne Wenos, PED Maureen Pfahler, MEd, CAPE
2:15-2:30	Break/Refreshments	
2:30-3:30	Case Discussion Panel	Mark Abel and FLiP Faculty
3:30	Closing Remarks/Evaluations/Adjourn	

## COURSE DIRECTOR:

MARK ROMNESS, MD  
Associate Professor of Orthopaedics

## INVITED GUEST FACULTY:

JOHN S BLANCO, MD  
Associate Attending, Hospital for Special Surgery;  
Associate Professor of Clinical Orthopedic Surgery,  
Weill Cornell Medical College

DIANE DAMIANO, PT, PhD, FAPTA  
Senior Investigator; Chief, Functional and Applied  
Biomechanics Section,  
Rehabilitation Medicine Department, NIH Clinical Center

CHRISTOPHER D LUNSFORD, MD  
Assistant Professor of Orthopaedic Surgery, Duke  
University School of Medicine

GINNY PALEG, PT, DScPT, MPT  
Montgomery County Infants and Toddlers Program,  
Rockville, MD

MAUREEN PFAHLER, MEd, CAPE  
Director of Programming, Overcoming Barriers; Acting  
Director, Empowerment3, Center for Physical Activity  
and Wellness for Underserved Youth

JEANNE WENOS, PED  
Associate Professor of Occupational Therapy  
James Madison University

## CONTACT INFO

ELIZABETH PATTERSON  
Program Manager  
Office of Continuing Medical Education  
UVA School of Medicine  
epatterson@virginia.edu  
434-924-5310

## UVA FACULTY:

MARK ABEL, MD  
Charles Frankel Professor of Orthopaedic Surgery

KEITH R BACHMANN, MD  
Assistant Professor of Orthopedic Surgery

BETTE ANNE CONNAUGHTON, PT, DPT

RUTH GOLDEEN, OTR/L, MED, PYT  
Occupational Therapist, Children's Hospital  
Therapy Services

ANNA JESUS, MD  
Fellow, Neurodevelopmental and Behavioral  
Pediatrics

VALENTINA INTAGLIATA, MD  
Assistant Professor of Pediatrics, Division of  
Developmental Pediatrics

NANCY KELLY, PT, DPT

LEIGH ANN LATHER, MD  
Associate Professor Orthopaedics and Pediatrics

REBECCA SCHARF, MD, MPH  
Associate Professor of Pediatrics

RICHARD STEVENSON, MD  
Professor of Pediatrics

## PLANNING COMMITTEE:

MARC GILGANNON, PT  
Manager, Rehabilitation Services

PATRICIA PAYNE, BS, PT  
Clin IV Physical Therapist

VALENTINA INTAGLIATA, MD  
Assistant Professor of Pediatrics, Division of  
Developmental Pediatrics

ELIZABETH PATTERSON, MEd  
CME Program Manager

## ACCOMMODATIONS:

A block of rooms has been reserved at the Graduate Hotel for the nights of Wed 12/4 and Thurs 12/5 for \$109/night, plus taxes and fees. A handful of rooms will be available at a higher rate for Friday 12/6 for those who would like to remain in town after the program. Book online: **Function for Life in Pediatrics "FLIP"** or call the hotel at 434-293-4333 and mention "120419FLIP" to get the negotiated rate. Room block closes November 4!

## PARKING AVAILABLE AT THE GRADUATE:

\$10/night valet for hotel guests, free for daytime program attendees.

