



and the UVA Department of Pediatrics
present the

41st McLemore Birdsong Pediatric Conference

April 16-18, 2021

A virtual, livestreamed event,
also available online, on-demand.



PROVIDED BY THE UNIVERSITY OF VIRGINIA SCHOOL OF MEDICINE AND SCHOOL OF NURSING

MARK YOUR CALENDAR!

April 16–18, 2021

Friday evening, Saturday all day,
and Sunday morning

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INFORMATION](#)

Covid or
not... Lifelong
learning
goes on!

The McLemore Birdsong Pediatric Conference offers a variety of case-based, clinical practice-oriented lectures and workshops covering a broad range of topics relevant to physicians, advanced practice providers, nurses, and other providers in pediatric and family practice settings.

DESIRED OUTCOMES

As a result of participation in the conference, attendees will be able to:

- Discuss and give evidence-based advice on controversial topics including the pediatrician's role in supporting breastfeeding and the "tongue tied" child, and Postural Orthostatic Tachycardia Syndrome (POTS).
- Apply current thinking in the diagnosis and management of pediatric menstrual disorders, otitis media, and teenage ADHD.
- Learn how to use physical therapy and home care strategies to address pediatric neck and back pain.
- Provide strategies to help parents cope with anger, aggression, and autism-related behavioral problems.
- Utilize the latest clinical guidelines for the management of pediatric food allergy and the workup of hematuria and proteinuria.



AGENDA...

Friday, April 16 [4:00pm-7:00pm]

- 4:00-4:30pm **Top 10 Pediatric Articles**, *Rachel Y. Moon, MD*
4:30-5:00pm **Treating Pediatric Inflammatory Bowel Disease in 2021**, *Stephen Borowitz, MD*
5:00-5:30pm **Otitis Media Update**, *William Brand, MD*
5:30-5:45pm **Break**

5:45-6:30pm **The 3rd Annual Dyan Aretakis Lecture in Adolescent Medicine: Menstrual Disorders Evaluation and Management**, *Susan Gray, MD*

6:30-7:00pm **Nephrotic and Nephritic Syndrome**, *Agnieszka (Agnes) Swiatecka-Urban, MD*

Saturday Morning, April 17 [8:00am-12:00pm]

8:00-9:00am **Conversation with a Subspecialist (pre-registration required)**
Neurology: *Howard Goodkin, MD, PhD*
Asthma: *Andrea Garrod, MD*
Neurosurgery: *Kelly O'Connell MSN, CPNP, CCRN*
Genetics: *Christina Peroutka, MD*
Hematology: *Colleen Druzgal, MD*

9:00-9:30am **Diagnosing ADHD in Adolescents and Emerging Adults**, *Joshua Langberg, PhD*

9:30-10:00am **Helping Parents Manage their Child's Anger and Aggression**, *Haley Stephens, PhD*

10:00-10:30am **POTS**, *Daniel Schneider, MD*

10:30-10:45am **Break**

10:45-11:30am **The 6th Annual J. Owen Hendley Memorial Lecture: Pediatric COVID-19**, *Debbie-Ann Shirley, MD*

11:30-12:00pm **Back Pain in the Young Athlete**, *Eric Magrum, DPT, OCS, FAAOMPT*

12:00-1:00pm **Break**



Saturday Afternoon, April 17 [1:00pm-4:00pm]

pre-registered, each participant may attend 2, during live conferences

WORKSHOP 1: **Intimate Partner Violence for Health Care Providers: What to Do?** *Rebecca Abernathy, MD*

WORKSHOP 2: **Orthopedic Gait Abnormalities: Work-up and Management**, *Leigh Ann Lather, MD*

WORKSHOP 3: **Sports Clearance from a Cardiac Perspective**, *Peter Dean, MD*

WORKSHOP 4: **Interpreting Psychoeducational Testing**, *Emily Gonzalez, PhD*

WORKSHOP 5: **ID Diagnostic Dilemmas**, *Sarah Boggs, MD*

WORKSHOP 6: **Precocious Puberty**, *Kelly Mason, MD*

1:00-2:00pm **First Workshop**

2:00-2:45pm **Poster/abstracts**

2:45-3:00pm **Break**

3:00-4:00pm **Second Workshop**

4:00pm **Raffle #1**

Sunday, April 18 [9:00am-12:30pm]

8:00-9:00am **Conversation with a Subspecialist (pre-registration required)**
Neurology: *Howard Goodkin, MD, PhD*
Asthma: *Andrea Garrod, MD*
Neurosurgery: *Kelly O'Connell MSN, CPNP, CCRN*
Genetics: *Christina Peroutka, MD*
Hematology: *Colleen Druzgal, MD*

9:00-9:30am **Frontline Assessment of Learning Disabilities**, *Kenneth Norwood, MD*

9:30-10:00am **Picky & Panicked: Strategies for Selective Eaters**, *Tegan Medico, MS, MPH, RDN, CNSC*

10:00-10:30am **Nipples and Babies and Latching, Oh My!** *Ann Kellams, MD*

10:30-10:45am **Break**

10:45-11:30am **McLemore Birdsong Lecture: Caring for Children with Autism: Practical Strategies in Primary Care** *Beth Ellen Davis, MD*

11:30-12:00pm **Could This be a Food Allergy?** *Jonathan Hemler, MD*

12:00-12:20pm **The Latest in National Child Health Initiatives from the VA-AAP President**, *Michael Martin, MD*

12:20pm **Closing and Evaluations**

12:30pm **Raffle #2 and Adjourn**





GUEST FACULTY

William Brand, MD
Assistant Professor of Otolaryngology

Howard Goodkin, MD, PhD
Shure Professor of Neurology and Pediatrics

Joshua Langberg, PhD
Associate Dean for Research and Graduate Studies
Professor of Psychology, College of Humanities and Sciences,
Virginia Commonwealth University

Leigh Ann Lather, MD
Associate Professor Orthopaedics and Pediatrics

Eric Magrum, DPT, OCS, FAAOMPT
UVA Physical Therapy/Sports Medicine

Michael Martin, MD
President, VA-AAP
Einstein Pediatrics

Tegan Medico, MS, MPH, RDN, CNSC
Pediatric Dietitian, UVA

Kelly O'Connell, MSN, CPNP, CCRN
UVA Pediatric Neurosurgery

PLANNING COMMITTEE

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Vice Chair of Clinical Affairs

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UVA PEDIATRIC FACULTY

Rebecca Abernathy, MD
Assistant Professor, General Pediatrics

Sarah Boggs, MD
Assistant Professor, General Pediatrics and Pediatric Infectious Diseases
Medical Director, International Adoption Clinic
Pediatric Diagnostic Dilemmas Clinic

Stephen Borowitz, MD
Professor, Pediatric Gastroenterology, Hepatology & Nutrition

Beth Ellen Davis, MD, MPH
Professor, Neurodevelopmental & Behavioral Pediatrics

Peter Dean, MD
Associate Professor, Pediatric Cardiology
Medical Director, Pediatric Exercise Stress Laboratory

Colleen Druzgal, MD
Associate Professor, Pediatric Hematology & Oncology
Clinical Director, Hemophilia Treatment Center
Clinical Director, Pediatric Benign Hematology Clinic

Andrea Garrod, MD
Assistant Professor, Pediatric Respiratory Medicine, Allergy, Immunology & Sleep
Clinical Director, Division of Pediatric Respiratory Medicine
Director, Primary Ciliary Dyskinesia Center
Associate Director, Cystic Fibrosis Center

Emily Gonzalez, PhD
Assistant Professor, Neurodevelopmental & Behavioral Pediatrics

Susan H. Gray, MD
Associate Professor, Adolescent Medicine
Medical Director, Teen and Young Adult Health Center

Jonathan Hemler, MD
Assistant Professor, Pediatric Respiratory Medicine, Allergy, Immunology & Sleep
Director, UVA Food Allergy Center of Excellence

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Rachel Y. Moon, MD
Harrison Distinguished Teaching Professor of Pediatrics; Division Chief of General Pediatrics

Kenneth Norwood, MD
Professor, Neurodevelopmental & Behavioral Pediatrics

Christina Peroutka, MD
Assistant Professor, Pediatric Genetics

Daniel Schneider, MD
Associate Professor, Pediatric Cardiology

Debbie-Ann Shirley, MD, MPH
Associate Professor; Division Chief of Pediatric Infectious Diseases

Haley Stephens, PhD
Assistant Professor, Neurodevelopmental & Behavioral Pediatrics

Agnieszka (Agnes) Swiatecka-Urban, MD
Professor; Division Chief of Pediatric Nephrology

CONFERENCE REGISTRATION

Registration and payment are available at www.cmevillage.com (in the Learning Portal or Upcoming Events). Registration will close midnight on 4/15/21. The course syllabus will be available online only the week of the conference until 30 days after the conference. PLEASE NOTE: Policies on cancellation, payment methods and accommodation requests can be found on our website under FAQs. Additional questions, please contact uvacme@virginia.edu or 434-924-5310.

Register and pay online at www.cmevillage.com, "Learning Portal." Early Bird Discount available through 2/28/21. Online registration closes on Thursday, 4/15/21.

	Early Bird Price	After 2/28/21
• Physicians.....	\$225.....	\$300
• Current VA Chapter, AAP Members.....	\$175.....	\$250
(Check/renew at www.virginiapediatrics.org)		
• Other Health Care (NP, PA, nurses, etc)	\$160.....	\$225
• Residents, Fellows, Trainees	\$100.....	\$150

ACCREDITATION AND DESIGNATION STATEMENTS

In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

AMA PRA CATEGORY 1 CREDIT

The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **14.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC CONTACT HOURS

The University of Virginia School of Medicine and School of Nursing awards **14.5 contact hours** for nurses who participate in this educational activity and complete the post activity evaluation.

The University of Virginia School of Medicine and School of Nursing **14.5 hours of participation** (consistent with the designated number of **AMA PRA Category 1 Credit(s)™** or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to **13.75 MOC points** in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.



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