



A NEW BEGINNING

by Alan Matsumoto, MD, Chair

When someone says a new beginning, what comes to mind? A new child, a new job, a new relationship, or simply a new start in life? With the many disruptive forces and legislative headwinds that health care is experiencing—a health care budget that exceeds 17% of the GDP, the implementation of MACRA (the largest health care legislation since Medicare was started), the consolidations in health systems, an increasing physician employment model, and the rising influence of consumerism—in many ways, the profession of medicine is undergoing a new beginning.

Fortunately for us, we have chosen a specialty that is both impactful and important for the lives of so many patients, which places us in



Only those who risk going too far can possibly find out how far they can go.

- T.S. Eliot

Fall 2017

the enviable position of being one of the big drivers for the success of a health system and a critical component of many research initiatives.

Our conundrum is more related to the fact that most radiologists still remain relatively well fed, and as the saying goes, "fat cats don't feel a need to hunt." So the question is, do we radiologists have the conviction and are we willing to make the personal investment of time and effort to take advantage of this opportunity to help construct a new beginning for our health care system, practice, and specialty?

In the spirit of something T.S. Eliot once said, "Only those who risk going too far can possibly find out how far they can go," the department is taking on the risk of transitioning from a traditional academic department by creating an integrated hybrid practice with community hospitals—a new beginning for UVA Radiology.

The intent of this practice paradigm shift is to spread our subspecialty expertise to patients and providers outside the four walls of our medical center while also increasing the variety and volume of our work. An increase in the volume and variety of work

An Introduction from Your New President

by John Gaughen, MD

Greetings fellow Wahoos,

I am honored to be assuming the role of President of the Keats Society, and I would like to extend my deepest gratitude to Dr. Spencer Gay for the incredible diligence and enthusiasm that he instilled into that position over the past two years. The initiation of the Spencer B. Gay International Resident Travel Fund provides a dimension to the residency program that promotes a uniquely global understanding of our vocation. I would also like to thank both Dr. Gay and Karen Barden for their efforts and producing an incredibly engaging and educational Keats Society reunion weekend this past May.

An introduction for those here who do not know me: Originally from Atlanta, GA, I matriculated to the University of Virginia in 1993 and proceeded to complete my undergraduate and medical educations, residency, and a fellowship at UVA before departing briefly to Tampa, FL, in 2010. My family and I quickly scurried back to Charlottesville in 2012, where we have been ever since.

As a faculty member for UVA from 2012-2015, I helped develop the collaborative UVA/Bon Secour Neurointerventional Surgery service line prior to departing in 2015 to assume the role of Director of Neurointerventional Surgery at Sentara Martha Jefferson Hospital, where I currently reside. My wife, Cheryl, who also completed her undergraduate and medical educations and residency program at the University of Virginia, is currently an anesthesiologist at Sentara Martha Jefferson Hospital. We have two beautiful children: Savannah (age 7) and Jack (age 4).

As a resident, faculty member, and alumni community member, I have had the opportunity to experience the Keats Society from a number of different perspectives. The Society has developed into a truly robust supporter of radiology resident education and continues to grow in its role as an umbilical cord for alumni to remain connected to one another and to the program. The Society strengthens the radiology residency program through financial contribution, educational lectures, and alumni connections, all serving to mature the residents into physicians that reflect the excellence of the University and the radiology residency program.

During my tenure as President of the Keats Society over the next two years, I hope to continue to develop these philosophies. We will be working on inventive ways to continue contributing to resident education as well as strengthening social and professional ties among the alumni and current residents. I strongly encourage everyone's active participation in the Society as it is that participation that drives our success in creating such a strong professional network of alumni.

I wish everyone health and happiness as the summer roles on, and I look forward to seeing many of you at the annual Keats Society Alumni and Friends Reception at the RSNA in November.





Life After Surviving a Subarachnoid Hemorrhage

by Kaity Tomlinson

On October 26, 2015, Dr. Evan Cohn and his wife, Amy, were celebrating their 24th wedding anniversary at the Homestead Resort in Hot Springs, Virginia. They took a selfie showing wide smiles and a beautiful Virginia landscape in the background.

One hour later, Dr. Cohn began suffering from a severe headache, nausea, and sweating. Within 15 minutes of these symptoms, he was on his way to the Bath County Emergency Room. A CT of the head showed a subarachnoid hemorrhage (bleeding between the two membranes that surround the brain), and staff immediately prepared him for a helicopter ride to UVA Medical Center.

As a physician, Dr. Cohn knew his condition was serious. From 1993-1998, he had studied at UVA Radiology and Medical Imaging, completing his residency and musculoskeletal fellowship. When he

finished the program, he began work at the Presbyterian Hospital of Dallas in Dallas, Texas.

The series of events was incredible. Dr. Cohn happened to be vacationing in Virginia and was sent to the very hospital where he had studied to become a radiologist. He even knew radiologists who still worked there. On his way to UVA, he texted Dr. Mark Anderson, one radiologist he still knew from his residency days.

Dr. Anderson called and told him that Dr. Lee Jensen and Dr. Avery Evans, both neurointerventional radiologists, were at the hospital and were ready for him. "It was a comfort to me to know I was going to UVA and that I was in very good hands," said Dr. Cohn. "Dr. Jensen and Dr. Evans were both there when I was a resident and they are excellent physicians."

After this, he remembers a nurse asking to pray with him and then waiting for the helicopter to take off, wondering if he would ever see his family again. After that, his memory is blank. He doesn't remember the two weeks he spent at UVA medical center,



I feel grateful every day. I have realized the preciousness of life.

the anxiety that his wife and daughters endured, or the doctors and nurses who cared for him during his stay.

The time following his release from the hospital has been difficult. In November of 2015, a month after the hemorrhage, he started attending a year-long rehabilitation program for 6.5 hours a day. He supplemented

the rehab with his own efforts to relearn Spanish and by playing games like Rummikub as well as brain games on his phone and computer.

Today, Dr. Cohn has a new normal. He is easily fatigued and doesn't remember details well. He still suffers sporadic headaches. He has had to adjust his life habits. But since the beginning, his family has surrounded him with incredible support and love.

While Dr. Cohn has always been a positive person with a positive outlook on life, this life-changing event strengthened this trait of his. "I'm lucky to be alive," he said. "I found out later that 50 percent of people with the same diagnosis don't make it." The hemorrhage made him realize that he doesn't know the end of his story-no one does. "You don't know what's going to happen on any given day, and you should enjoy every day to the fullest," he said. "Now, every night I go through what I'm satisfied with, what I've enjoyed, what I'm thankful for, and what I am hopeful for that day."

To those who have experienced a subarachnoid hemorrhage, Dr.

Cohn encourages them: "What you're going through is normal. Recovery is long and hard. Most importantly, it's individual."

Dr. Cohn kept emphasizing his family and how incredible they are. "It's been a definite change for everybody," he said. "I appreciate my family and am so thankful for them."

Amy, his wife, chimed in and said, "It's a good lesson to love your family and appreciate them while they're here." Dr. Cohn agreed, "I feel grateful every day. I have realized the preciousness of life."





Educational Endowment Fund

- Imaios e-Anatomy Licenses
- Rad Primer Licenses
- Guest Lectures
- Departing Trainees Gifts
- Educational Conferences
- Education Physics Training

New Chief Residents

As we transition to another academic year, we are also undergoing several exciting changes within the residency program. We have a new program director, Dr. Michael Hanley, who assumed the reigns as Dr. Saher Sabri accepted the well-deserved Chief of IR position at Georgetown University Medical Center. In addition to keeping Dr. Nicholson on board, we are also adding Dr. Juliana Bueno as an associate program director. We are very excited about the opportunity to work with Dr. Hanley, Dr. Nicholson, and Dr. Bueno to promote and advance this excellent program.

We are also growing as we welcome 11 new residents into the fold this year, including a research resident and 3 dedicated IR residents. They have hit the ground running on their respective rotations and are an excellent addition to the program. We said goodbye to the 2016-2017 4th year residents, but only as coresidents; all of them have chosen to stay on at UVA for their respective fellowships.

Supporting the Educational Endowment Fund

UVAmedalum.org/ giving/Keats-Society

Lastly, as our current 4th year residents just completed the ABR Core Exam, we are reminded of the contributions from the Keats Society that provide essential study materials which enable residents to succeed. On behalf of the residents, we thank you for your support in our education and look forward to one day repaying the favor. As a radiology resident at UVA, there is a great deal that makes one excited and thankful. We are definitely in store for a great academic year!

Adam Donithan, MD Kellan Schallert, MD



FACULTY

Matthew Miller

Medical Degree | Yale University Residency | Beth Israel Deaconess Fellowship | Breast Imaging, Duke University



Juliana Bueno

Medical Degree | Universidad de La Sabana School of Medicine Residency | Fundación Clínica Valle del Lili Fellowship | Cardiothoracic Imaging, Duke University



Michael Perry

Medical Degree | University of Virginia Residency | Ochsner Clinic Foundation Fellowship | Musculoskeletal, University of Pennsylvania



Cody Quirk

Medical Degree | Texas A&M Health Science Center Residency | Baylor University Fellowship | Musculoskeletal, Oregon Health & Sciences Center



Dan Sheeran

Medical Degree | University of Virginia Residency | University of Virginia Fellowship | Interventional Radiology, UVA



Alan Ropp

Medical Degree | University of Maryland
Residency | University of Maryland
Fellowship | Cardiothoracic Imaging, University of Maryland



David Loy

Medical Degree | University of Louisville School of Medicine Residency | Mallinckrodt Institute of Radiology Fellowship | Interventional Neuroradiology, Washington University

NEW RESIDENTS



Spencer Barrett, MDBowman Gray School of
Medicine (Wake Forest)



Pasha Darvishi, MD University of Virginia School of Medicine



Robert Duprey, MDUSF Health Morsani College of Medicine



Nicholas Faulconer, MD University of Texas Southwestern Medical School at Dallas



Mohammad Halaibeh, MD Marshall University School of Medicine



Joshua Knight, MDGeorgetown University School of Medicine



John Matson, MD-IR University of Virginia School of Medicine



Sarah McCann, MD-IR Temple University School of Medicine



Geoffrey Miller, MDGeorgetown University School of Medicine



Ray Norby, MD-IR
University of Virginia School of
Medicine



Sonali Ranjit, MDUSF Health Morsani College of Medicine

KEATS SOCIETY HOMECOMING WEEKEND SAVE THE DATE

April 12-14, 2019 | Charlottesville, VA



David Clifton, MDFellowship, Breast Imaging University of Virginia



Jason DeBerry, MDFellowship, Breast Imaging
University of Virginia



Suraj Kabadi, MD Fellowship, Neuroradiology University of Virginia



Rachel McEachern, MD Fellowship, Breast Imaging University of Virginia



Zachary Roeder, MDFellowship, MSK
University of Virginia



Richard Rueb, MD Fellowship, IR University of Virginia



Christian Salinas, MD Fellowship, IR University of Virginia



Catherine Shaeffer, MD Fellowship, Neuroradiology University of Virginia



Joshua Smith, MD Fellowship, MSK University of Virginia



Wow! May 5-6 proved to be our best Keats Society Homecoming Reunion weekend ever! Over 50 alumni and guests traveled from all across the country to see their alma mater. The weekend started with a Grand Rounds lecture given by Rich Duszak, MD from Emory University in our brand new Educational Resource Center lecture hall followed by a lovely cocktail reception at the home of Patt Keats later that evening.

Saturday's events included a business meeting, the Theodore E. Keats Endowed Lectureship—also given by Dr. Rich Duszak-the Hans Riddervold Golf Tournament, a lunch/beer tour at Random Row, and a family hike at Ragged Mountain. That night we celebrated in style with a banquet at the Omni where Evan Cohn (resident class of '97, fellowship class of '98) gave a special guest alumni presentation. See Evan's powerful story on page 3.

We hope you are able to join us for the next Homecoming on April 12-14, 2019!

Karen Barden, Alumni Relations Director















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should make us more adaptable and less dependent on the work solely from this campus. It will also result in more finances to support our 24/7 initiative and the hiring of additional faculty. More faculty depth and coverage will lead to more business partnership capabilities, better distribution of call duties, and more flexible work schedules to support the work-life balance desires of the faculty. More variety and volume should also provide more educational and scholarly opportunities.

To help the department navigate this new beginning, we also have a more inclusive Vice Chair leadership team, effective July 1, 2017. Some of these faculty names may be familiar to many of you:



Dr. Christopher "Cree" Gaskin Operations and Informatics



Dr. Mary "Lee" Jensen Finance



Dr. Arun Krishnaraj Quality and Safety



Dr. James Stone Clinical Research



Dr. Jennifer Harvey Education and Faculty Development



Dr. Adam Winick Community Division

Please know that as the Department moves forward with its "new beginning," we wish to stay connected with all of you.

Best wishes,

alon

SAVE THE DATE

RSNA ALUMNI & FRIENDS RECEPTION



Intercontinental Hotel



Tuesday November 28 2017



6:30 -8:30 p.m.