



Department of Radiology  
and Medical Imaging



# KEATS SOCIETY

FALL 2019



## RENEWAL

by Alan Matsumoto, MD,  
Chair

“Change is supremely inconvenient, uncomfortable and naturally scary. Yet we only move through life through the process of change, reinvention, and renewal.”

— Christine Evangelou, *Rocks Into Roses: Life Lessons and Inspiration for Personal Growth*

How often have we heard that change is one of the only constants in life? While true, constant change also accentuates another subtler, constant in life: the need for renewal. Whether this renewal process is reseeding and adding nutrients to the soil of a garden, refreshing a strategic plan, or simply rehydrating and refueling after a vigorous workout, people and organizations must continuously undergo cycles of renewal in order to become sustainable, to grow, and to thrive.

In the past decade, our department has had 10 different resident and fellowship classes come and go, and much like a tree which does not mourn the loss of its fruit every season, we celebrate the successes of these trainees and are excited to see them venture out to practice in and serve the needs of their chosen communities and organizations. In many ways, it is a virtuous cycle as we refresh and renew our trainee classes every year.

At the same time, our department is continuously refreshing and renewing our faculty resources as faculty choose to retire, seek other academic or private practice opportunities, or move for personal or family reasons. In this issue of the Keats Newsletter, please let us introduce you to our new faculty and trainees as we continue our process of ongoing renewal.

Best wishes,

“Change is supremely inconvenient, uncomfortable and naturally scary. Yet we only move through life through the process of change, reinvention, and renewal.”

- Christine Evangelou



## A WELCOME FROM OUR NEW KEATS SOCIETY PRESIDENT

Fall brings cooler weather, pumpkin spice everything, anticipation for RSNA, and a warm "Hello!" from the UVA Keats Society!

I am excited to take the helm as the Keats Society President. Thank you to our outgoing president (co-resident in the residency class of 2007 - back in the day) Dr. John Gaughen. John's shoes will be hard to fill, and not just because they are covered in contrast. I look forward to continuing the Keats Society alumni traditions of social and professional connectedness, as well as resident educational support.

As my life grows busier by the nanosecond, I find it increasingly important to maintain and give back to the things that have shaped my personal and professional life. I am proud to be a part of our unique shared experience.

The 2019-2020 academic year is off to a great start with new faculty members, residents, and fellows invigorating the reading rooms. We will say good bye to several faculty members and send with them our very best wishes. Dr. Jennifer Harvey will be the chair of the Department of Radiology at the University of Rochester. Dr. Jayashree Parekh will be working at VCU in Richmond, Virginia. We wish them all continued success and eternal gratitude for their countless contributions.

Please join me in welcoming our newest faculty and trainees to the Keats Society. Here's to a great year. I look forward to catching up with many of you at the Keats Society reception at RSNA on December 3.

Best Wishes,

Carrie Rochman, MD  
Keats Society President



## COLORADO BOUND, AND BOUND SHE WAS!

Never in my wildest dreams did I think that, when I went to Colorado to do a little skiing with my son and then give a talk at the RBMA conference, I wouldn't make it home for 31 days, spending time in two hospitals and a nursing home - whew! I wish I had a great story to tell, something like "I was on a black diamond slope, flying down the mountain, when I had a horrific crash, causing a Schatzker VI tibial plateau fracture, a malleolus fracture, and a blown out meniscus," but that would be a lie. I was barely moving and had just started out on a flat piece of the mountain. To this day I can't figure out what happened, but there's no value in looking backwards.

To update you, my rehab is progressing well and I'm now walking and back at work. My independence has been restored! Physical therapy is tough, but I push through with tears in my eyes. If my accident did anything positive, I'd say this: 1. It made me more consistent with exercise; 2. It made me

appreciate and have a newfound gratefulness for my life and all the people in it; 3. It made me recognize the daily struggles of people who are handicapped - they have it tough every day, and I can now attest to what that feels like. So, my message to everyone is... LOVE the people in your life because one minute you could be skiing down a mountain having fun with your son, and the next - well, you get my point.

I was so sad to miss our 2019 Keats Society Homecoming. I have been organizing that event since 2005 and it has always been a labor of love. I missed seeing everyone's smiling faces and watching you all reconnect back at your alma mater in lovely Charlottesville. But I want to personally thank Miss Christina Swanson for taking over the reins for me while I was down - she made me proud! We are hoping to have a record-breaking turnout for the next Homecoming, so please mark your calendar now and plan to join us May 7-8 of 2021.

Sincerely,

Karen K. Barden  
Keats Society Director

# NEW FACULTY



**Matthew Caley, MD**  
Breast Imaging



**Ramapriya Ganti, MD, PhD**  
Breast Imaging



**David Joyner, MD**  
Neuroradiology



**Mihaj Khaja, MD, MBA**  
Interventional Radiology



**Lale Kostakoglu, MD, MPH**  
Director of Nuclear  
Medicine



**Tanvir Rizvi, MD**  
Neuroradiology



**AJ Pesch, MD**  
Body Imaging

## OPEN POSITIONS

Due to our continued growth, our department is recruiting ABR-board-certified, fellowship-trained radiologists for these positions. If you have questions or would like more information, please contact:  
**Nicole Vaughan** at [nicole.vaughan@virginia.edu](mailto:nicole.vaughan@virginia.edu)

**DIRECTOR OF  
BREAST  
IMAGING**

**PEDIATRIC  
RADIOLOGIST**

**MUSCULOSKELTAL  
RADIOLOGIST**

**INTERVENTIONAL  
NEURORADIOLOGY  
AT BON SECOURS**

**BREAST  
RADIOLOGIST  
COMMUNITY  
DIVISION**

# NEW RESIDENTS



**Alexandra Banathy, MD - IR**  
Penn State



**Peter Duden, MD**  
University of Tennessee



**Carolyn Scott, MD**  
Vanderbilt University



**Clay Behl, MD, MS**  
Virginia Commonwealth University



**Erik Eklund, MD**  
University of Virginia



**Rob Sukumar, MD, MS**  
Tufts University



**Meghan Clark, MD - IR**  
West Virginia University



**Caitlin Henry, MD, MS**  
Louisiana State University



**Eunice Yim, MD**  
University of North Carolina



**Neal Desai, MD**  
University of Maryland



**Paul Mathew, MD**  
Fellowship, Musculoskeletal Imaging  
University of Virginia



**Brian Burrell, MD**  
Fellowship, Musculoskeletal Imaging  
University of Virginia



**Robert Dufour, MD**  
Fellowship, Breast Imaging  
Wake Forest University



**Nabeel Mecci, MD**  
Fellowship, Interventional Radiology  
MD Anderson Cancer Center



**Ben Contrella, MD**  
Fellowship, Interventional Radiology  
University of Virginia



**Steven Hang, MD**  
Fellowship, Breast Imaging  
Massachusetts General Hospital



**Katherine Sterner, MD**  
Fellowship, Musculoskeletal Imaging  
University of Virginia



**Adam Donithan, MD**  
Fellowship, Diagnostic Neuroradiology  
University of Virginia



**Nicole Keefe, MD**  
Fellowship, Interventional Radiology  
University of Virginia



**Adam Zelickson, MD**  
Fellowship, Interventional Radiology  
University of Virginia

# 2019 DEPARTING RESIDENTS

# RESIDENT'S CORNER



## ON RESIDENCY AND RENEWAL

By Joshua Knight, Third-year resident and chief resident

When I heard that "renewal" was the theme of this Keats Society newsletter, I thought of a unique example for the current residents: morning case conference.

Despite the change from oral boards to the multiple choice examination, we still primarily use the 'hot seat' style for these conferences, which I am grateful for. After all, a little bit of stress brings out the best in us, right?

As a current third-year resident, these conferences are critical in testing my knowledge, especially as I look ahead to the Core exam. But by reflecting back on my experiences in conference as a first-year resident, I can see just how far I've come. The knowledge and confidence I've gained has only come about from continually renewing my dedication to learning and building my diagnostic skills.

Back in my first year, I had a solid musculoskeletal background, as I almost made the mistake of pursuing a career in orthopedic surgery. But I was

uncomfortable with most body imaging, including CTs, and had only a superficial knowledge of chest radiographs. I knew T2 weighted sequences were fluid sensitive, but, as far as MRIs go, that was about it. That first year was spent absorbing every case, every description of findings, and every wrong answer given by the upper levels.

In my second year, it was finally my turn to be on the 'hot seat' and take cases myself. My knowledge had significantly increased over the previous year, and as the year progressed, dare I say that I started to develop a swagger when taking cases. As a current third-year resident, my ability to synthesize the findings and reach a diagnosis has dramatically improved. Those cases I do get wrong become engrained in my mind, as I commit myself to never making that particular mistake again.

There were many falls along the steep learning curve. Some days in conference, the curve felt more like a 90-degree climb. But, looking back, I have a renewed sense of appreciation for all those long days and nights spent studying our wonderful field of radiology. I would not be in the position I am today without the incredible attendings here at UVA and the support of the Keats Society. The support for our training is unrivaled, and despite some tough cases in conferences, on rotations, or on call, I am confident that current and future residents will, like the phoenix, rise from the ashes.

# WANT TO COME BACK TO UVA?

We are pleased to express that the alumni lecture series has been met with great enthusiasm by our department. In a recent survey of our trainees, the alumni lecture series was the #1 request among programs provided by the Keats Society. We have received much feedback from our trainees that they thoroughly enjoy hearing from and interacting with former graduates of our esteemed residency and fellowship programs.



Alumni lecturers greatly benefit current trainees by sharing their unique professional experiences, reflections of pitfalls within the industry, and indispensable advice as those who formerly walked the halls of this department. In addition to helping trainees feel more prepared for life outside of UVA, this program opens the door

for networking. On the day of the lecture, we also organize a casual evening event that allows for one-on-one conversations and is a great way to recruit for any open positions that you may have to offer.

If you are interested in delivering a lecture, please reach out to [karen.barden@virginia.edu](mailto:karen.barden@virginia.edu) to arrange a convenient time. Through the generous donations from our Keats Society members, your trip and all expenses will be covered.

***We are seeking speakers on the following topics.***

- ***Academic experiences within and beyond UVA (Why choose academics?)***
- ***Hospital experiences, not academic and not private practice***
- ***Tips for landing the right job***
- ***Tips for financial stability after graduation***
- ***Compassionate Care***
- ***Using your training in non-conventional post graduate careers***

◆ **PLEASE JOIN US** ◆

*Keats Alumni & Friends Reception*  
*at RSNA*

Tuesday, December 3 ◆ The Intercontinental Hotel ◆ Chicago

Register Today at: [bit.ly/keats-rsna](https://bit.ly/keats-rsna)



*Save the Date*

**KEATS SOCIETY  
HOMECOMING REUNION**

**MAY 7-8, 2021**

*More info to come*