

FALL 2020

THE NEW NORMAL

by Alan Matsumoto, MD, Chair

When we were all making our New Year's resolutions on January 1, 2020, who could have predicted that our lives would be so different in March? And that in the fall of 2020, we'd still be engulfed by the worst

pandemic in more than 100 years. However, this adversity has taught many of us who we are, how resilient we can be, and what we can accomplish when we work together as one.

I am inspired by and proud of how our faculty, trainees and staff have not only adjusted and transitioned to the new normal, but also how they have optimized safety precautions to best serve the patients who need our services, while also adapting our research and educational programs and offerings to accommodate the need to socially Importantly, our trainees, staff and faculty have all been engaged in coming up with solutions and positive about the changes to our educational programs during a time when we've had to alter many operations in order to continue delivering on and meeting expectations for our academic missions. They have worked tirelessly with the department leadership to establish additional remote sites for reading studies, and doing sign-outs and participating in more conferences virtually. In doing so, we have not forgotten about the importance of educating our medical students as we continue to show them how

valuable and impactful the specialties of diagnostic and interventional radiology are.

One significant new addition to our educational portfolio that has evolved during this time is an evening Keynote Lecture Series with nationally-known thought leaders speaking on topics such as 'Resilience in Health Care,' 'Ethics in Medicine,' and 'Leadership - Being a First.' The speakers are thought-provoking and their topics touch many different aspects of our current and future professional and personal lives. The entire Department, as well as alumni, are invited to join and participate in these sessions from the comfort of your homes (with a beverage of choice in hand.)

The Department has also had to reimagine how we are going to interview and recruit new residents, fellows and faculty for this upcoming year. Trying to virtually capture and communicate how special the department, UVA and Charlottesville communities are has required the department to be creative and intentional in our efforts. But, we also understand that we are not alone in this journey.

As we look towards our future and try to capture some magic in this moment, while trying to become more comfortable with our new and ever-changing norm, please allow me to share these words of C.S. Lewis, "There are far better things ahead than any we leave behind."

Wishing you all the best during these very interesting and unusual times,

alon

PLEASE JOIN US

UVA RADIOLOGY & MEDICAL IMAGING

KEYNOTE LECTURE SERIES

Evening WebEx series with rotating lecturers

Occurs one Wednesday a month
Invites sent out via email prior to events from The Keats Society

Upcoming Lectures:

Past Lectures:



J. Corey Feist, JD, MBA and Taison Bell, MD Topic: Mental Health Advocacy in Medicine, Honoring Dr. Lorna Breen and All Our Healthcare Heroes December 9, 2020



David F. Kallmes, MD
"An Overview of
Gadolinium Deposition - Is
It a Real Concern?"
November 18, 2020



Eric J, Keller, MD, MA "Applied Ethics in Radiology" October 14, 2020



Geraldine McGinty, MD "Reflections on Being a First" January 13, 2021



Kimberly Penberthy, MA, PhD, ABPP "Resilience in Healthcare" September 23, 2020

For more info about the upcoming lectures and to view past lecturers visit:

med.virginia.edu/radiology/keynote

NEW FACULTY



Mahmoud Alarini, MD Assistant Professor, Body Imaging -Abdominal Section



Rebecca Dameron, MD Associate Professor, Body Imaging -Abdominal Section



Maxie Kress, MDAssistant Professor,
Musculoskeletal
Imaging



Prem Batchala, MD Assistant Professor, Nuclear Imaging



Marcus Hook, MD Assistant Professor, Pediatric Imaging



Alejandro Santillan, MD Assistant Professor, Interventional Neuroradiology at St. Mary's



Adam Beardsley, MD Community Division, Interventional Radiology



Jessie Jahjah, MD Assistant Professor, Breast Imaging



Amy Taylor, MDAssistant Professor,
Interventional
Radiology

OPEN POSITIONS

Due to our continued growth, our department is recruiting ABR-board-certified, fellowship-trained radiologists for these positions. If you have questions or would like more information, please contact:

Nicole Vaughan at nicole.vaughan@virginia.edu

CHIEF OF BREAST IMAGING

BREAST RADIOLOGIST COMMUNITY DIVISION

NUCLEAR IMAGING RADIOLOGIST CARDIOVASCULAR
/ THORACIC
RADIOLOGIST

PEDIATRIC IMAGING RADIOLOGIST

INCOMING RESIDEN



Erin Aubry, MD University of Kentucky College of Medicine



Lance Flesch, MD Saint Louis University School of Medicine



Marc Kryger, MD -New York University School of Medicine



Thomas Battey, MD University of Maryland School of Medicine



William Flowers, University of Mississippi School of Medicine



Vamsi Meka, MD Eastern Virginia Medical School



Vishnu Chandra, MD New Jersey Medical School



Rabia Idrees, MD George Washington University School of Medicine



Christopher Sears, Albany Medical College



Ellen Faulk, MD Louisiana State University School of Medicine



Dionysios Koroulakis, MD Georgetown University School of Medicine



Xavier Mohammed, **Incoming 2nd Year** University of Virginia School of Medicine

2020 SENIOR RESIDENTS





Soloman Abay, MD Fellowship, Neuroradiology University of Virginia



Yasser El-Abd, MD IR-Integrated Pathway / IR Fellowship University of Virginia



R. Eric Moretz, MD Fellowship, Musculoskeletal **Imaging** University of Virginia



Siobhan Alexander, MD Fellowship, **Breast Imaging UCSF**



Fellowship, Breast Imaging University of Virginia

Daniel Gardiner, MD

Jonathan Chahin,

MD



Berhanemeskel Nida, MD Fellowship, Breast Imaging University of Virginia



Timothy Bender, MD Fellowship, Musculoskeletal **Imaging** University of Virginia



Fellowship, Musculoskeletal **Imaging**



University of Virginia



Dylan Suttle, MD IR-Integrated Pathway / IR Fellowship University of Virginia

RESIDENT'S CORNER

ON RESIDENCY
DURING COVID

By Nicole Kapral, Third-year resident and chief resident

This year has been full of changes and challenges in the wake of COVID-19 affecting almost all aspects of life, including our training and education. We all received a sudden shock as routine exam

sign-outs and in-person conferences were discontinued, completely upending our daily schedules. In addition to the business changes made, we had to suspend post-lecture coffee, lunches, and social hours with our friends and colleagues. Unfortunately, I think everyone knows and has experienced the negative effects of COVID. So rather than dwell on these points, I'd like to point out some of the positive aspects and qualities it has emphasized in our department.

While we have always known the UVA Radiology faculty is great, they really went above and beyond this spring to accommodate resident schedules and promote safety. At the beginning of the pandemic, our leadership, including chief residents and division chairs, took rapid action staggering schedules to reduce the number of people in reading rooms and to account for the changing demands in radiology examinations and procedures. We have utilized outpatient facilities for their remote workstations, allowing residents at higher risk to avoid the hospital. Unused computers throughout the division were hunted down and relocated to

various offices around the department so residents could work in secure and isolated settings. Faculty were extremely receptive to feedback: with open, direct communication, we were able to implement significant changes in a timely manner without any of our residents getting sick.

'Virtual' and 'remote' have become the norm this past year. With the department spread out over numerous locations, this is how we transitioned our resident sign-out and conferences. By using the various technological platforms available to us, we have been able to video chat and share screens with the attendings, making sign-out as close to normal as possible. Upper level residents comfortable with an exam were given increased autonomy to preliminarily sign reports, allowing for a greater sense of independence and personal growth during this time.

Social distancing has also forced us to reevaluate the method by which conferences and lectures are provided, which I believe has stimulated change for the better. Residents have increased their use of the numerous resources available to them, including RSNA modules, Association of Program Directors in Radiology (APDR) lectures, etc. Our case conferences and noon lectures are now held via Webex/Zoom, which has allowed for better recording of attendance (ACGME requirement) and better participation by offsite residents who may be moonlighting or on leave.

Adjusting to the 'new normal' in the time of COVID 19 has brought about significant change within the department pertaining to daily operation and

CONTINUED ON PAGE 6



"The best way to predict the future is to invent it."



resident education. Despite some of the hurdles, it has pushed us to develop and apply various novel teaching and learning platforms and encourage resident independence. It has also highlighted one of the greatest strengths of our program, which is the people. From my resident co-workers, to fellows and attendings, everyone came together to do what was best for the collective group. I always felt that my health and safety were a high priority and that my concerns were acknowledged. Residents picked up shifts and covered each other as needed to keep the schedule running smoothly. The administrators were open about the unprecedented situation and Dr. Matsumoto met with us several times to give updates for our department specifically, as well as the hospital as a whole.

Overall, I couldn't have asked for a better group to help navigate through these tough times. It would be great if COVID-19 ended with 2020, but in reality, it will require continued evolution in how we approach work and education. There is no telling what 2021 has in store, but as Alan Kay said, "[t]he best way to predict the future is to invent it" and there's no better field for that than radiology.

Rescheduled

HOMECOMING REUNION Spring of 2022

More info to come