**JZ’s Quick & Dirty Guide on How to Write an Abstract**

1. Check the submission guidelines
2. Consider the submission category – this matters because it may not get accepted if the reviewers/committee doesn’t have a good place to put it in the component meeting
3. To help craft the abstract, first write out the key study parts
   1. Objective/aims (typically 1-2 for an abstract)
   2. Hypothesis
   3. Methods
      1. Population / Data Source
      2. Recruitment / Inclusion / Exclusion criteria / how data obtained
      3. Outcomes
      4. Statistical analysis
   4. Results
   5. Table or Figure if applicable
      1. Tables are a good way to sneak in a lot of data within restrictions but should be easy to read and relevant to the abstract body
      2. Figures should improve understanding of the study findings, be beautiful and have clear labels / legends

These pieces will help you write from there – not all necessarily will be included in final

A good clinical abstract **clearly** and **concisely** states the purpose of the study, methods, key findings and conclusion, putting it all within the context of the field and highlighting the most important results and clinical implications.

Be specific!

**AUA Structured Abstract**

TITLE – approximately 10-12 words, accurate yet sexy to capture audience/reviewer interest

INTRO / OBJECTIVES – what is the problem, why is this research important and what is the aim / objective / hypothesis of this study

METHODS – what was done (design, population / data source, outcome(s), statistical analysis)

RESULTS – what was found (highlight key finding, pick 1 to 3 things)

CONCLUSION – what is the take-away and implication of results (don’t over reach)

Note – the abstract should be self-contained / self-explanatory

**Prior to submission**

* Circulate well ahead of deadline to allow all authors time to review and approve the submission