

FERIA DE SALUD LATINA

Servicios y recursos de salud gratuitos
para los miembros de la comunidad

Sábado 8 de octubre de 2022

10am a 3pm- Iglesia de La Encarnación

Servicios de salud	Salón
Asesoría Dental	Salón parroquial
Corazón y Diabetes	Salon de Conferencias
Asesoría Nutricional	Library/Biblioteca
Masaje y Acupuntura	Capilla de Piedra
Examen de Audición	20
Examen de Ojos	19
Examen de la piel	18
Consulte a un Doctor	17
Resucitación Cardíaca	16
Asistencia Financiera UVA Health	7



Servicios en Parqueo Principal

-Mamografías- 10am-1pm
-Vacunas de gripe y COVID-19- 10am-1pm



Horario de Clases

Mindfulness 11:30am y 2:00pm
Zumba: 12:30pm y 1:30pm
Yoga: **11:00am** y 1:00pm (no requiere mat)
Resucitación cardíaca: cada 30mins



MESAS INFORMATIVAS EN SALON PARROQUIAL/PARISH HALL:

- Albermarle Fire Department
- Blue Ridge Health District
- UVA Cancer Center
- Commonwealth Catholic Charities
- Child Health Partnership
- Common Grounds
- Creciendo Juntos
- Free Clinic
- Iniciativa de Salud Latina de UVA
- JABA
- iTHRIVE
- Legal Aid Justice Center
- Shelter for Help in Emergency
- Sin Barreras - Without Barriers
- UVA Financial Assistance
- UVA Latino Health Initiative
- The Women's Initiative
- Brooks Family YMCA



Guardería infantil
disponible



Uso de mascarilla
recomendado

**Organizado por la Iniciativa de Salud Latina de UVA y
organizaciones colaboradoras .**

LATINX HEALTH FAIR

Free health services and resources for community members

Saturday October 8th, 2022

10am to 3pm- Church of the Incarnation

Health Services	Room
Dental Health Counseling	Parish Hall
Heart and Diabetes	Conference Room
Nutritional Assessment	Library
Acupuncture and Massage	Parish Activity Center
Ask a Doctor	17
Hands Only CPR Training	16
Hearing Screening	20
Vision Screening	19
Skin Disease Screening	18
UVA Health Financial Assistance	7



Services in main Parking Lot

- Mammograms- 10am-1pm
- Flu and COVID-19 Vaccines- 10am-1pm



Class Schedule

- Mindfulness 11:30am and 2:00pm
- Zumba: 12:00pm and 1:30pm
- Yoga: 11:00am and 1:00pm (mat not required)
- Cardiac CPR: every 30 mins



INFORMATION TABLES IN THE PARISH HALL/PARISH HALL:

- Albermarle Fire Department
- Blue Ridge Health District
- UVA Cancer Center
- Commonwealth Catholic Charities
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Childcare
available



Face Mask
Recommended

**Organized by the UVA Latino Health Initiative and
partner organizations**

