# The CDC National Diabetes Prevention Program

▶ Diabetes Prevention Recognition Program (DPRP)

Transitioning to the 2018 DPRP Standards

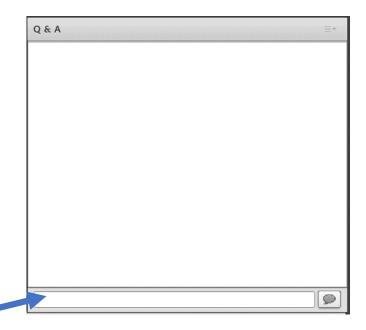






#### **Submitting questions on Adobe Connect**

If you would like to submit a comment or question during the discussion, you can type it into the Q&A box below. After the presentation, we will answer as many of the submitted questions as possible.







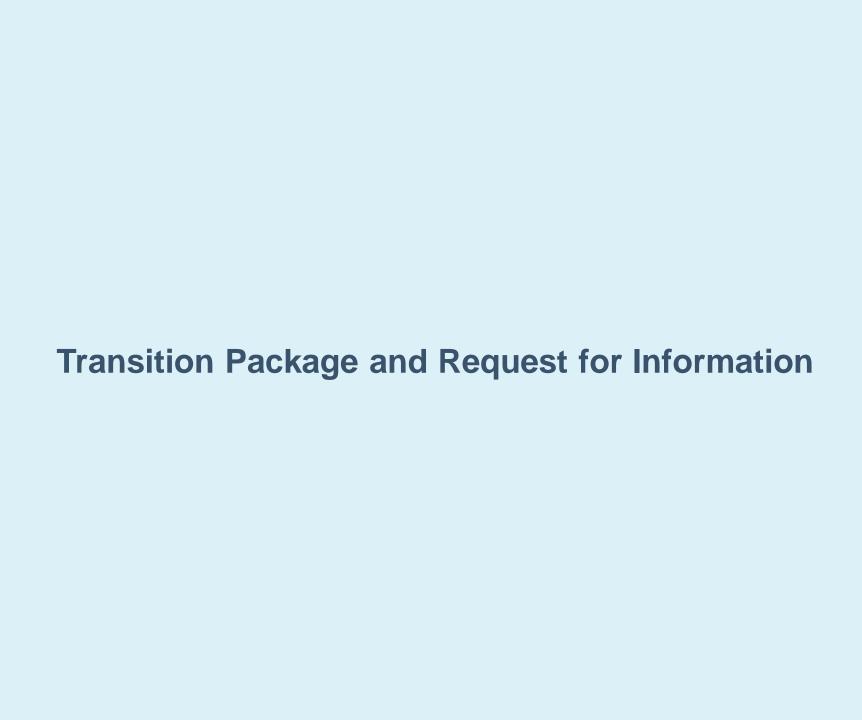


#### Purpose of today's webinar:

To familiarize current CDC-recognized organizations with the process for transitioning from the 2015 DPRP Standards to the 2018 DPRP Standards.









#### All recognized organizations were sent all or part of the 3-part transition package:

- >> Notice of Program Change
- >> Individualized Timelines
- >> Converted Files





- Summary of Changes
  - >> Change in BMI Thresholds
    - All of a program's participants must have a BMI of ≥25 kg/m2 (≥23kg/m2, if Asian American)
  - Change in Data Submissions
    - >> 6 month data submissions





- >>> Participant-level data elements (spreadsheet)
  - >> ENROLL
  - >>> PAYER
  - » EDU
  - >>> DMODE
  - >> SESSID
  - >> SESSTYPE









### Data Dictionary: New/Revised Data Elements

DATA ELEMENT DESCRIPTION	2018 VARIABLE NAME	CODING
Enrollment Source	ENROLL	1 Non-primary care health professional (e.g., pharmacist, dietitian)  2 Primary care provider/office or specialist (e.g., MD, DO, PA, NP, or other staff at the provider's office)  3 Community-based organization or community health worker.  4 Self (decided to come on own)  5 Family/friends  6 An employer or employer's wellness program  7 Insurance company  8 Media (radio, newspaper, billboard, poster/flyer, etc.), national media (TV, Internet ad), and social media (Twitter, Facebook, etc.)  9 Other  10 Not reported
Payer Type	PAYER	1 Medicare 2 Medicaid 3 Private Insurer 4 Self-pay 5 Dual Eligible (Medicare and Medicaid) 6 Grant funding 7 Employer 8 Other 9 Not reported









### Data Dictionary: New/Revised Data Elements

DATA ELEMENT DESCRIPTION	2018 VARIABLE NAME	CODING
Participant's Prediabetes Determination (1 of 3)	GLUCTEST	Coding unchanged.
Participant's Prediabetes Determination (2 of 3)	GDM	Set all 3 variables to 2 when a participant makes organization aware that they have either been diagnosed
Participant's Prediabetes Determination (3 of 3)	RISKTEST	with type 2 diabetes or have become pregnant.









### Data Dictionary: New/Revised Data Elements

DATA ELEMENT DESCRIPTION	2018 VARIABLE NAME	CODING
Participant's Height	HEIGHT	30 to 98 (in inches) No more default value.
Education	EDU	1 Less than grade 12 (No high school diploma or GED) 2 Grade 12 or GED (High school graduate) 3 College-1 year to 3 years (Some college or technical school) 4 College-4 years or more (College graduate) 9 Not reported (default)
Delivery Mode	DMODE	1 In-person 2 Online 3 Distance learning
Session ID	SESSID	1 to 26 Core or makeup session —or—  99 Core maintenance or makeup session —or—  88 Ongoing maintenance or makeup session (for Medicare DPP supplier organizations or other organizations that choose to offer ongoing maintenance sessions)
Session Type	SESSTYPE	C - Core session CM - Core maintenance session OM - Ongoing maintenance sessions (for MDPP supplier organizations or other organizations that choose to offer ongoing maintenance sessions) MU - Make-up session







- Change in documentation of physical activity minutes (PA)
  - >> 0 minutes will no longer count as documented minutes
  - >> Encourage participants to make the effort to be active







- >>> Transition "grace period"
  - Organizations may continue to use the 2015 data elements through June 2018
  - Documentation of physical activity minutes will be evaluated according to the 2015 Standards through June 2018





- >> Organization-level data elements (application)
  - >>> Delivery Mode
  - Class Type
  - Organization Type
  - >>> Lifestyle Coach Training Entity





- >>> Request for information
  - >> Primary Delivery Mode
  - Class Type (including public class locations)
  - Organization Type
  - Lifestyle Coach Training Entity Type

Complete the form and submit to <a href="mailto:dprpApply@cdc.gov">dprpApply@cdc.gov</a> using "DPRP Transition Package – Request for Information" in the subject line.



#### **Data Submission Timeline**





## Recognized organizations will receive an individualized timeline. Case 1:Effective Date March-June

Your Organization Name:	Organization Name
Your DPRP Assigned Organization Code:	ORGCODE
Your DPRP Approved Date:	03/08/2016
Your DPRP Evaluation Data Submission Status:	Baseline Date is 03/20/2016. Last submitted data file was for 12 months
Your Effective Date:	04/01/2016

	Data Collection Period From	Data Collection Period To	Data Reporting Period From	Data Reporting Period To
Next Data Submission	04/01/2017	03/31/2018	04/01/2018	04/30/2018
	04/01/2018	09/30/2018	10/01/2018	10/31/2018
Biannually Thereafter	10/01/2018	03/31/2019	04/01/2019	04/30/2019
	04/01/2019	09/30/2019	10/01/2019	10/31/2019









## Recognized organizations will receive an individualized timeline. Case 2:Effective Date September-December\*

Your Organization Name:	Organization Name
Your DPRP Assigned Organization Code:	ORGCODE
Your DPRP Approved Date:	09/08/2016
Your DPRP Evaluation Data Submission Status:	Baseline Date is 09/20/2016. Last submitted data file was for 12 months
Your Effective Date:	10/01/2016

	Data Collection Period From	Data Collection Period To	Data Reporting Period From	Data Reporting Period To
Next Data Submission (Optional)	10/01/2017	03/31/2018	04/01/2018	04/30/2018
	04/01/2018	09/30/2018	10/01/2018	10/31/2018
Thereafter	10/01/2018	03/31/2019	04/01/2019	04/30/2019
	04/01/2019	09/30/2019	10/01/2019	10/31/2019

<sup>\*</sup>If changing immediately to a 6-month submission schedule will be a hardship on the organization, you may opt to submit at 12 months in 2018 only.









## Recognized organizations will receive an individualized timeline. Case 3:Effective Date January or February\*

Your Organization Name:	Organization Name
Your DPRP Assigned Organization Code:	ORGCODE
Your DPRP Approved Date:	12/08/2015
Your DPRP Evaluation Data Submission Status:	Baseline Date is 12/20/2015. Last submitted data file was for 12 months
Your Effective Date:	1/01/2016

	Data Collection Period From	Data Collection Period To	Data Reporting Period From	Data Reporting Period To
Next Data Submission (Converted File Submission)	01/01/2017	12/31/2017	03/01/2018	03/31/2018
	01/01/2018	06/30/2018	07/01/2018	07/31/2018
Thereafter	07/01/2018	12/31/2018	01/01/2019	01/31/2019
	01/01/2019	06/30/2019	07/01/2019	07/31/2019

<sup>\*</sup>If changing immediately to a 6-month submission schedule will be a hardship on the organization, you may opt to submit at 12 months in Jan/Feb 2019 only.





## Recognized organizations will receive an individualized timeline. Case 4:Effective Date July or August\*

Your Organization Name:	Organization Name
Your DPRP Assigned Organization Code:	ORGCODE
Your DPRP Approved Date:	06/08/2016
Your DPRP Evaluation Data Submission Status:	Baseline Date is 06/20/2016. Last submitted data file was for 12 months
Your Effective Date:	07/01/2016

	Data Collection Period From	Data Collection Period To	Data Reporting Period From	Data Reporting Period To
Next Data Submission (Optional)	07/01/2017	2/28/2018	03/01/2018	03/31/2018
	03/01/2018	06/30/2018	07/01/2018	07/31/2018
Thereafter	07/01/2018	12/31/2018	01/01/2019	01/31/2019
	01/01/2019	06/30/2019	07/01/2019	07/31/2019

<sup>\*</sup>If changing immediately to a 6-month submission schedule will be a hardship on the organization, you may opt to submit at 12 months in July/Aug 2018 only.





#### **2018 Data File Conversion**

#### **File Conversion Example**

2015 2018

В	P
PARTICIP	DATE
ABC	1/23/2017
ABC	1/30/2017
ABC	2/13/2017
ABC	2/20/2017
ABC	2/27/2017
ABC	3/6/2017
ABC	3/13/2017
ABC	3/20/2017
ABC	3/27/2017
ABC	4/10/2017
ABC	4/17/2017
ABC	4/24/2017
ABC	5/8/2017
ABC	5/29/2017
ABC	6/26/2017
ABC	7/24/2017
ABC	10/30/2017
ABC	11/20/2017
ABC	12/18/2017

4	В	С	D	R	S	Т	U	V	
	PARTICIP	ENROLL	PAYER	EDU	DMODE	SESSID	SESSTYPE	DATE	
)	ABC	10	9	9	1	1	С	1/23/2017	
;	ABC	10	9	9	1	2	С	1/30/2017	
ļ	ABC	10	9	9	1	3	С	2/13/2017	
,	ABC	10	9	9	1	4	С	2/20/2017	
,	ABC	10	9	9	1	5	С	2/27/2017	
,	ABC	10	9	9	1	6	С	3/6/2017	
3	ABC	10	9	9	1	7	С	3/13/2017	
)	ABC	10	9	9	1	8	С	3/20/2017	
0	ABC	10	9	9	1	9	С	3/27/2017	
1	ABC	10	9	9	1	10	С	4/10/2017	
2	ABC	10	9	9	1	11	С	4/17/2017	
3	ABC	10	9	9	1	12	С	4/24/2017	
4	ABC	10	9	9	1	13	С	5/8/2017	
5	ABC	10	9	9	1	14	С	5/29/2017	
6	ABC	10	9	9	1	15	С	6/26/2017	
7	ABC	10	9	9	1	99	CM	7/24/2017	
8	ABC	10	9	9	1	99	CM	10/30/2017	
9	ABC	10	9	9	1	99		11/20/2017	
0	ABC	10	9	9	1	99	CM	12/18/2017	



#### **Converted File**

- >>> Review
- Make necessary changes
- Submit to <a href="https://nccd.cdc.gov/DDT\_DPRP/SessionData.aspx#a">https://nccd.cdc.gov/DDT\_DPRP/SessionData.aspx#a</a>
- Send any questions about your converted file to dprpData@cdc.gov





**Recognition and Evaluation** 





#### A few key points about recognition:

- An organization can stay in pending for 36 months
- An organization can be evaluated for preliminary and full at 12 months on participants who began between the approval and effective dates
- Full evaluations are made on participants who attended their first session at least one year but not more than 18 months before the submission due date
- An organization can stay in preliminary for 24 months provided the requirements for preliminary are met at the 12 month mark
- An organization can stay in full for 24 months without meeting the requirements for full (or an additional year, with a Corrective Action Plan, if meeting the requirements for preliminary)
- Any loss of recognition dictates a mandatory 6 month wait before reapplying







#### Timeline for participant evaluation

Approval to Effective	1	st 6-months	2nd 6-month	s 3	rd 6-months	4th 6-mon	ths
0		1	2		3	4	
Approval Date	Effective Date		Month ue Date	12 Month Du Date	10 1	Month Date	24 Month Due Date
Not to exceed 1 month				Evaluate participants who started in 0, if it benefits the organization.		Evaluate participants who started in 1.	





**Preliminary Recognition** 



#### **Preliminary Recognition**

- » DPRP Registry will reflect CDC Preliminary Recognition starting March 1, 2018
- May remain in Preliminary status for up to 24 months, provided they continue to meet the requirements for preliminary Recognition at the 12 month mark
- >> Must have been in Pending for at least 12 months
- Must have submitted a full 12 months (365 days) of data on at least one completed class
- Must have a minimum of 5 participants in your 6 month evaluation cohort who
  - >> Attended at least 3 sessions in the first six months
  - Whose time from first session attended to last session attended was at least 9 months
    DIABETES

# Technical Assistance and Tools and Resources

#### **Technical Assistance**

- >> Progress/Evaluation Reports sent to you every time you make a data submission
  - Summary and Recommendation section
  - Corrective Action Plans
- Calls with a Technical Assistance Coordinator available at your request
- General questions to <a href="mailto:dprpAsk@cdc.gov">dprpAsk@cdc.gov</a>







#### **DPRP Tools and Resources on our website**

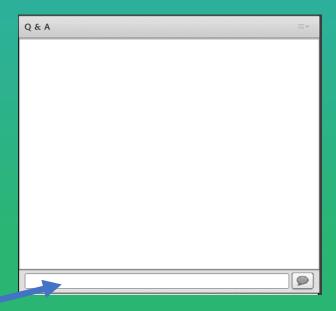
- National DPP Welcome Guide and Video: <a href="https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/index.html">https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/index.html</a>
- DPRP Keys to Success Tip Sheets: <a href="https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/tip-sheets.html">https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/tip-sheets.html</a>
- DPRP Technical Assistance for Success Tutorials:
  <a href="https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/tutorials.html">https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/tutorials.html</a>
- Lifestyle Coach and Program Coordinator Videos: <a href="https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/lifestyle-program.html">https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/lifestyle-program.html</a>
- Implementation Guides for working with Medicare, Medicaid Beneficiaries and Employers and Insurers: <a href="https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/guides.html">https://www.cdc.gov/diabetes/prevention/lifestyle-program/keys-to-success/guides.html</a>

DIABETES
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#### **Questions?**

#### **Submit your questions to the Q&A box**



# Thank you for participating in the Diabetes Prevention Recognition Program

We are here to help!

Please submit questions to <a href="mailto:dprpAsk@cdc.gov">dprpAsk@cdc.gov</a>

#### For more information, please contact:

Centers for Disease Control and Prevention 1600 Clifton Road NE Atlanta, GA 30333

Telephone 1-800-CDC-INFO (232-4636)

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.





