Diabetes Prevention Recognition Program: Transition from Pending to Full Recognition

**Apply for recognition with DPRP**

Criteria:
1. Submit application
2. Agree to use CDC approved curriculum
3. Agree to intervention duration (12 mos.)
4. Agree to intervention intensity
   - 1-6 mos: 16 sessions
   - 7-12 mos: 6 sessions
5. Regular interaction: coach & participant

**Pending → Preliminary Recognition**

- Deliver program for 12-months
- Submitted 12-months of data on at least one completed cohort

5. **Attendance Requirement**
   - >60% of participants attended:
     - Nine sessions in mos. 1-6
     - Three sessions in mos. 7-12
   - Must have at least five participants remaining in group based on participants who attended at least three sessions in mos 1-6 in a span of 9 mos.

**Pending/Preliminary → Full Recognition**

- Must be in pending status > 12 mos.
- Submitted 12-mos. of data on at least one completed cohort

1. **Attendance Requirement**
   - > 60% of participants attended:
     - Nine sessions in mos. 1-6
     - Three sessions in mos. 7-12
   - Must have at least five participants remaining in group based on participants who attended at least three sessions in mos 1-6 in a span of nine mos.

2. Weight documented > 80% of sessions
3. Physical activity documented > 60% of sessions
4. Avg weight loss at 12-mos > 5% of initial weight
5. Blood test: ≥ 35% of cohort eligible for program based on blood test

**Pending Recognition Status**

- Submit data every 6-mos.
- WT, PA min, Attendance
- Can remain up to 36 mos.

Failure to achieve Preliminary or Full status in 36 mos results in loss of recognition. Wait 6 mos. and reapply.

**Preliminary Recognition Status**

- Submit data every 6-mos.
- Can remain up to 36 mos.

Failure to achieve Full status in 24 mos. results in loss of recognition. Wait 6 mos. and reapply.

**Full Recognition Status**

- May remain in full status up to 24 mos. without meeting each requirement
- Must re-achieve Full within 24 mos.

This resource was developed by the Virginia Center for Diabetes Prevention & Education with an educational grant from VDC.