



## **Virginia Diabetes Prevention Program Annual Networking Meeting**

April 12, 2019

Perimeter Center

9960 Mayland Drive, Henrico, VA 23233-1463

Board Room 2

- 10:00 – 10:05      **Welcome - VDH, VDC, VCDPE**  
Anne Wolf, MS, RD Virginia Center for Diabetes Prevention & Education,  
2018-2019 Chair Virginia Diabetes Council  
Julia Groom, Executive Director, Virginia Diabetes Council
- 10:05 – 10:15      **Where are we with Diabetes Prevention in Virginia?**  
Viola Holmes, MS, RD, CDE Virginia Center for Diabetes Prevention & Education
- 10:15 – 11:15      **Strategies to Sustain Weight Loss**  
Speaker: Linda Delahanty, MS, RD Diabetes Prevention Program Research Trial,  
Massachusetts General Hospital, Boston, MA
- 11:15 – 12:15      **Break through Recruitment & Referral Barriers**  
Speakers:  
Tanya Henderson, PhD Balm in Gilead SE Diabetes Faith Initiative  
Lauren Palmer, RN ACAC Fitness & Wellness Centers, Virginia  
Anne Wolf, MS, RD Virginia Center for Diabetes Prevention & Education
- 12:15 – 1:45      **Networking Lunch:** Tables set up by geographical region of Virginia  
Lunch sponsored by WellD Health  
Regional Scavenger Hunt  
Lunch  
Data Collection and Reporting tool, Cassandra Stish, WellD Health
- 1:45 – 2:45      **Build Rapport & Bolster Retention**  
Moderator: Viola Holmes, MS, RD, CDE Virginia Center Diabetes Prevention & Education  
Panelists:  
Julie Pierantoni, MSN, RN, CDE Sentara Rockingham Memorial Hospital Medical  
Center, Harrisonburg, VA  
Olivia Newby, DNP Healthy Living Center Foundation, Norfolk, VA
- 2:45 – 3:00      **Next Steps:** Anne Wolf, MS, RD